

or federal. In Parliaments and legisof our political life but a different condition exists with regard to muninominees of any one political faith nor of any one organization. If they get the support of a particular class from any entanglements that would stores health where other treatments fail and should be used by every man. oblige him, if holding office, to favor one political party or the other. woman and child. Try it, 50c per This is the course he has taken while box or six boxes for (2.50. Sold by Mayor this year and as an alderman all dealers or by mail from The Calast year. It is the policy he will adopt tarrhozone Co., Kingston, Ontario. if returned to the Mayor's chair next year. The principle of the best in-

terests of all tax payers without special favors to any one element is the highest and worthiest motive in the possibility of being tied up by municipal service.

A CITIZEN'S OPINION

Editor Journal.

Sir: Being absent from this city failed for years to raise our sinking for a considerable period and return- fund, thereby increasing our taxation ing in time for the usual fusilade of today must be laid aside until we citizen, I was somewhat samprised to hear that a new party—ine Labor-Veterans— had been formed during past, and would strongly recommend my absence and a political party at the citizens to be governed by that Prof. H. H. Bean, O. A. College.

known as sour milk. No matter what the true explana-

tion may be in detail, we believe that. souring of milk is caused in some way by "germs" or bacteria which are microscopic plants that fall into milk from the air, and get in from many other places.

Like all plants, they must have air. suitable temperature, and moisture, may have to wait for many desirable n order to grow. The common plan mprovements but better a short voypreventing the milk going sour is to cool it to 50 deg. F. as soon as possible after milking and keep it age on the safe ship "Economy," than cold until it is used. The reason for this is, the cold makes an unfavor inexorable creditors. These can be no hoodwinking in such matters as we able condition for these plants to grow, hence the milk remains sweet, must pay our debts as well as our though sometimes it takes on bad taxes and the reckless spirit which flavors, or develops disease producing germs. In order to prevent this, we "pasteurize" milk in order to kill the gerins present, by means of heat. If it is cooled and kept cold after heatthe municipal contests, as a life lone, fully recuperate. Without, any idea ing, the milk will keep sweet for

For churches, societies, lodges, etc., who have more ample funds wherewith to assist the youngsters to a fair start in life, the naming of cots is suggested. A number of memorial cots have been thus dedi-cated in honor of the overseas ser-vice of fellow-members. This privilege is extended in recognition of gifts of \$2,000 to the Main Hospital or \$500 to the Lakeside Home, which can be paid in annual instalments if, so desired. Literature, illustrative of all

fifty cents,

branches of the past year's work, together with any other information lesired, will be gladly furnished on application to the Secretary, the Hospital for Sick Children, College strest, Teronto, Court instance should strest, Toronto. Courributions should also be addressed to the secretary.

IRVING E. ROBERTSON, of Appeal

whitish or gray, round to irregular, flat or slightly sunken patches in the Therefore the Trustees are making a Christmas appeal to every lover of children to foot the bills for some liver tissue. Sometimes as much as period of time, no matter how short sixty per cent, of the liver tissue will it may be. A minute of mercy costs be composed of these necrotic areas Needless to say the congestion an ulceration of the caeea and the ne-crosis of the liver interfere very materially with the functioning of hese organs and as a conseque the affected bird becomes listless mopy, loses flesh and the head loses its bright colored appearance, becoming dull in lustre and dark in color which condition is responsible for the common name of the disease-black-Turkeys are liable to contract the disease at any age; they, however, mostly become infected when young. Many die as poults from an acute at-

> and the muscle meat in fair condition, it may be used for human con

umption as there is little or no dan

tack of the disease; others have the disease in a chronic form and live to maturity, but these are never thrifty and always look poor and miserable when compared with healthy birds. There is no known cure for the

disease. Turkeys that show the symp-If the disease be not too far advanced

Bench Work.

and desire.

system by a belt line through the northern and eastern

sections of the city, thereby creating a greater St.

