

## Terrible Headaches And Dizziness

Miss S. Raphael, 387 Kenilworth Ave., N. Hamilton, Ont., writes:—“I used to suffer from terrible headaches and dizziness. Last summer, while I was walking up a side street, I got a dizzy spell and fell in the middle of the road. An old gentleman helped me to get to where I was going and told me to get a box of Milburn's Laxative Pills. Well, I did, and they did wonders for me. I don't know how to thank you, as I don't get headaches or dizzy spells any more.”

“When your liver gets sluggish and inactive your whole health suffers, and the only way to keep well is to keep the liver active and performing its proper functions by using Milburn's Laxative Pills.”

Price 25c. a box. All dealers or mail order direct on receipt of price by The T. Millburn Co., Limited, Toronto, Ont.

## GIRL DEAD, SISTER DYING, AFTER CHEWING POISON WEEDS

Long Branch, N. J., April 13.—One girl is dead and her sister is dying as the result of chewing poison weeds they found in the woods near their home at Eatontown. Four-year-old Ruth Roberts died at a hospital here and her sister, Anne, eight, is reported near death.

Physicians, according to Governor Henry W. Hartman, are unable to diagnose the poisoning. The weeds are said to resemble potatoes in size and appearance. An effort is being made to obtain further samples of the weeds.

## How to Purify the Blood

Fifteen to thirty drops of Extract of Root, commonly called *Rhith* (Sage's Laxative Syrup), may be taken in water with meals and at bedtime, for indigestion, constipation and bad blood. Persistence in this treatment will give permanent relief in nearly every case. Get the genuine at druggists, 50c. and \$1.00 bottles.

## Rheumatism

A Remarkable Home Treatment  
Given by One Who Had It  
In the year of 1893 I was attacked by Muscular and Subcutaneous Rheumatism. I suffered only those who are thus afflicted know for over three years. I tried every remedy, but only temporary relief was obtained. Finally, I found a treatment that cured me completely and such a pitiful condition has never returned. I have given it to a number who were terribly afflicted, even bedridden, some of them seventy to eighty years old, and the results were the same as in my own case.

I want every sufferer from any form of muscular and subcutaneous rheumatism to know that I have tried the great value of my improved “Home Treatment” for its remarkable healing power. Don't send a cent; simply mail your name and address, and I will send it free to try. After you have used it, and it has proven itself to be that long-sought-for means of getting rid of such forms of rheumatism, you may send the price of One Dollar, but understand I do not want your money until you are perfectly satisfied to send it. Isn't that fair? Why suffer any longer, when relief is thus offered you free. Don't delay. Write today.

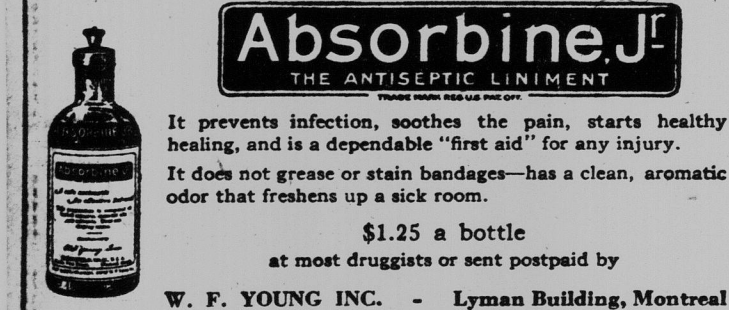
Mark H. Jackson, 158 J. Dunston Bldg., Syracuse, N. Y.  
Mr. Jackson is responsible. Above statement true.

## Saves so much Suffering

when you have ABSORBINE JR. handy in the medicine cabinet.

If the younger Children develop Toothache, Ear-ache or Sore Throat in the night, a little ABSORBINE JR. will soothe and relieve and send the sufferer off to sleep.

