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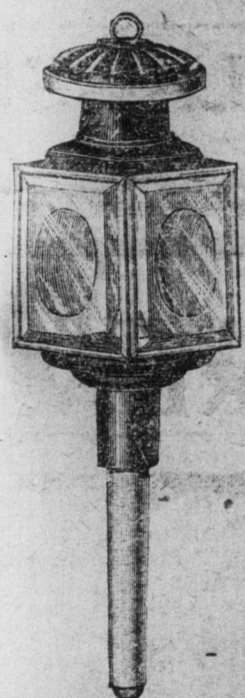
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OF ST. JOHN'S. WE STOCK:

All kinds of Men's and Boys' Fleece Lined Underwear. All kinds of Regular Piece Goods and Pound Remnants. All kinds of Men's and Cotton Tweed and Denim Overalls & Jackets.

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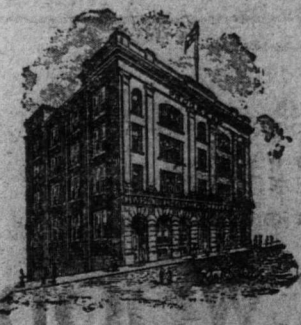


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for the Spring trade with a full stock of Men's and Boys' SUITS, OVERALLS, Etc.

Place your order now and avoid disappointment. Wholesale only.

Newfoundland Clothing Co., Ltd.

One Form of Vanity.

By RUTH CAMERON.



Vanity is a vice, or perhaps I should say a falling. It is great in a man, shows itself in a ways. Sometimes it appears frankly in its own proper form, and then again it puts on some more successful disguise. False humility is sometimes another. Jealousy is sometimes another. Self-consciousness is another. But the disguise I want to speak about to-day is an unwillingness to appear in any part in which one cannot hold the center of the stage.

Perhaps I should hardly call it a disguise at all, because to the eye that understands it is such a palpable form of vanity.

A friend of mine was at a summer resort last year where tennis was the favorite game. Everyone played, especially the double game. My friend played a fair beginner's game, and was promising herself a good deal of pleasure playing doubles during the week her fiancé should be with her. She knew he had not played much, but a good many of the players were beginners, and she felt sure he would pick it up easily. When her fiancé came, he played one game and then refused to play again. Not because he didn't like it or wasn't progressing well, but simply because he couldn't at once play so well as the crack players.

He couldn't bear to be surpassed

even by men who had been playing for years, and so he refused to enter the lists at all.

Can you beat that for absurd and childish vanity? And yet I don't doubt that he would be most indignant if anyone accused him of vanity. He would probably regard his act as a proof of humility.

Incidentally this man is an expert swimmer. He has spent years perfecting himself in this sport, and could easily outswim any of the men who outplayed him at tennis. One would think that superiority would have contented him, and that he would have been willing to show himself inferior in other sports. But he was like a spoiled child that won't play unless he can have his way all the time.

I hope few of us are so childishly vain as this, but I know that many of us have some touch of this weakness.

We hate beginnings; we are loth to try to acquire skill in any new direction. If we have a talent in any one line we are apt to cultivate that exclusively and let ourselves grow narrow in other ways. We want to be always complacently doing that which we do easily and well.

All this is not good for the soul; we need to do the thing that comes hard; we need to rub up against men and women who know more than we do. We need to join in the sports in which we are surpassed. Only so can we grow, and only so can we keep a proper idea of our relative importance.

Ruth Cameron

THE SECRET OF LONG LIFE.

Do not sap the springs of life by neglect of the human mechanism, by allowing the accumulation of poisons in the system. Nature's method of restoring waste of tissue and impoverishment of the blood and nervous strength is to take an alternative glyceric extract (without alcohol) of Golden Seal and Oregon grape root, Bloodroot, Stone and Mandrake root with Cherrybark. Over 40 years ago Dr. Pierce gave to the public this remedy, which he called Dr. Pierce's Golden Medical Discovery. He found it would help the blood in taking up the proper elements from food, help the liver into activity, thereby throwing out the poisons from the blood and vitalizing the whole system as well as allaying and soothing a cough.

