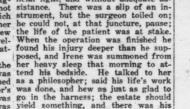


.

Place the strained pulp and skins in the preserving kettle. Add orange





Tested Recipes. Grape Conserve—Half peck grapes, two oranges (juice), two lemons, one cup chopped nut meats, sugar equal quantities as yeu have mixture. Wash fruit, remove grapes from stems. Re-move skins from pulp. Cook pulp uitil soft. Strain to remove seeds. Place the strained pulp and skins in Place the strained pulp and skins in Place the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Conserve states of the strained pulp and skins in Straine Str



MEAL

mouth" and the gum in the

center remains to aid digestion. brighten teeth and soothe mouth

There are the other WRIGLEY



How many times a day do you How many times do you

Keep Minard's Liniment in the house

Cleaning

Cleaners and Dyers 791 Yonge St.

Toronto

solemn silence, until they reached th

Rupture Kills tourist poured out voluble, thanks in

OUEBEC'S SCHEME OF COLONIZATION

IMPROVES LAND, SELLS AT LOW PRICES.

Erects Buildings in Canton of Langis for Use of Carefully Selected Colonists.

In 1920 the government of the pro-rince of Quebec set aside the sum of five million dollars for the purpose of colonization and it is already set-ting about the expenditure of this money and making a serious bid for sottlers on its rich unproductive tracts. Believing from its past experience that in the work of colonizing new lands there must be a certain am of preparatory work so that the set-tler avoids the rigors and hardships of pioneering and is in a position to become productive and of greater value to the province in a much chortr time,"the provincial government is blazing the way for the settlers who will occupy the lands in the spring of

This preparatory work surpasses the already generous arrangements of the government in its encouragement of agriculture in the province. Some millions of acres of farm lands have been set aside for the use of farming settlers which the government will sell to such at a minimum price of from 20c. to 60c. per acre. A few very easy conditions are imposed upon the purchaser in order to assure cultivation of the land. It is not sufficient to merely work the land; it must be cul-tivated according to the most approved methods. To ensure this the govern ment has established schools of agriculture, co-operative societies, experi-mental stations, demonstration fields and farmers' clubs, and has expended nearly a billion dollars in agricultural subsidies. Not only does the provin-cial government sell its land at very low prices, but it does everything pos sible to improve it, providing for the construction of roads, bridges and other public works.

The Beautiful Matapedia Valley. The new colonization project, however, goes further than this. It has regard to the Canton of Langis, in the Matapedia Valley in the Gaspe peninsula, just north of the territory of New Brunswick. The valley of the Mata-pedia, a river which flows from a lake of the same name near the St. Lawrence, into the Baie des Chaleurs, is one of surpassing beauty and fertility, which has already become famous among fishermen of the Eastern United States, who come there each year and have established club-house there. Now an attempt is to be made to develop it egriculturally. The Matapedia may be classed as one of the effeatest of valleys, according to authorities, a region of smiling mea-dows and high mountains, past which the river winds its way.

Here, in the Canton of Langis, a certain number of colonization lot have been surveyed and mapped out. Men are at work clearing ten : cres on each lot, and erecting on each poten tial farm a house costing about \$600 and a barn at a somewhat lower figure. As it is not intended to place any settlers on these lands until the spring of 1923, and the work is merely in process, it has not been determined what the exact cost to the settler will be, but on the autority of the provin-cial Minister of Colonization the set-tler will receive a farm at actual cost and the payments expected of him will be extended over thirty years. The province will safeguard itself against ossible loss, and achieve the greatest amount of benefit for the province, by carefully selecting its colonists and placing them on the land with the best pcasible assurance of success

A Steady Strcam of Colonists.

