

NEWS OF SPECIAL INTEREST TO WOMEN

SKYSCRAPER FOR ADELAIDE CORNER

Excelsior Life Assurance Company Finishing Plans for New Home.

TO BE TWELVE STOREYS

Tenants Receive Notice to Move — Will Cost Half Million.

Plans are now practically complete for the Excelsior Life Building, to be built on the northwest corner of Toronto and Adelaide streets. It was originally proposed as a ten-story structure but has been enlarged to a twelve-story building to cost at least a half million dollars.

At present the insurance company is located on Victoria street, in the area to be taken in for the enlargement of the general postoffice and a move was imperative when the government's plans were announced. The site plans were announced last December when the tenants who are being forced to move from the property in R. M. Melville, who has secured a lease on ground floor space in the Canada Permanent Building recently occupied by Smith, McKenzie & Hall, speaking to the Excelsior Life said an officer of the Excelsior Life said that the building would be called in a few weeks, and by the 1st of July demolition work of the present structure would be completed. The company had not taken over the property on Toronto street, but south of the corner as announced, he explained that several leases had long expired to run, and as the building was needed as soon as possible it was decided that this property would not be built on.

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MUSICAL IN NEWMAN HALL.

A musicale will be held this afternoon in Newman Hall, 97 St. Joseph street, the hostesses being Mrs. Amahop and Mrs. J. McCarron. The following artists will entertain the guests: Paul Hahn, Miss Patricia Brant, Paul Arrington and Miss Edith Walsh. Refreshments will be served in the library and dining-room.

CANADIAN CADET TOURNAMENT.

Entries closed on Monday for the cadet tournament to be held at the arena on May 1 and 2, and the list includes more outside teams than last year. In some of the competitions the number of teams is too large to enter this all to be judged at the regular performances, and some preliminary judging and weeding out will have to be arranged for.

HE'S NOT THE ONLY HARD UP AUTHOR.

Answering a charge of vagrancy in the police court yesterday, Honore Prouse pleaded that he had no money and was begging from people in Rosedale in an effort to obtain material for a new novel. He was remanded for a week, and if his wife will appear he will be allowed out on bail.

VISITED PICTURE EXHIBIT.

An exhibition of over one hundred and sixty pictures, loaned by the Herlin Art Photographic Company, was held yesterday afternoon from 2 to 5 o'clock in Oakwood High School, St. Clair avenue, when parents and friends of the pupils were invited. Afternoon tea was served in the domestic science room. The visitors also inspected the school under the supervision of Principal Gray and the staff of the institute.

MEMORIAL STONE TO LADY OSLER.

The ceremony of placing the memorial stone to Lady Osler, which is to mark the formal opening of the new wing of Georgia House, the home for women workers on Beverley street, will be performed by Sir Edmund Osler on May 22nd at 10 o'clock.

NERVOUS DISEASES IN THE SPRING.

Cured by Toning the Blood and Strengthening the Nerves.

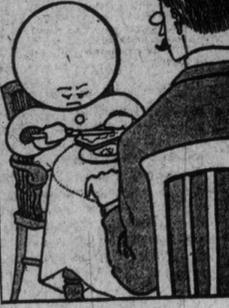
It is the opinion of the best medical authorities, after long observation, that nervous diseases are more common and more serious in the spring than at any other time of the year. Vital changes in the system, after long winter months, may cause spring weakness and weariness from which most people suffer as the result of indoor life, in poorly ventilated and often overheated buildings. Official records prove that in April and May neurasthenia, St. Vitus' dance, epilepsy and other forms of nerve troubles are more numerous than at any other time, a blood-making nerve-restoring tonic is needed.

The antiquated custom of taking purgatives in the spring is useless. The system really needs strengthening, while purgatives only gallop through the bowels, leaving you weaker. Dr. Williams' Pink Pills are the best medicine, for they actually make the new, rich, red blood that feeds the starved nerves, and thus cure the many forms of nervous disorders. They cure also such other forms of spring cure as headaches, poor appetite, weakness in the limbs, as well as remove unsightly pimples and eruptions. In fact they unfailingly bring new health and strength to weak, tired and depressed men, women and children.

Sold by all medicine dealers or by mail for 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

GOOPS

By GELETT BURGESS



Arthur Stead
I saw a Goop named Arthur Stead Put too much butter on his bread: He smeared it wide, he smeared it thick— A vulgar and unpleasant trick! He does the same with jam and sauce: I call such table manners coarse.

