

family although we have entertain en those people went who were good her again and again. When she but not agreeable. ays at the house she does not always When I meet one of these people I ember even the elemental courtesy often think of that question.

Onestions and Answers.

Question. "T have just lost the dear-

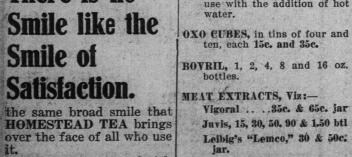
making her own bed. And yet we are glad to see her come and like | er better than many of our more lpful guests.

est one on earth. I can't bear to And don't you know the other type think of the long dreary years ahead and I thought possibly you could sugperson, the kind of person who is er quick to be of service and yet in gest some line of work I could take up me inexplicable way fails to render to help others. I do not know just m the greatest service of friendship, what I could do do but I have time and a little money to give. How shall I go

at of making you like him or her. I sometimes think I am, more sorry about it?"

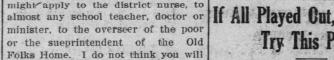
these people than for any other Answer. In every city there are They do so much for you that charitable organizations where anyone ey feel themselves entitled to your who wants to help is welcomed and est friendship and gratitude and put in touch with those who need help n they find that they are not re- There are also certain people who by ving it they burn with a sense of re- their positions come in contact with ment and injustice. Fate has the unfortunate and are only too glad ated them. Life isn't playing fair. to have help in helping them. You year they have reigned and judging





Mellow, smooth and rich C. & B. Meat Extract, 25c. and 40c. jar. in flavour, Homestead Tea is sure to please the most Libby's Fluid Beef, 20 & 35c. xacting. There's a smile in every up of Homestead, 50c. lb. Libby's Meat Extract, 30c. jar.

P. EAGAN. DUCKWORTH STREET & QUEEN'S ROAD.



have any difficulty in finding some thing to do for others with your time and money. The only difficulty will be you, it shows some serious disorder that you will find so much to do that you will be appalled at the contrast is simple. Build up the system and between the need and what you can nourish the body back to health by

Part Common



give.

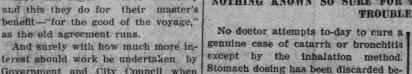
Our Civic Commissioners no doub at all dealers.

by the surplus which they announced ome weeks ago, they have been able Cream cheese and butter worked to direct the expenditure in more together and seasoned with salt and conomical channels. cayenne make a delicious filling for a But the 'esprit de corps' that you sandwich.

will find in hundreds of offices along Water Street and which is not found Arbitrations are going, seems to be also lacking in the Council when it is

necessary to 'Bonus' so many officials In a merchant's office when there is anything of a special nature doing, every clerk takes it as a matter of

course that night work is necessary and this they do for their master's benefit-"for the good of the voyage,



Government and City Council when the aim is improvement to the Colony cause useless medicine so taken affects only the stomach-never reaches or to the City. But it is a weakness the seat of catarrh. peculiar to all public institutions and

The advanced physician recognizes lieves hoarseness, coughing and bad scarcely anyone can resist the temptathat only air can be sent into the lungs breath. Irritating phlegm is cleared tion to take all the remuneration and more that is coming to them when it and bronchial tubes. Fill this air with out, inflamed bronchial tubes are healis taken from everybody's money, healing medicaments and you solve ed, throat and voice are strengthened. which they consider after all is the problem. No combination of an-Catarrhozone is pleasant and cer-

tiseptics is so successful as Catarrho nobody's money. tain. You breathe Catarrhozone-you zone. It contains the richest pine don't take it. Large \$1.30 size is guar- room is of blue linen with a "Golden There is one matter which I hope will find a prominent place in the re- balsams and the greatest healer

mendation which the Commission known.



the dismal troop adrift on the frozen dainties was a package of those de-

your chink as you sit in your easy sent from Bell Island, and contained When that overpowering wearines chair; and you've grown hog-fat, and also some of Harvey's No. 1 bread, and a never-rested feeling comes over of care. Do you never pause, as you the best of cake. is undermining your health. The cure ply your jaws, devouring the ovster stew, to heave a sigh for the waifs who lie outdoors, all the long night

pure wholesome blood. The one sure means of doing this

she paid the freight, and planted you but that the company will keep up the is with Dr. Hamilton's Pills. They here at ease, while the other lads, good name gained for excellent actare a marvellous aid to appetite,who are shy of scads, must sit in the ing. convert all you eat into nutriment and park and freeze. But she may re tissue-building material. Thus a weak pent ere your days are spent, and body is supplied with new nerve fibre, juggle things all around, and the bo hardy muscle and firm flesh. Lasting may sleep on our mattress deep, and

good health is sure to follow. If you yuo on the frozen ground! really want to get well and stay well. use Dr. Hamilton's Pills, 25c. per box