Catharines; curtailing expenditures for a few years.

keeping down the tax rate and re-establishing the

city on sound business principles is my whole aim

Wishing you all the compliments of the season,

/ I remain your obedient servant

W. J. WESTWOOD

the Electors of St. Catharines

that. Being one who would like to dubbed on old fogy, I was under the npression that the venerable clans of Grit and Conservative could al ways settle the demands in that line and hence am anxious to know what are the objects of this hyphenated body? Surely they have an object, which I naturally presume to be that they want something from the city. As far as my observations go it appears to me the Labor men have in work, wages and hours of toil have secured all they asked for and as for the G.W.V.A., I think it would be diffeult to name any demand they made apon the citizens, which was not acceded to with a good grace. So that summing the matter up I hardly think I am to blame for being inuisitive enough to ask for more ight. As one not very friendly to Cabals of any kind, I think such dongs are an injury to any communyand should be discouraged as they nvariably get under the thumbs of xploiters whose sole object is to take capital out of then: at the exense of the members and the pubc. During my absence 1 read in The ournal an exhaustive and in my umble opinion an able article upon state of the city's finances, and one who has to meet a stiff annual x bill, the vista before me was not ery bright for several years to come ring which time I sincerely hope see able and good business men in large of our municipal affairs. We

A

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BACKACHE, LUMBAGO, RHEUMMATISM, STOMACH AND LIVER TROUBLES, ACNE, SKIN DIS-EASES, CATARRH, ASTHMA, RECTAL TROUBLES, PILES, FISTULA AND BLOOD CONDITIONS The knowledge gained from many ycars' experience in treating diseases just like yours is of much henefit to you and assures the ailing man of prompt relief. When a man knows that he is again feeling well-that he is rid of his ailment-he feels that a heavy load has been lifted from his shoulders, I give every patient the benefit of the knowledge accuired through the long experience of a graduated, licensed and registered specialist, in order to bring about the most satisfactory results in the shortest possible time.

NERVE EXHAUSTION

CONDITION AFFECTING MANY MEN-THE GREAT AM-ERICAN DISEASE - IT IS BROUGHT ON BY OUR MAN-NER OF LIVING-OUR WORRY AND HURRY - AMERI-CANS EXHAUST MORE NERVOUS ENERGY THAN ANY OTHER RACE OF PEOPLE.

There are a great many men who need treatment for their nervous system. These men do not know what is the reason they don't feel right-why they can't work like they used to-why they tire so easily and why they are irritable, nervous, despondent, weak, pale and lack ambition. These conditions require the expert knowledge and treatment of a specialist who has had many years' experience in just such ailments. A special'st learns by experience to know just the right treatment at the right time so that the patient can be dismissed at the earliest possible time. Man affected with nervous exhausion have no endurance-no ambition -everything they attempt is an effort. Life to them appears as a long, gloomy future. Their appetite is poor and variable-they become irritable, cross and disc curaged. They have pains and aches in various parts of the body and there is often indigestion and pains in the stomach. Sleepless, wakeful and restless nights fol-

RHEUMATIC AILMENTS

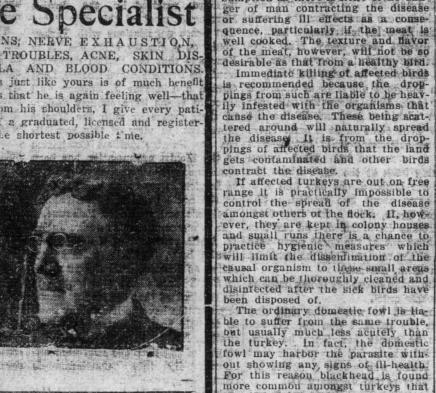
SCIATICA AND OTHER FORMS OF RHEUMATISM, LUMBA-GO, PAINS IN BACK, SWELLING, ACHING, PAINFUL CONDITIONS IN ANY PART OF THE BODY-INFLAMED AND SWOLLEN JOINTS OF LEGS AND ARMS - MANY OTHER SYMPTOMS.

Hundreds of men are suffering with some form of Rheumatism. Many of these men go from day to day suffering untold agonies thinking they cannot be cured. They have tried liniments, rubbing, massage, salts and other treatments without experiencing any relief, and they are now going through life thinking they are martyrs to that burden called Rheumatism. If these men could only know how easy it is to get rid of many rheumatic conditions I know they would not suffer another single day. Then all sufferers of rheumatism would be strong and healthy if they could get rid of the condition. Rheumatic patients are nearly all strong and robust before being attached by this ailment, and therefore it is so hard for the man to understand why he should suffer the agontes of such a condition. When a man gets rid of such a condition he feels that a heavy burden has been lifted from his life, and he starts right out to make up for lost time both in money and pleasure. When a man comes to my office suffering with the above condition he is given a most careful examination, and he is given treatment that he feels is giving him great benefit.