If accidents happen—a cut finger, burnt hand, sprained ankle, bruised arm, wrenched shoulder or bleeding cut—apply at once



## FEELING TIRED

Nearly all constitutions during the winter season experience an almost indescribable, but thoroughly understood, feeling of lassitude, a dull, languid, heavy debility which is extremely unpleasant and which, if neglected, lead to very serious consequences.

No remedy at present known has proved so successful in a case of this kind as

**DR. WILSON'S HERBINE BITTERS**  
A true Blood Purifier.

THE BRAYLEY DRUG COMPANY, LTD., St. John, N. B.

## BANDING SOLVES BIRD PUZZLES

Proves That Many Return to the Same Spot Year After Year

Mysteries of Migration—How Songsters are Able to Travel Vast Distances Still Unknown.

Studies of the habits of birds by bird-banding is now being carried on by the Biological Survey, Washington, D. C., through a corps of voluntary workers. Bird-banding is an attempt to follow the history of individual wild birds by securing a small metal band around the bird's leg which will be of no inconvenience to the wearer.

The studies have been taken over by the United States Government, was developed by the American Bird-Banding Association under the auspices of the Linnæan Society of New York, which society is now co-operating with the Government in its future development.

Some very interesting facts about the habits and lives of our American songsters are being found out by this method of investigation. At the invitation of the Bird-Banding Committee of the Linnæan Society, with headquarters at the American Museum of Natural History, Clifford H. Fungburn, a pioneer in bird-banding, has written the following paragraphs on this fascinating subject:

“For nearly fifteen years scientists have been engaged in renewed study of one of the most elusive and difficult fields of research, namely, the migration of birds. Of course, the studies have been principally concerned with the general movements of species of birds and not with the activities of any individual. It is difficult to arrive at satisfactory conclusions in any branch of science by a study so vague as the examination of the ordinary migration routes of species of birds. This is valuable and necessary information but it should be strengthened by knowledge as to the activities of definitely known individuals.”

“Every one who has ever lived in the country is familiar with the fact that the same pairs of birds apparently often return year after year and nest in the same, or approximately the same, sites which they have previously occupied. The principal difficulty, however, from the point of view of science, is that in not one case in a thousand, if in that many, can it be definitely known that the birds in question are actually the same that were there the previous year. Any individual bird of any given species so closely resembles all other birds of that species to the human observer that only in the case of some accidental characteristics such as some irregularity in the coloring can any one be certain that he is looking at the same bird which he was looking at on a previous year.”

“Even when an individual bird may be known to be positively the same one by some peculiarity of color or of song, this only affords information on the migration of many birds totally change their habits and their nesting places. As an example of the change in habits, practically all small birds and a good many of the larger ones, migrate at night, although at night many birds are killed flying against light-houses and other lighted places.”

“The mere passage from such distant points as Central South America

## The Coughs And Colds of Children

Only the mother knows how hard it is to keep the children from taking cold, they will get overheated and a cold and one thing the mother can't prevent.

A great many mothers are now giving their children

**DR. WOODS' NORWAY PINE SYRUP**  
It is pleasant and nice for them to take and relieves the cough and cold in a very short time.

Mrs. J. Wilson, 14 Prairie, Man., writes:—“I have used Dr. Woods' Norway Pine Syrup for my five children, a little girl, five years old, had a very bad cold last winter, which I thought was croup. I had some ‘Dr. Woods’ in the house so I gave it to her and she was fine the next day; also my baby, three months old, had a bad cold and I gave it to him. It cuts and brings up the phlegm, and is the best cough medicine I ever used.”

Price 25c. and 50c. a bottle; put up only by The T. Millburn Co., Limited, Toronto, Ont.

## You'll Get Rid of Blackheads Sure

There is one simple safe and sure way that never fails to get rid of blackheads, that is to dissolve them. To do this, get two ounces of peroxide powder, any drug store, sprinkle a little on a hot, wet cloth—rub over the blackheads briskly—wash the parts and you will be surprised how the blackheads have disappeared. Blackheads, little blackheads, no matter where they simply dissolve and disappear. Blackheads are a mixture of dust and dirt and secretions that form in the pores of the skin and peroxide powder and the water dissolve the blackheads so they wash right out, leaving the pores free and clean and in their natural condition.