DR. DeVAN'S FEMALE PILLS Reliable medicine for all Female Complaint 5 a box, or three for \$10, at drug stores. Mailed to any address on receipt of price. The SconeLL DRUG Co., St. Catharines, Ontario.

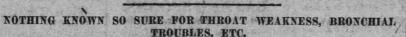
PHOSPHONOL FOR MEN Restores Vim for Nerve and Brain; increases "grey matter" a Tomic - will build you up. \$3a box, or two for 56, at drug stores, or by mail on receipt of price THE SCOBELL DRUG CO., St. Catharines. Outar's

destroyed-every taint of disease is re-

size 25c. at all dealers everywhere.

Cold rice left over from a meal can be made into an appetizing dish, with No fruit salad is complete without n political cliques when Railway tomato sauce, minced onion, butter a touch of color in the shape of a and seasoning. Bake half an hour. maraschino cherry.

not for Regular work, but for Special If Catarrh Keeps You Hawking Use 'Catarrhozone'---The Quickest Cure



tory and a lasting peace for genera-tions, and trusting in God's great mercy and many prayers offered up for his safe keeping by friends from near and far who dearly loved him. One breath of Catarrhozone instant genuine case of catarrh or bronchitis ly circulates over the area that is afflicted with catarrh. Relief is instant O God, be with our loved ones, -suffering stops at once- germs are Now upon the lonely deep; Their guard while on the busy deck,

stitch.

The serious watch they keep. moved. Think it over seriously. Here is a remedy that clears the throat, re-They need not fear, though all around The enemy is near; The multitude of waters surge For Thou, O God, art there.

> It is a needless waste of fire to keep a stove red-hot all the time.

The harbor and bay is now a sheet

of ice, and the young people have

already ventured out on its smooth

surface skating. A little mild, and

then frost will make an excellent

"rink," when even the old or middle-

Royal Naval Reservist.

One of the many who joined H.M.S.

Calypso some thirteen years ago, was James H. Chaytor, of Topsail. He

figured with the twenty who were called to represent Newfoundland at the Cornation of King George. He is

ow serving in the North Sea which is much greater call, and one to be

membered throughout history, and he that every loyal subject should iswer, to fight for King and Country.

le was ready at first call to fight and o die if need be for the Motherland.

But not to die, no, not to die! To come back to his loved ones, with vic-

CORRESPONDENT.

aged will be tempted to go out.

Harbor Grace, Feb. 4th, 1915.

trenches and in the North Sea. ground? You eat and drink and count licious little fish. The parcel was value and appreciation in which these your chink as you sit in your easy sent from Bell Island, and contained coats are held is amply testfied by letters received by the Committee from those who are using them both beneath our hat there's hardly a sign which he says tasted far better than in France and in the North Sea, and f those of our readers who have any old gloves of the kind required, will The play "My Awful Dad," is to be send them to Mrs. Ayre, Circular Road, they will be forwarded to the put on at the Academy Hall, on Mon- Committee without delay. through? It was good of Fate that day night next. There is no doubt

make undercoats for the men in the

Qu

Fu

Here

you to re

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room Fur

I Ladies

Washstar

suite or s

and Mapl

to be fully

¶ If you

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wholly or will find

quality at

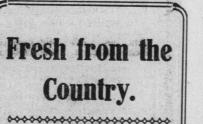
U. S. 1

Better

Men's and

Every garment will be sure to prompt attention

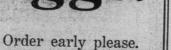
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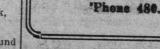
In stock this morning

few dozen Local





Soper & Moore.



DIED.

At noon to-day., Eileen, darling child of Jno. W. Larkin, aged 8 years and 7 months. Funeral on Monday A motto to hang in a little girl's from 17 Garrison Hill.

