

# The 'guzzling gourmet' presents:

Greetings again - I'm back for another quick lesson in the fine art of brewing your own and saving money.

Last time I gave you fools my crazy beer recipe - except that no one believes it's that easy. Well tough luck.

On to lesson number 2, **BETTER BEER!!!**

This is your improved version, a little more expensive but a superior beer! That means better than lesson number 1 and much better than the crud at the bars!! Unbelievable eh? - read on, oh faithful drinker -

You will need-

- 5 gallons of water
- 1 tin of plain light malt extract
- 2 oz of compressed hops
- 1/2 oz of kent hops
- 4 lbs of corn sugar
- 1 tsp citric acid
- 2 tps salt
- 1 pack beer yeast

For all this you will have to lay out about \$8.00. You will get about 5 dozen bottles of beer or about 5 gallons worth.

This stuff is great. Wake up Halifax - you're drinking detergent!

Now to make it.

Boil up one gallon of water and dissolve the malt extract in it (a sticky proposition but worth it). Next steal a sweat sock or a nylon stocking and put the 2 oz. of compressed hops inside and tie it.

Then toss it into the boiling mess. Boil for 1-2 hrs. over low heat.

Take a large pail (5 gallons) and after making sure it's clean, (you're drinking this not me) throw in 3 lbs. of corn sugar (save 1 lb.).

Now take the boiling mess - remove the hops and the sweat sock and pour over the sugar in the pail. **STIR.** Add four gallons of water, citric acid, salt & yeast than stir again.

Steal another sock, place the kent hops in it, tie and float on top of the 5 gallons of brew.

Cover the pail with plastic or a board, try and make it air tight.

-----TIME PASSES-----

Let this ugly mess ferment and bubble away for 5-6 days. If you can afford a Hygrometer, ferment until the mess reaches a specific gravity of 1.000.

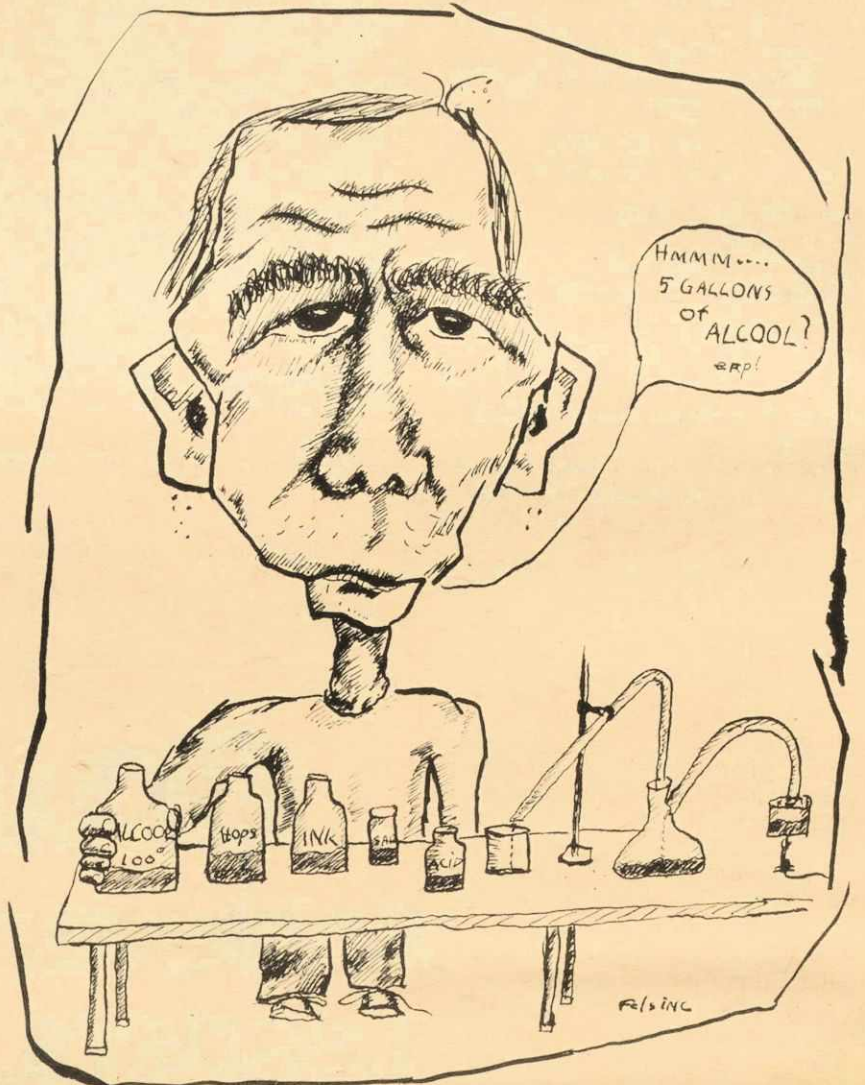
Get the bottles ready. Add the remaining pound of corn sugar, stir and bottle.

Wait 2 days for your beer to carbonate naturally.

Now it's ready for drinking - if you want, age it for a week or two, serve chilled. Enjoy. Enjoy.

A few last notes - For supplies see the wine art shop at the Bayers Road Shopping Center. They know their stuff.

If you want reprints or helpful hints or complaints drop a line to me.



DALHOUSIE CULTURAL ACTIVITIES presents



**Frans Brueggen & Alan Curtis**  
Recorder & Harpsichord Virtuosi

**THURSDAY, OCTOBER 23 - 8:30 p.m.**

Rebecca Cohn Auditorium Dalhousie Arts Centre.	Information: Box Office 424-2298
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## Viveca Lindfors

Cont'd from page 9 and despair.

There were parts in the show which apparently offended some members of the audience to the point where they walked out. Language such as "father fucker" played an integral part in the show and was **not** used for shock value alone though it did shock some people into leaving the Cohn. The angry, frustrated pictures of women are as much a part of reality as the pictures of women as mothers or lovers. Though it was the anger, unpleasant roles which seemed to offend many of the male members of the audience as well as many of the older (both male and female) members of the audience these roles could not, and should never be, cut from this show.

"I Am Woman" was an extremely tight and well thought out piece of theatre. Each segment flowed into the next and subtraction of any of the portraits could negate or destroy the show's impact. There were no superfluous actions or words.

The sketches revealed the feelings of real women dealing with the very

real problems of being women in a male oriented world. It was interesting to note that many of the men who saw the show were somewhat offended by many of the portraits. They seemed to feel that Lindfors was overplaying men's oppression of women, or that she was too "crotch" orientated or something. Perhaps they simply did not enjoy seeing how many women really feel and think - it destroys their fantasies and illusions about the "fairer sex"!

The reaction among the female members of the audience was mixed and trended to run along generation lines. Personally I found the show entertaining, realistic, humorous and at times even joyous. The language did not offend because it played such an integral part in much of what Ms. Lindfors was trying to portray.

The show ended on a note of hope for the future which no one could possibly have misunderstood. Women's liberation is actually human liberation and men should not feel threatened by the emancipation of women but should glory in it.

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