“The Canadian flocks of small birds in itself a remarkable feat, but when the length of flights of single species is regarded, the birds in question are actually the same that were there the previous year. Any individual bird of any given species so closely resembles all other birds of that species to the human observer that only in the case of some accidental characteristics such as some irregularity in the coloring can any one be certain that he is looking at the same bird which he was looking at on a previous year.”

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## TELLTAL SYMPTOMS OF WOMAN'S ILLS

Every woman who suffers from backache, headache, dragging-down pains, nervousness, irregularities, displacement, or any other ailment, should recognize in such symptoms some derangement of her system. These conditions are often evidenced by a number of complex, dark circles under the eyes, lassitude and sleeplessness. For nearly fifty years Lydia E. Pinkham's Vegetable Compound has been pre-eminently successful in overcoming such conditions, and it is now recognized everywhere as the standard remedy for woman's ills.

**LABOR SHORTAGE AND ADVANCE IN WAGES**  
Boston, April 13.—The United States today appears to be faced with a labor shortage of more or less serious proportions. The shortage is the result of labor all over the country are advancing wage scales. The movement toward higher pay envelopes, which was started by the New England textile mills has spread to the steel plants, copper mines, and various manufacturing industries. While most large employers of labor doubtless have a friendly feeling for their help, this is not the primary reason for giving them more money. The big employers of labor are paying higher wages because they have to do so to keep their organizations.

In a broad way there is considerable competition for labor at the present time. The various labor organizations know this and are taking advantage of it to get higher wages for their members. A general wage advance such as now going on must of necessity mean higher production costs and eventually higher selling prices for goods. What the ultimate result of the movement which is now under way will be it is perhaps too early to say.

One of its results, however, is that rising wages and rising costs necessitate more working capital for the industrial concern than for the small business. This has already had the result of two prominent industrial concerns entering the market for additional capital within the comparatively recent past, to wit, the American Woolen Company and the Westinghouse Electric Company. Doubtless other industrial companies will find it needful to increase their working capital due to the higher price levels on which business is being conducted.

Archdeacon Crowfoot delivered an interesting lecture on Rome last evening in Centenary hall under the auspices of the W. M. S. of Centenary church. Rev. R. G. Fulton presided. A hearty vote of thanks was passed to the speaker at the conclusion of his lecture. F. A. Bell sang a solo very pleasingly.



**TROUBLE WITH A CAN-OPENER**  
“Timely use of Zam-Buk saved me from a bad attack of blood-poisoning,” says Mr. Jas. Davey, of 786, Ellice Avenue, Winnipeg.

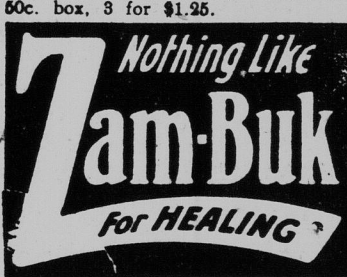
“In opening a can of lobster I caught the knifes to my right hand. I had no idea that the thing was going to be so serious until TWO DAYS LATER the arm, up to the elbow, suddenly became swollen and inflamed. Dreadful throbbing pains forced me to knock off work and return home.

“As soon as I got there I bathed the wound, then I freely applied Zam-Buk healing balm, which fortunately we always keep on hand. Zam-Buk was as soothing as ever and it soon caused all pain to vanish. Next day saw a week's perseverance with Zam-Buk cleared out the blood-poison completely and brought me back to normal work and health.”

