

"Prevention Is Better Than Cure!"

We are asked by the Board of Health to observe the rules now enforced to prevent the spreading of Influenza now raging in our midst. It is therefore the duty of every good citizen to follow as closely as possible the health rules laid down for his or her benefit. One of the most important rules essential to good health is "Keep the Feet Dry." Wet feet are often the cause of a break down in health. Dry feet day by day keeps the Doctor away therefore guard your health by wearing the best rubber footwear, the kind we sell "They Keep Your Feet Dry."

Children's Rubber Shoes.

Anchor Brand.
Low Cut 60c. to 74c. per pair
High Cut 66c. to 80c. per pair
Sizes 3 to 10. Prices according to size.
MISSIE'S RUBBER SHOES.
Anchor Brand.
Low Cut 76c. to 84c. per pair
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YOUTH'S RUBBER SHOES.
Anchor Brand—Sizes 9 to 13.
Low Cut 86c. to 94c. pair
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Anchor Brand—Sizes 1 to 5.
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High Cut \$1.05 to \$1.08 pair

LADIES' RUBBER SHOES.

JOB LINE.
Low Cut 50c. per pair
High Cut 60c. per pair
ANCHOR BRAND.
Low Cut 95c. per pair
High Cut \$1.00 per pair
MERCHANT BRAND.
Low Cut \$1.10 per pair
High Cut \$1.20 per pair
MERCHANT BRAND RUBBER BOOTS
..... \$3.30 per pair

MEN'S RUBBER SHOES.

JOB LINE.
Low Cut 75c. per pair
High Cut 78c. per pair
Anchor Brand.
Low Cut \$1.20 per pair
High Cut \$1.30 per pair
MERCHANT BRAND.
Low Cut \$1.40 and \$1.50 per pair
High Cut \$1.40 and \$1.50 per pair
MEN'S RUBBER BOOTS.
Anchor Brand \$4.80 pair
Merchant Brand \$5.00 to \$7.00 pair
MEN'S HIP RUBBER BOOTS
Merchant Brand.
Red Sole \$5.50
White Sole \$7.20

Marshall Bros

Thirteen Trumps and Two Houses.

By RUTH CAMERON.



Everyone who plays cards enjoys having good hands. Part of the lure of the game is the ever recurrent redoubt and the infinite possibilities of each hand, and it is always alluringly possible that one might have thirteen trumps though I never heard of anyone who did, except for the man in the story.

And yet if you could have thirteen trumps every time you played a hand, would you?

Surely not.

All of which is a prelude to telling you about two houses in a little country town where I visited last summer.

Two White Houses Side by Each.

They stand side by each, both white houses, one little, one large. The large house was bought by a woman with practically unlimited means, the small one by a woman of very limited resources.

The woman who bought the little house has built a verandah which carries out the lines of the house very beautifully and also gives one a wonderful view of the mountains. She has put knockers on the old fashioned doors, and under the guidance of an architect has added a few columns, a pergola, and a bit of lattice-work here and there. She has rescued from decay a wonderful old-fashioned garden and put window boxes at all the windows.

Everyone who passes through that town admires that house.

She Put On an Unattractive Wing.

The woman who bought the larger house began by making it larger with a wing which did not carry out the lines of the house.

Next she moved the barn back from the street (where she said it spoiled the effect of the house) and placed it squarely between the house and the best view of the mountain.

Next she had a sunken rose garden made. It is not very large and the roses are not very successful. The only remarkable thing about it is the fact that thousands of dollars were sunk in it.

They Can't Help Noticing the House.

People who admire the old fashion-

ed garden beside the little house, never give this one a glance. The house, indeed, they notice because it is so large that they could not help it, but one hears one word of admiration for the big house to ten for the little.

The connection between cards and houses?

Well, we all think we want thirteen trumps in the money game, but after all isn't there as much fun in having a fairly good hand and in playing it with skill and brilliance—in spending a limited amount of money with such skill and discrimination and imagination that you far outdo in effect your opponent who has five times your means?

We believe MINARD'S LINIMENT is the best.

Mathias Foley, Oil City, Ont.
Joseph Snow, Norway, M.
Charles Whooten, Mulgrave, N.S.
Rev. R. O. Armstrong, Mulgrave, N.S.
Pierre Landers, Sen. Pokemouche, N.B.

Discussion Dangerous.