Don't Be A Goop!

AND NOW WE HAVE THE TANGU CURL.

'Tis a Little Lock of Hair, Curled and Pressed Hard Against the Cheek.

There is a new Raglan coat fashioned along the lines of the English Balmacean sports coat, effectively designed in polo cloth, covert, or heavy serge. It is practical, serviceable and extremely chic, showing the flare skirt effect, large atch pockets, loose raglan sleeves and roll collar. Worn over a rough, large check, waistcoat, or even used as a wrap for light frocks it is equally attractive.

For tailor wear, salons are much in vogue, the "jockey"—a very new type turban. The brim of the jockey sailor tapers toward the back and the stopping crown is banded with ribbons, richly brocaded with velvet roses. The newest Watteau models also call for exquisite ribbon and floral decoration. Are not these the most alluring things that Dame Fashion is fast becoming reconciled to the absence of the one-time popular cigarette. With such extreme varieties ruling in the millinery world, the coiffure, too, must necessarily be subject to a varied treatment. For the straight brimmed sailor or the hair must be drooped over forehead and ears, but simply dressed at the back. But the donning of the "dresy" hat permits a marvelous display of the fashionable new combs, pins and barrettes, so richly thrust into softly waved tresses. Where the coil is high the ear lobes and a little of the forehead again come into view, but without the presence of the tangoette curri.

Never did one word fulfil so many requirements as that one word tango! The dance has not only influenced the dress of the entire universe, but now, by taking a lock of hair, curling it and gluing it to the cheek, your very own hair becomes tango. Hair styles borrowed from all eras, some of the most popular including the early Victorian-coiff, the Spanish head-dress, the Casque tango, the double pompadour. The pompadours are no longer stiff, but are drooping and lower. Curled bangs are much in evidence and broad jeweled bands are used to divide the pompadours.

LADY GIROUARD WILL LIKELY GET DIVORCE

Canadian Associated Press Cable. LONDON, April 24.—In the divorce division today, the undefended petition of Lady Girouard against her husband, Sir Edward Percy Girouard, for restitution of conjugal rights, was granted. Sir Percy is a Montrealer, who achieved fame in military and railway engineering in Africa, and as an administrator in Nigeria and East Africa. He has also a splendid campaign record. His wife is a daughter of the late Sir Richard Solomon, and they were married in 1892.

BETTER THAN SPANKING.

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W. 65, Windsor, Ont., will send free to any mother her successful home treatment, with full instructions. Send no money but write her today if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people with urine difficulties by day or night.

DAMAGE CLAIM FORMS PART OF DAVIS ESTATE.

In the will of the late Alexander John Davis, 12 Imperial street, who died on April 12 after being hit by a Canadian Transfer Company's traction on April 10, is a claim for \$50 against the company for his death. The estate is valued at \$2,655 and probate of the will was granted in the surrogate court yesterday. Annie Davis, his widow, receives \$2,155 and Hannah Davis, a daughter, gets \$500 insurance money.

KNIGHTS OF ST. JOHN BAZAAR.

The fancy fair and bazaar being conducted by the Knights of St. John of this city will open on Monday evening, April 27th, in Oddfellows' Hall, Bathurst street, and continue each evening, ending with an at-home on Thursday evening, April 30th.

There will be a complete change of the musical program each evening.

EFFICIENT HOUSEKEEPING BY HENRIETTA D. GRAUEL DOMESTIC SCIENCE LECTURER

QUICK BREADS

QUICK breads are distinguished from yeast bread mixtures that require a long time to prepare. They include biscuits, muffins, popovers, griddle cakes and the like.

The most popular of breakfast breads are popovers. The recipe for six is one cup of flour sifted with fourth of a teaspoon of salt, two eggs, white and yolk beaten separately until very light, one cup of milk.

Set the popover cups on the stove to heat while you mix the batter. Sift the flour and salt into a bowl; make a well in the centre and add the eggs and milk. Stir, with gradually widening circles, until the batter is smooth. Butter the cups or tins and make thirty minutes. The oven heat should be gradually increased from the time the popovers are put in until they are well risen, when they should be baked evenly until done.

To grease baking cups, tins and rings, use a pastry brush kept especially for this purpose; this gets into all the corners as a cloth cannot. Popovers are expanded by the action of heat on the liquid and air pockets in the beaten eggs. Muffins and biscuits are raised with baking powder or with soda and sour milk.