No one ever takes cold unless constipated, or exhausted, and having what we call mal-nutrition, which is attended with impoverished blood and exhaustion of nerve force. The "Discovery" is an all-around tonic which restores tone to the blood, nerves and heart by imitating Nature's methods of restoring waste of tissue, and feeding the nerves, heart and lungs on rich red blood.



Mrs. Dean

"I suffered from pain under my right shoulder blade also a very severe cough," writes Mrs. W. Dean, of New Brunswick, N. C., to Dr. R. V. Pierce, Buffalo, N. Y. "I had four different doctors and none did me any good. My mind I had completely exhausted, and I would have to have an operation. I was bedridden, unable to get up for six months, and was eating but a few shreds of food. You advised me to take Dr. Pierce's Golden Medical Discovery, and Dr. Pierce's Pleasant Pellets. When I had taken one bottle of the "Discovery" I could sit up for an hour at a time, and when I had taken three bottles I could do my cooking and tend to the children. I took fourteen bottles in all and was then in good health. My weight is now 147 pounds."

Household Notes.

It saves time to cut the dough for baking powder biscuit with a sharp knife. The biscuits will be in pretty squares and there is no waste.

Good light is necessary for the person pressing men's clothes. Also the irons should be very hot, and a piece of cotton cloth should be very handy.

To save time in cleaning windows let a kettle of water boil in room till the windows are covered with steam. Then wipe with a dry cloth.

After making a hairbow work a small thread eye on the inside of each loop. Slip a hairpin through each eye and fasten to the braid of hair with its help.

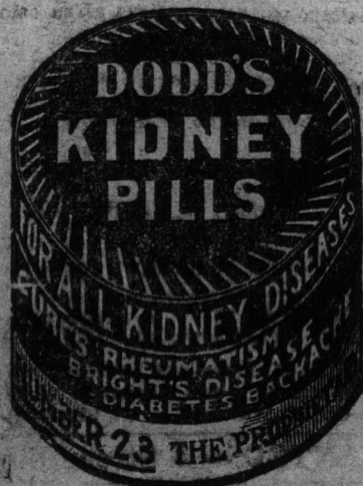
A good pearl button sewed to the back of a boy's collar band will do the same work as the regular collar button, and he will always know where to find it.

Test potatoes by cutting in two and rubbing the cut surfaces together. Then press the two parts together. If they stick, the potatoes are good.

A table made on a go-cart frame is a handy thing for an invalid. Attach it to the bed with a ribbon, and the invalid can push it away when through with it.

A clothes basket with two parts is convenient for keeping white and colored clothes separately. Or the division may be made small and used for clothes pins.

A kitchenette ought not to be larger than 7 x 10 feet, and placed, if possible, on the southwest corner of the house. Nothing saves the house-keepers steps so much.



An unused doorway makes a splendid bookcase in a small room. The door should be locked and treated as the back of the case—with burlap or picture matting. Shelves can be set in the entire door space or the lower half.

If a family numbers only two or three, it makes a pleasant change to have the simple luncheon on a tray. A delicious menu for such an occasion is sandwiches of whole wheat bread, thickly buttered and spread with raisins, cocoa and a lettuce salad with French dressing.

A delicious fish au gratin is made by buttering a pie dish and placing in it as many fillets of white fish as will fill it without placing one on the other. Sprinkle the fish with salt, pepper and nutmeg; then squeeze lemon juice over it, cover with butter and bake in a quick oven. Sprinkle parsley over the fish when served.