**GET ZAM-BUK TO-DAY!**  
“Take the heart!” It may be just a simple cut, a scratch or a burn, but the danger of complications is always there. Never take chances with old-fashioned ointments! Get this herbal Zam-Buk ointment broken skin without delay. Zam-Buk not only cures pain and bleeding, but being powerfully antiseptic, it kills the dangerous disease germs and prevents many serious diseases, abscesses, eczema, ulcers, etc., from becoming serious.

“Zam-Buk is a great skin salve. It cures all sorts of skin diseases, such as eczema, ulcers, etc., from becoming serious.”

Col. Box 3, for \$1.25.



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## Begs For Culture In Our Education

Boston April 13.—Dr. Edward Howard Griggs, lecturer and author, speaking recently at the meeting of the New England Historical and Genealogical Society, declared that the highly specialized system of education in vogue today will defeat its own aims, unless it rests on the now neglected background of culture, the heritage of living history.

“We need,” he said, “a revival of general culture over specialized education. In our way of life, we are too specialized. One-half of all the world's knowledge has been lost in the past century, and the tendency is to specialize in a narrow limited field of this knowledge to make his work effective. The cry today is for ‘education for all,’ but the ‘education for all’ is the cry of the grammar grades this specialization is begun.”

“We have lost sight of the soul of what makes life worth while. Such specialization may defeat its own aim, because it is a narrow thing, except in relation to other things. A man cannot know Greek history unless he knows Roman, Egyptian, Syrian and other histories. In industry extreme specialization does not make of man even a good cogwheel. And his descendants must suffer because of the specialization.”

“Our technical schools are turning out marvelously efficient engineers, men for leadership, but uncultured. Their lack is not in the technical, but in the literary. They cannot even see that culture is desirable in another. I have seen groups of salaried literary men, and they have no regard for grammar. How many college presidents do you know who are cultured? They have much education but little culture to day.”

“How can we expect authors to rise more above this public. In newspapers, a young journalist is said to write beautiful, accurate English. He knows that what is wanted of him is sensational language, and why should he give what isn't wanted? Reading newspapers today is the prostitution of one's literary taste.”

“The average modern novel is little better than a literary opium. To give an example: Sherwood Anderson was given a prize of \$2,000 for his ‘Winesburg, Ohio,’ the literature of America. I read the book which won him fame, and found it a literary opium.”

## WILL FILED 30 YEARS TOO LATE

Estate of J. N. Bonaparte is Penalized 300 Per Cent on Inheritance Tax.

New York, April 13.—The estate of Jerome Napoleon Bonaparte, grandson of Jerome Bonaparte, brother of the first Napoleon, was appraised here this week, nearly thirty years after his death in Washington, D. C., on Sept. 3, 1898. The descendant described himself in his will as a native of Baltimore and a citizen of France. Because of failure to pay the inheritance tax within the time required, the estate must pay ten per cent a year penalty for thirty years, or 300 per cent on the total, but the share of the estate taxable in New York amounted to only \$29,079, and the total tax will be about \$1,000.

Col. Bonaparte, who was an officer in the French army, and a brother of the late Charles J. Bonaparte of Baltimore, at one time Attorney-General of the United States, left a New York estate consisting of a bank account of \$300 and 250 shares of New York Central stock.

He was married in 1871 to Mrs. Caroline Leroy Edgar, widow of Newbold Edgar, and granddaughter of Daniel Webster. She died at their home in Washington in November, 1911.

The delay in filing the will arose because it was overlooked, and only came to light after the death of his daughter, Louise Eugenie, the Countess de Moltke-Huitfeldt, of Denmark, at Biarritz, France, on Jan. 28 last.

Col. Bonaparte left a total estate of more than \$500,000, of which the bulk was in securities. He gave his wife the residuary estate for life, with the provision that on her death the estate was to be divided among his children, Louise, Leon, Joseph, and Marie, and Marie de Moltke-Huitfeldt.

The papers show that the will provided \$500 a year for Newbold Edgar and Webster Appleton Edgar, stepsons, who stood in the relationship of sons to Col. Bonaparte. The document also provided \$500 annually for a step-daughter, Mary Comstock, but Col. Bonaparte had revoked that later because she intended to enter a Roman Catholic convent.