"The war," says the Boston Transcript, "will go on to victory, to that military decision upon which the American people have resolved, to that military surrender without which they will not be satisfied. For we are not a nation of quitters, we need no justification for our participation in the conflict, we are no longer interested in the ups and downs of diplomacy or the rise and fall of parties. Nothing, we believe, is further from the mind of the nation, North, East, South and West, than the acceptance of any armistice, much less its recommendation to our Allies, which would permit the German army to escape the trap which Foch is setting for it. Whether the war ends this side the Rhine or beyond it, it must not end, it will not end, until the armies of the enemy have been defeated in the field and have acknowledged their defeat as did Bulgaria by an unconditional surrender. Meantime, we say again, discussion is worse than dangerous, discussion is desertion of our defenders at the front, the living and the dead."

When you want Steaks, Chop, Cutlets and Collops, try ELLIS.

COFFEE ESSENCE.

Just Received:

"GOLD REEF" CREAM T. S. Simmons & Co's.
18 oz. tins. Scrub Brushes,
A pure, thick, rich Cream. Shoe Brushes,
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"5 ROSE" FLOUR—Government Standard Grade.
Made from fully matured wheat, and in addition somewhat higher in quality than Government Standard requirements.

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Table Apples. A large and full line
Fresh Eggs. assortment just to hand.

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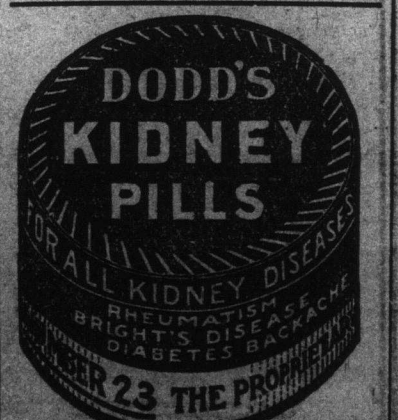


FOR GOD AND COUNTRY.

For God and Country! Who can give a nobler cause for which to live, And who can name, beneath the sky, A better cause for which to die? For God and Country! Youth of mine, Engrave it deep above your shrine, And unto it each day be true And let it guide and counsel you.

Who serves his God and native land, Is fit with all earth's kings to stand. In such a cause a man may toll, Paint, write or fill a patch of soil, Tunnel the mountains, bridge their streams, And find an outlet for his dreams. In such a cause his soul is free— He may be all a man should be.

For God and Country! Wealth nor fame Nor skill is barred unto his name. Who serves his God and Country's Flag, Although his weary feet may drag Through dreary hours of trouble, Shall win the world's supremest praise. For him life's gates shall be flung wide. To him no road shall be denied. For God and Country! Here is room In which the soul may come to bloom: Who chooses self to serve must crawl From day to day in circles small, And who shall build to such a plan, Shall miss the full growth of a man. For God and Country! Youth, stand fast And win the priceless joys that last.



Milady's Boudoir

GOOD MORNING EXERCISES.

If your eliminative organs are sluggish and have been very much neglected you will need more strenuous measures.

They must be stimulated to activity. This can only be done by proper exercises. One of the best for this purpose should be taken in bed before rising.

Before you get up in the morning, lie straight with your hands at your sides. Then slowly raise the legs until they are at right angles with the body. Lower just as slowly, and repeat ten times.

Now jump out of bed, and follow this exercise with another, the purpose of which also, is to induce peristaltic action.

The next exercise is to stand erect, raise the hands over the head and twist the body to the right, at the waist line only, trying to touch the floor with the finger tips.

The legs are next in order. The hands should be placed on the hips and then the right leg should swing forward, alternating the movement with the left leg. This exercise will bluner for.

Undue Optimism

The New York Times warns against undue optimism. The war, it says, may go on for another year or longer. In Germany the military party will neglect no chance to perpetuate itself in power, and, while holding, if it can, a short line of defence in the field, it will not fail to use to the utmost the increasing fleet of submarines for a last campaign to reduce to impotency the shipping resources of the Allies. "To assume that the German Government and people must have peace in so many days because the presumption is that the Allies are now putting the finishing touches to their victory on the battlefield might prove to be fatal optimism. Never was there a time when we should be so vigilantly on our guard against enemy ruses and more strenuous in the prosecution of the war."

A Bad Bull.

(From the Boston News Bureau.)

How an American naval officer, new to British waters, mistook a meat ship flag for the royal standard forms the subject of a good story told at the Naval Exhibition by Sir Eric Geddes, first Lord of the British Admiralty. The American had just boarded the flagship of an admiral, and remarked to Admiral Beatty of the British Navy: "That is the first time I've seen the royal standard flying on the Grand Fleet."