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- S. S. City of Sydney:
- 50 brls. Fresh Packed APPLES
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- 20 bushels BANANAS.
- 80 brls. NEW CABBAGE.
- 10 crates GREEN CABBAGE.
- 50 bags TURNIPS.
- 20 bags PARSNIPS.
- 15 bags CARROTS.
- 25 sacks CRACK OATS.
- 5 brls. CRANBERRIES.
- In stock:
- 30 cases Assorted ONIONS.
- 250 bags P. E. I. POTATOES.

Soper & Moore.

The Good Die Young



Beside the road that leads to town the thistle thrives apace, and if you cut the blamed thing down, two more will take its place. The sunflowers flourish in the heat that kills the growing oats; the weeds

keep living when the wheat and corn have lost their roots. The roses wither in the glare that keeps the prairie alive, the orchards fall of peach and pear while cheap perennials thrive. The good and useful men depart too soon on death's dark trip; they just have fairly made a start when they must up and skip. A little cold, a little heat will quickly kill them off; a little wetting of their feet, a little hacking cough; they're tender as the blushing rose of evanescent bloom; too quickly they turn up their toes and slumber in the tomb. And yet the world is full of scurvy who don't know how to die, a lot of picaresque dubs, who couldn't, if they'd try. Year after year, with idle chums, they hang around the place, until at last their age becomes a scandal and disgrace. And thus the men of useful deeds die off, while no-goods thrive; you can't kill off the human weeds, nor keep the wheat alive.

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Our new 40 candle power lamp can supply more light at less cost than any other system of Artificial Lighting. This lamp is especially designed for use with our new ten-cent Slot Meter Drop ten cents in the slot, and the lamp will run for 32 hours, giving a light of 40 candle power.

Call and get full particulars of our "Special Fitting" Slot Meter proposition, or phone 37.

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Our Simian Relatives.

Tasmanian Aborigines' Great Resemblance to Apes.

Professor Arthur Keith, curator of the museum of the Royal College of Surgeons, London, began there recently a series of addresses on the ortho-grade position of man. He stated that with our increased knowledge of the animal kingdom since the days of Darwin further conclusions could be arrived at.

Professor Keith showed to his audience seven skeletons—three of the primitive order of monkeys, and those of an orang-utang, a chimpanzee, a gorilla, and a primitive human being of Tasmania. The three anthropoid apes and the Tasmanian were so much alike when dissected, he said, that one might suppose they all come out of one common stock.

The anthropoid apes were evolved from the gibbon. They were distinct from any other animals, inasmuch as they were all upright; and the great problem was how the gibbon came by the upright posture.

Geologists were uncertain as to the date when South America came to be separated from Africa, but the separation of the fauna of the Old World from that of the New World dated back to the Eocene period. The form of upright ape came into the world at that period, and the gibbon had come right down from the Miocene period almost unchanged.

Discussing the evolution of the upright posture, Professor Keith said the first stage was the specialisation of the arms, attributed to the gibbon. After the gibbon came the anthropoid ape; then the specialisation of the feet.

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- 1650—Wake Up, John Bull.
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- 1652—Rosetta.
- 1656—Don't Go Out With Him To-Night.
- 1728—Mrs. B.
- 1729—Why Can't We Have the Sea in London?
- 1730—My Lass From Glasgow Town.
- 1751—I Don't Care.
- 1752—Let's All Go Mad.
- 1753—I Do Wish That I Was a Ladies' Man.
- 1754—Take Me Back to U. S. A.
- 1853—I Never Heard Father Laugh So Much Before.
- 1854—I Keep on Toddlng Along.
- 1855—Cohen.
- 1856—All the Silver From Silvery Moon.
- 1878—Wait 'Till I'm as Old as Father.
- 1879—Where Does Daddy Go When He Goes Out?
- 1879—It's a Grand Old Song is Home, Sweet Home.
- 1880—The Kangaroo Hop.
- 1880—It's Mine, When You've Done With It.
- 1880—Molly McIntyre.

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mar22,6i,eod General Superintendent.

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