Newbold Edgar, a New York lawyer, made an affidavit that his mother married Col. Bonaparte when she was nine years old and his brother was seven, and that they remained in his household here and abroad until he became a citizen of the United States and his brother the Naval Academy.

## 98 Out of Every 100 Women Benefited

An Absolutely Reliable Statement Important to Every Woman

Remarkable Results Shown by a Nation Wide Canvass of Women Purchasers of Lydia E. Pinkham's Vegetable Compound. — 50,000 Women Answer —

For some time a circular has been enclosed with each bottle of our medicine bearing this question: “Have you received benefit from taking Lydia E. Pinkham's Vegetable Compound?”

Replies, to date, have been received from over 50,000 women answering that question.

98 per cent of which say YES.

That means that 98 out of every 100 women who take the medicine for the ailments for which it is recommended are benefited by it.

This is a most remarkable record of efficiency. We doubt if any other medicine in the world equals it.

Think of it—only two women out of 100 received no benefit—98 successes out of a possible 100. Did you ever hear of anything like it? We must admit that we, ourselves, are astonished.

Of course we know that our medicine does benefit the large majority of women who take it. But that only two out of 100 received no benefit is most astonishing.

It only goes to prove, however, that a medicine specialized for certain definite ailments—not a cure all—one that is made by the most scientific process; not from drugs, but from a combination of nature's roots and herbs, can and does do more good than hastily prepared prescriptions.

You see, we have been making, improving and refining this medicine for over 50 years until it is so perfect and so well adapted to women's needs that it actually has the virtue to benefit 98 out of every 100 women who take it.

It's reliability and recognized efficiency has gained for it a sale in almost every country in the world—leading all others.

Such evidence should induce every woman suffering from any ailment peculiar to her sex to try Lydia E. Pinkham's Vegetable Compound and see if she can't be one of the 98

THE LYDIA E. PINKHAM MEDICINE CO.,  
Cobourg, Ont. and Lynn, Mass.

## TORONTO WILL PAY COURT TO QUEBEC

The Toronto Board of Trade has chartered the steamer Cape Eternity for an eight-day cruise to the St. Lawrence and Saguenay Rivers, leaving Toronto on Thursday, June 14, next.

Arrangements are being made for those taking part in the cruise to view the battle site of the Battle of the Thousand Islands. Also the sites of the power development scheme reported upon a short time ago by the International Joint Waterways Commission.

A visit will also be made to Three Rivers and Quebec, where a full day will be spent in the city of Quebec as well as in the city of Montreal, and the entire cruise will be a most interesting one.

It is expected that invitations will be extended to representatives of Boards of Trade and Chambers of Commerce throughout the province, so that representative business men from all over Ontario will take part in the visit to the St. Lawrence and Saguenay Rivers.

The party will probably number over two hundred, and already almost this number of members of the board and their ladies have made reservations.

## TWO ILLS TOGETHER.

Remedy for Toothache Indirect Cause of Fire.

Montreal, April 13.—How a woman's aching teeth were indirectly responsible for an outbreak of fire at 494 Leval Avenue, on April 2 at 4:12 p.m. in premises occupied by Mrs. Ernest Lambert and Mrs. Maurice Gouin, was related to Commissioner W. F. Ritchie in the Fire Commissioner's Court when he made an investigation into the circumstances. Mrs. Gouin testified that on the afternoon of the fire her teeth were aching.

Indigestion and practically all forms of stomach trouble, say medical authorities, are due nine times out of ten to an excess of hydrochloric acid in the stomach. Chronic “acid stomach” is exceedingly dangerous and sufferers should do either one of two things.

Either they can go on a limited and often disagreeable diet, avoiding foods that disagree with them, that irritate the stomach and lead to excess acid secretion of the stomach, or they can take a little Bismarck's Magnesia at their meals.