Quebec is receiving a steady little stream of new colonists in spite of the 7,000 Annually rush to newer opened areas, and she Seven thousand persons each year is making a bid for more in an endeav



and lemon juice. Add orange Make Soap From Meat Scraps. Mixed Pickle.—Two cups of string grease, kinds and cracklings, also old spoiled fat meat. Quart cucumbers, one quart onions, one tablespoon stick cinnamon, one tablespoon whole cloves, half tablespoon of allspice, half tablespoon of allspice. Canada's Winter is Cold or to bring under cultivation the mil are laid away-the burial certificate amazement, and remarked in perfect being marked "Rupture." Be- lions of fertile acres which she Being marked "Rupture". Why? Be close the unfortunate ones had neglected themselves or had be merely taking care of the sign (swelling) choice of the afficition and paying no attention to the first of the afficition and paying no attention to work, faded skirts, walsts, coats, stockings, sweaters, coverings, hangings, sweaters, coverings, to the ruos is only a makeshift—a false color, into her worn garments, of the ruos is only a makeshift—a false color, into her worn garments, of the syme standard and support. The bid on the sweatened is the same time attract the trans is only a make shift as takes to the old home the success of that which they need most count is the new norm garments, of the proving the weakened in on the struct of the same time attract the privacy of their own home. The privacy of there own home. The privacy of the Why? allspice, half tablespoon mace, half teaspoon celery seed, one and one-half quarts vinegar, two cups of sugar, one tablespoon mustard seed. Cook the vinegar with the spices Stanfield's Unshrinkable Underwear TO is soft, warm and durable. Stanfield's RHEUMATIC SUFFERERS Dye Old Curtains, and the sugar, then remove the spice Cock vegetables in vinegar three min Unshrinkable Underwear of riether low priced, nor high priced, but fair Babson utes. Pack in sterilized jars and seal. New Life Pickled Plums.—For sweet pickled plums wipe five pounds of plums with a damp cloth and prick each with a needle five times. Put two and a half priced. Stanfield's Unshrinkable Underwear gives more than it costs in warmth, ease, comfort, health protection and sturdy wear. It is the soundest econo-Remedy needed the times. Fut two and a man pound's of sugar into a saucepan, pour over one quart of mild vinegar and add a spice bag containing one ounce each of whole cloves, athepice and mace and two ounces of broken stick cinnamon. Cook the spiced vinegar for seven minutes; after it begins to heil non ever the pluma and hat stand It was the necessity for a Re-liable Remedy for Rheuma-tism that brought Dobson's New Life before the public after years of research, and no claim has been made for it that its use for over 25 years has not normer boil pour over the plums and let stand overnight. In the morning drain, cook the syrup for another ten minutes and my to buy. has not proven. Pleasant to take, does not up-set the digestion, no harmful or injurious drugs are used in this formula. again pour over the plums. Let stand world has ever mown. Not Native. Phelps: "That is a sunset my daugh-er painted. She studied painting Nobbe: "Ah, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ah, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ah, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ah, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ah, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ah, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ab, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ab, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ab, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ab, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ab, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ab, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ab, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ab, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ab, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ab, that explains it! I step. No strats, bt kles or springs. Nobbe: "Ab, that explains it! I step. No strats, bt kles or springs. They are beginning to make funger-prints of faveday-old bables model. for ten hours, reheat fruit and syrup to the boiling point, and after remov-ing the spice bag store as for canned fruit. Made in combinations and two-piece suits, in full length, knee and elbow length, and sleeveless STANFIELDS fruit. Plan Batter Pudding-Make s bat-ter from two lightly beaten eggs, ten tablespoonfuls of flour, sifted twice, a pinch of sult, half a teaspoonful of baking powder and a pint of milk. Beat w'h an egg beater until fall of bubble. Remove the stones from a quart of ripe plums, cut in quarters, prinke we'l with sugar (shout half a eup), place in a buttered baking dish and pour the batter over them. One bottle for One Dollar; Six bottles for Five Dollars. Ask your Druggist or mailed direct from Unshrinkable ther painted. She studied painting UNDERWEAR country." Half the cynicism in the world omes from failure sneering at suc-ess. Inard's Liniment For Colds, Etc. They are beginning to make finger-prints of five-day-old bables in order to prevent mistakes in hospitals and institutions and the system will also serve as a means of identifying that or information necessary. They are beginning to make finger-prints of five-day-old bables in order to prevent mistakes in hospitals and institutions and the system will also serve as a means of identifying that or information necessary. They are beginning to make finger-prints of five-day-old bables in order to prevent mistakes in hospitals and institutions and the system will also serve as a means of identifying that or information necessary. Chile was the first South American state to construct rateways. never saw a sunset like that in this attached. sample book, showing weights and textures, write STANFIELD'S, LIMITED, TRURO N.S. It wears longer