Quick and Lasting Results Assured the Ailing Man BLOOD YOUR WHOLE HEALTH OF BODY AND MIND DEPENDS ON YOUR BLOOD. Any

'building process" of the body and mind, of the muscle and tissue formations, of any of the various vital organs, can be accomplished only by working direct through the bl cod stream.

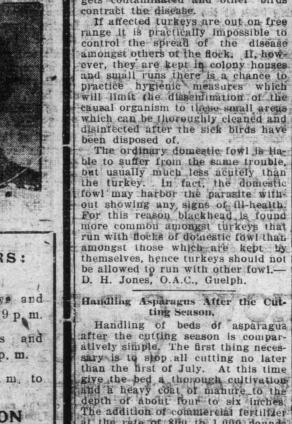
Treatment Without Operations Dr. DeLisser Dr. Ward Buffalo's Leading and Most Successful Specialist 79 Niagara Sq., Buffalo, N. Y.

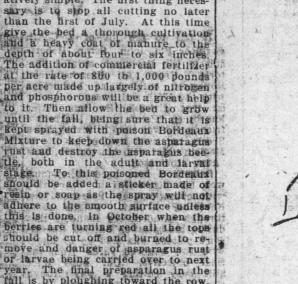


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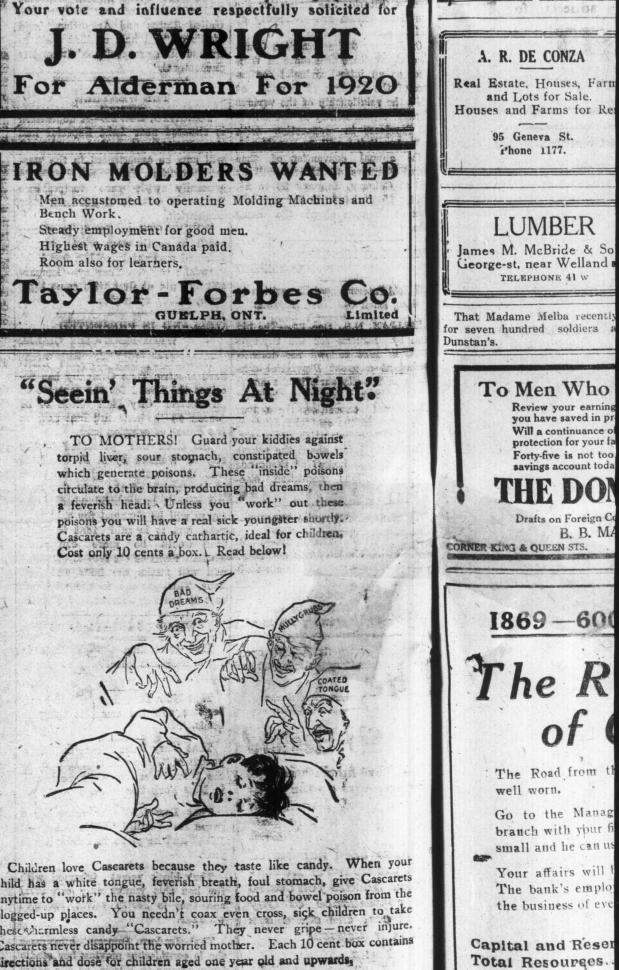
Mondays, Wedresdays and Saturdays-9 a. m. to 9 p. m. Tuesdays, Thursdays and Fridays-9 a. m. to 6 p. m. Sunday Hours-IO a. m. to 1 р. ш. CONSULTATION EXAMINATION FREE **79 Niagara Square**

COB. NIAGARA STREET Opposite McKinley Monument BUFFALO, N.Y.





adhere to the smooth surface unless this is done. In October when the berries are turning red all the tops should be cut off and burned to re-move and danger of asparagus rust of larvae being carried over to next year. The final preparation in the fall is by ploughing toward the row. This will give draibage during the winter time, thus drying out the soil much earlier in the spring when the burrows will be throw back and the bed gets a much earlier start. A.H. McLennan, Vegetable Specialist. St. Patrick's defeated Output here these these candy "Cascarets." They never gripe - never injure. St. Patrick's defeated Quebec here these harmless candy "Cascarets." They never gripe - never injure. on Saturday night by 7 to 4. The Cascarets never disappoint the worried mother. Each 10 cent box contains other, N. H. L. game resulted in a directions and dose for children aged one year old and upwards, victory for Ottawa over Canadiens.



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