

in its development; an immortal soul whose life-song shall be "*Excelsior*," onward and upward, in returning to go to God, innocent as it came.

The mother who suckles her infant should have a healthy disposition of mind and body. Much depends upon her digestion, for this influences her mind; (moderate exercise, healthful recreation, and nourishing food are the desiderata.) Fellows' Compound Sirup of Hypophosphites is a great boon to her, — creating an appetite, assisting in the assimilation of the extra amount of nourishment which the dependent life demands; and, by thus strengthening the *body*, it enables the *mind* to bear cheerfully the many little every-day cares of a woman's life. An overworked, "played-out," nervous nurse is mirrored in a fretful, peevish baby.

Again: should the mother be strong and well, and the infant still be weakly, its lungs delicate, prone to congestion or bronchitis, Fellows' Hypophosphites administered in small doses, or with cod-liver oil, as per directions accompanying each bottle, secures the happiest results, entirely subduing all irritation of chest and lungs, and causing the child to speedily increase in healthy flesh and muscle. This Hypophosphites, by increasing the vital force, will strengthen the brain, — the dawning intellect, — which is constantly worked at "high pressure" by its natural inquisitiveness.

The training of a child cannot begin too early, whether it be directed to the formation of its disposition, its integrity, its habits of life, or laying the foundation for a good healthy individual. Referring to the latter, we would call special attention to the fact, that when the constitution is