There is probably no better, safer or more reliable stomach antacid than Bismarck's Magnesia and it is widely used for this purpose. It has no direct action on the stomach and is not a digestant. But a teaspoonful of the powder or a couple of five grain tablets taken in a little water with the food will neutralize the excess acidity which may be present and prevent its further formation. This removes the whole cause of the trouble and the meal digests naturally and healthily without need of pepsin pills or artificial digestants.

Get a few ounces of Bismarck's Magnesia from any reliable druggist. Ask for either powder or tablets. It never comes as a liquid, milk or citrate and in the bismarck form is not a laxative. Try this plan and eat what you want at your next meal and see if this isn't the best advice you ever had on “what to eat.”

## “I Had Terrible Backache From Kidney Disease”

Mrs. M. A. McNeill, Coan Sta., N.B., writes:—“I was troubled for years with terrible backache, resulting from kidney disease. At times in each month I remained in bed, the pain was more than I could stand, and to walk was almost impossible. I used about \$50.00 worth of other medicines, but with little results. Now I am completely better, after using only five boxes of Dr. Chase's Kidney-Liver Pills.”

## Dr. Chase's Kidney-Liver Pills

One pill a dose, 25c. a box. All dealers, or Edmondson, Bates & Co., Ltd., Toronto

were causing considerable trouble, and in order that she might ease the pain she purchased a bottle of iodine. Having uncorked the bottle containing the liquid Mrs. Gouin placed it on the edge of a sofa, and for some reason the bottle fell on the floor. The iodine soaked a part of the carpet. At the moment the bottle fell Mrs. Lambert happened to be entering the store which was near the sofa, and while doing so a spark ignited the iodine, setting the sofa and carpet on fire. With the aid of buckets of water and assistance from a neighboring store the fire was extinguished, however, before any considerable damage was occasioned—a fur coat and the sofa being slightly damaged. Sometime after the incident the two women left the premises only to find on their return that the fire had broken out again, the fur coat together with many articles being completely destroyed.

## HAVE KIDNEYS EXAMINED BY YOUR DOCTOR

Take Salts to Wash Kidneys if Back Pains You or Bladder Bothers.

Flush your kidneys by drinking a quart of water each day, also take salts occasionally, as a noted authority who tells us that too much rich food forms acids which almost paralyze the kidneys in their efforts to expel it from the blood. They become sluggish and weak; then you may suffer with a dull aching in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sour, tongue is coated, and when the weather is hot you have rheumatic twinges. The urine gets cloudy, full of sediment, the channels often get sore and irritated, obliging you to seek relief two or three times during the night.

To help neutralize these irritating acids, to help cleanse the kidneys and flush off the body's urinous waste, get four ounces of Jad Salts from any pharmacy here; take a tablespoonful in a glass of water before breakfast for a few days, and your kidneys may then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for years to help flush and stimulate sluggish kidneys; also to neutralize the acids in the system so they no longer irritate, thus often relieving bladder weakness.

Jad Salts is inexpensive; cannot injure, and makes a delightful effervescent lithia-water drink. By all means have your physician examine your kidneys at least twice a year.

## TELLS DYSPEPTICS WHAT TO EAT

Avoid Indigestion, Sour Acid Stomach, Heartburn, Gas on Stomach, Etc.

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## SAYS RED PEPPER HEAT STOPS PAIN IN FEW MINUTES

Rheumatism, lumbago, neuritis, backache, stiff neck, sore muscles, strains, sprains, aching joints. When you are suffering so you can hardly get around, just try Red Pepper Rub. Nothing has such concentrated, penetrating heat as red peppers, and when heat penetrates right down into pain and congestion relief comes at once. Just as you apply Red Pepper Rub you feel the tingling heat. In three minutes the sore spot is warmed through and through and the torture is gone.

Rowles Red Pepper Rub, made from red peppers, costs little at any drug store. Get a jar at once. Be sure to get the genuine, with the name Rowles on every package.