Learning the proper mix, but more important is it to understand the nature of the articles used. Eggs give richness to mixtures and when they are well beaten, they take the place of other leavening agents. Fat shortens all flour mixtures; take the place of the finest flour, but best suited, serves equally well for many things. Lard is too greasy for delicate breads. A shortening mixture of beef suet and lard can be mixed at home and always gives satisfaction.

Recipe for the biscuits: Sift three teaspoons of baking powder into two cups of flour, add salt, then rub one tablespoon of shortening into the above, or cut it in with a knife. This mixing should make the flour and fat look like coarse meal when nicely done.

Pour about three-fourths of a cup of milk into the mixture and mix gently until all is slightly moistened. Turn the mass on a floured board and pat out into an inch sheet with the hands. Cut into rounds with a biscuit cutter. Bake twelve minutes in a hot oven.

Richer biscuits are made by adding more butter. If a glossy top is liked brush each biscuit over with egg and milk before baking. A study of baking powder will help anyone with the work of baking, but sometimes it is sprinkled into the mixtures after all other ingredients are in. Degrees of heat for baking can only be learned by experience.

Plain muffin recipe: This is precisely like the recipe for tea biscuits except the shortening is melted in the milk and then both are cooled. Enough milk is added to make a drop batter instead of a dough.

Egg muffins are made in the same manner as above except two or three beaten eggs are added to the milk and melted butter. The muffin pans must be hot and well buttered when the batter is poured in.

GOOD WORK DONE BY CAMERA CLUB

Opening of Eleventh Salon Calendered for Monday—Gold Medal to Holland Amateur.

The president, officers and members of the Toronto Camera Club have announced the opening of their eleventh salon, to take place in the club rooms, 2 Gould street, April 27 to May 2, inclusive, and have also invited a number of prominent photographers and press representatives, at which 444 prints, showing what amateur photography can accomplish, were shown. The club has also presented a silver medal to a study of a plowman and his horses that resembled a handsome painting. The portraits were painted by one of the club members, and a naturalness of pose.

The study of "An Old Lady," which captured the gold medal, displayed the true beauty of wrinkles multiplied by smiles and happy thoughts.

C. F. A. WILL ESTABLISH CENTRAL MEDICAL BUREAU.

A result of the twentieth congress of the Canadian Fraternal Association will be the establishment of a central medical bureau, to deal with rejections and impaired risks. In this way a man who has been rejected by one society will not be able to put another society to the expense of an examination.

The officers elected for the coming year were: President, Dr. John Ferguson; vice-president, Dr. W. S. Hartigan; secretary-treasurer, W. J. Montague; councillor, Lyman P. Lee, and chief medical secretary, Dr. Milman. John H. Bell, the retiring president, was made the recipient of a handsome Morris chair.

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WILD FLOWERS

CONDUCTED BY RACHEL R. TODD

False Solomon's Seal

Smilacina Racemosa. "With costly spikenard, and with tears,"—Tennyson.

The False Solomon's Seal is one of our commonest wild flowers, well known to quite a few of the school children. The name is given to it because of its close resemblance to its cousin, the True Solomon's Seal, although to be sure, it does not possess the characteristic root of polyanthus biflorum, nor the greenish, lily-of-the-valley-like twin flowers from the leaf-axils.

False Solomon's Seal is often called wild spikenard because its terminal cluster of small, white flowers, faintly fragrant, resemble the blossoms of that ancient plant, the spikenard, of Bible fame.

By its terminal blossoms, by its zig-zag, slender green stem, not unlike that of the well-known "Wandering Jew," by its long, fleshy, white root-tubers, on north hillside, growing barely ten inches high, you will find either one or other of these two members of the lily-of-the-valley family. As a rule, the True Solomon's Seal blossoms a few weeks earlier than the False Solomon's Seal.

As in the former case berries are formed after the blossoms fade away, in this case, the berries being round, pale red, speckled and aromatic. These form rather late in August. Do not forget that the berries of the True Solomon's Seal are deep blue-black. "By their fruits shall ye know them."

Do not disturb or pull off any withered stalks left over from last fall. Those should have been cut down last fall. Try to pull these dead stalks off, now. The result will be that a fine fat red flower-bud is sure to be pulled up as well. And plenty of moisture for those peonies, all year this month.