"Where?" asked Admiral Beatty. "That is impossible."

For answer the American pointed to a flag with a white background with a blue bull on it, denoting that the ship was a meat carrier.

A Regular Pantry

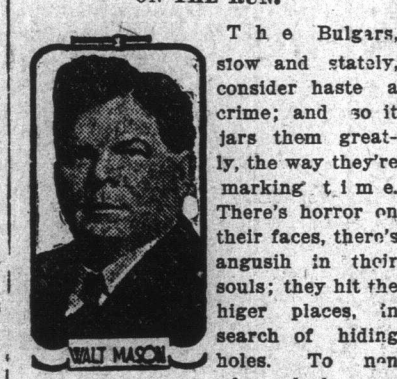
(From the New York Sun.)

Sometimes a really good, laugh-strays overseas from the grim field hospitals. This one comes from No. 1, founded by Mrs. Vanderbilt, near Paris. "Nurse," said the soldier when he recovered consciousness, "what is this on my head?" "Vinegar cloths," she replied. "You have had a fever?" "And what's this on my chest?" "A mustard plaster; you've had pneumonia, too." "And what those things at my feet?" "Salt bags; you were badly frostbitten." At this point up spoke a convalescing Tommy in the next cot: "Hang a pepper-pot on his nose, nurse, and he'll be a crust."

The One Object.

London despatches state that a study of German newspapers received in England discloses that the "acceptance" of President Wilson's terms was an acceptance of them as a basis of negotiation only. Some were rejected flatly as harmful to German life and business. The version of Prince Maximilian's speech allowed to come out of Germany was garbled. The Chancellor stood for the retention of Alsace-Lorraine. The press saw President Wilson as siding with Germany against the Allies. The whole affair is described as a peace offensive directed by the Kaiser against the unity of his enemies, just as his March offensive was a military move designed to separate the British armies from the French.

ON THE RUN.



The Bulgars, slow and stately, consider haste a crime; and so it jars them greatly, the way they're marking time. There's horror on their faces, there's anguish in their souls; they hit the higher places, in search of hiding holes. To non-hurry as being tithorn goods it brings a lot of worry to hustle to the w-o-l-s. I seem to hear them yapping in dire distress of mind, I hear their coat tails flapping, and see the smoke behind. The Turks are critics, they loathe all exercise; they are such shirks and quitters they will not sweat the flies. They like to sit' round joshing, in some nice shady spot, the while their wives take washing, that garlic may be bought. But, like the Bulgar, lately, they're bulging for the brush, and ol, it jolts them greatly this mad, unseemly rush! No more the foe they're facing—they're tired of that, I guess; they're loping and they're pacing like Dexter or Mand S. The words they use are fitting the air around them, blue, as they go sprinting, sprinting, the mountain passes through. Why doesn't Wilhelm chide them for such indecent haste, denounce them and degrade them, for showing such poor taste? He has no heart for preaching to Turks or horse marines; his Huns are also teaching the world what sprinting means.

Impressive Sight.

One of the most impressive incidents of the Battle of Jutland was the fact that immediately after the destruction of H.M.S. Queen Mary—her destruction was a matter of only a few seconds—a colossal cross, formed of smoke and steam hung for an appreciable time—for several minutes certainly—over the ruined relics of this magnificent ship and was watched and witnessed, to afterwards by many who were engaged in that section of the battle at the time. The fact is undoubted.

Good Advice.

Julius Caesar, a person of some fame in history, set the Allies of 1918 a good example in the answer which he gave to ancestry of the modern Germans when they sought terms from him after defeat in battle. He answered them after this fashion: "Go back whence you came, repair the damage you have done, give hostages, keep the peace for the future." The example will be followed.—Sydney Record.

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Lifebuoy, Eureka.

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SYRUP OF LIMESEED, LICORICE & CHLORODIN, HAYWARD'S BRON. SYRUP, CHERRY BALSAM, SYRUP OF WHITE PINE, EUCALYPTOL & ROSE.

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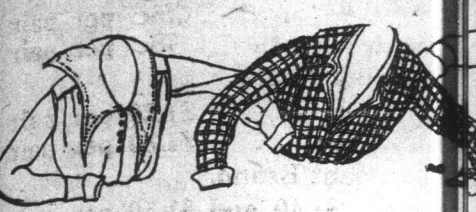
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Blouses of Fawn Georgette with collar of Navy Satin with tasseled neck with trimmings of Navy Satin to match collar.

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