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THE GARDE

CONDUCTED BY RACHEL R. TODD M.D.

Be Careful of the Perennial

I think this talk must be a talk on "Don'ts," because just now there are so many things a beginner and those who were beginners last year, must not do when commencing their work for the spring.

For instance, if you want your bed of lily-of-the-valleys to flower well this spring (or indeed to flower at all), don't disturb one single root. After the blossoms have withered you may follow the instructions for transplanting that will be given later.

It is interesting to note that in both cases the blossoms are visited by bees, flies, and several varieties of small insects, while late in summer the birds feast upon the red speckled berries of the one and the blue-black berries of the other. Thus are the seeds of both plants scattered, the

Let that empty bulb bed air well, turning over every bit of soil before planting fresh stock in it.

Do not disturb your irises if full bloom is wished for this spring. Afterwards, divide your iris clumps into single roots, to obtain more and larger bloom next year, unless a clump effect is desired.

Do not let your borders of forget-me-nots remain too high out of the ground. Those forget-me-not roots have the strangest way of pulling themselves up out of the deep soil, and so exposing the short thread-like single roots, to a possible dry spell. And don't clear away all the apparently dead and blackened strands that look as if they have been charred in a hot fire. In a few days hundreds of brilliant young shoots will peep out of those black strings. Shake some fine soil over them.

Don't forget, also, while you are shaking this fine soil around, to take a good look at other perennials. You will be amazed to find quite a few roots that are almost out of the ground. Just try to worry out by yourself, when you have time, what made them come up in that fashion.

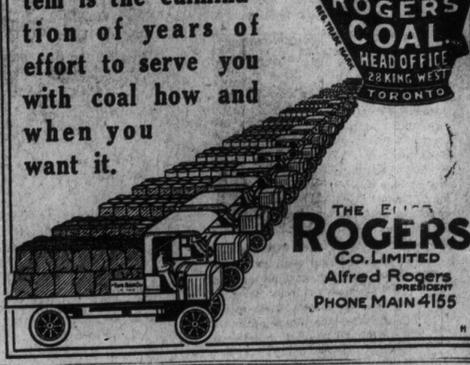
If your garden pinks look unkempt and straggly, and especially if they are sprouting all over the ground, they need to be well heeled up with plenty of earth around the roots. Don't attempt to pull them about much, because you will find many of the apparently healthy strands come right away in your fingers, because the stem has rotted off (thru improper protection from frost) just at the level of the soil. Don't throw that strand away. Plant it deep in the earth. It has no roots, of course, but that does not matter a bit, because in a week or so it will send out new roots.

To be Continued.

SUIT OVER A NAME.

Justice Middleton in the non-jury assizes court yesterday reserved judgment in relation to the injunction asked by John W. Cox and Maxwell Andrews, of Cox and Andrews, sign painters, restraining William J. Rennie, sign painter, from using the word Cox, as he now goes in the form of Cox & Rennie.

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LADIES

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SEMONS AT ST. ALBAN'S.

At St. Alban's Cathedral tomorrow, Rev. Dr. J. Paterson Smyth will preach in the morning, and the newly-constituted Bishop of Edmonton, Right Rev. Dr. Gray, will preach in the evening. Bishop Sweeney has gone to Ottawa to take part in the missionary campaign and will preach in that city twice.

Rev. G. F. Saywell, for some time past assistant curate at St. Anne's, was licensed yesterday to the assistant curacy of the Church of the Redeemer.

BABY'S OWN TABLETS KEEP LITTLE ONES WELL

Mothers, if you wish your little ones to be well, if you wish them to be bright, active and happy, free from colds, worms, constipation, and the many other childhood ailments, give them Baby's Own Tablets. These Tablets never fail to make the sickly child well. Concerning them Mrs. Alphonsa Laundry, Upper Carleton St., E., writes: "Baby's Own Tablets have done me great help to me in keeping my little ones well and I can recommend them to other mothers." The Tablets are sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.

"Watch Her Eat!"

She used to leave half of her food till I let her chew clean - pure - healthful



WRIGLEY'S SPEARMINT

It gives her an appetite. She likes it better than things not good for her and it costs me less. 'The Beneficial Confection' is a delicious pastime that improves teeth, appetite, nerves and digestion."



Be SURE it's Wrigley's BUY IT BY THE BOX

of twenty packages. It costs less—of any dealer—and stays fresh until used.

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