

**Learning in luxury**

A modern training centre in Mont Ste-Marie, Quebec offers refresher courses for employees in governments and industry which are designed to impart to employees a maximum amount of information in a minimum amount of time.

The centre, operated by Cantrakon Incorporated, a privately-owned Ottawa company, also provides a series of related services in Canada and abroad.

**Woodland setting**

Cantrakon's Mont Ste-Marie training and conference centre, which opened in 1976, is located in a charming woodland setting amidst the lakes and mountains within 100 kilometres from Ottawa. The centre provides facilities designed to make the time spent there by its clients as pleasant and as worthwhile as possible. All services necessary to hold training courses, conferences, seminars and study sessions are available.

The 175-seat auditorium has a control booth, film and slide projectors, remote-control lighting and simultaneous interpretation equipment. In the 12 conference rooms there are overhead projectors on interchangeable tables, television screens, blackboards, microphones and pleasant lighting.

Customers may choose rooms which are theatre style, boardroom style, U-shape or other styles. There are also several offices for use by the employees on courses.

In the technical centre, the staff is available at all times to provide monitor screens, videocopiers and equipment required for broadcasting tape recordings in



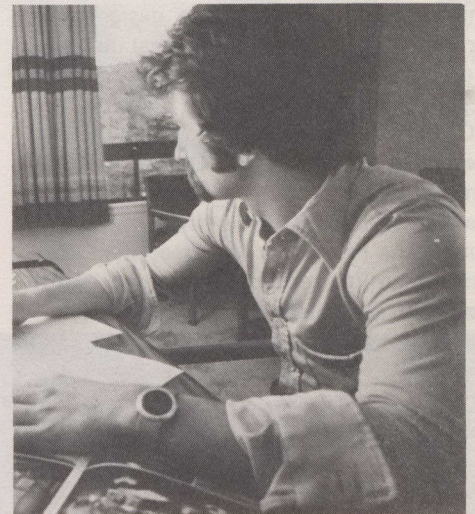
*The luxurious inn L'Abri and the Cantrakon training centre. The jointly-owned living quarters are in the foreground.*

rooms with television sets. A variety of aids are available from the audio-visual service including overhead projector transparencies, slides, prints, posters, accessories for flip charts, and other materials for presentations. Photographs can be developed quickly at the centre and the minutes of meetings can be reproduced the same day.

L'Abri, the 138-room inn, provides luxurious on-site accommodation. The facilities include a gymnasium, saunas, whirlpool bath and cross-country ski and jogging trails around the inn. Depending on the season, there is a choice of alpine or cross-country skiing, golf, fishing, tennis, canoeing, sailing or walking.

**Used by varied organizations**

Among the many organizations which have made use of the centre are: Sun



*In each bedroom is a closed-circuit TV.*

Alliance Insurance, the Canadian Institute of Public Administration, General Electric, the Quebec Association of Law Professors, the Science Council of Canada, Bell Canada, Dupont Canada, Northern Telecom, Systemhouse Limited and the City of Toronto. For the most part reaction by these companies has been very favourable. Trainees from Téléforce, another client, summarized the facilities as "excellent".

Cantrakon is planning to open other such centres in the Toronto, Calgary and Vancouver areas.

**Other services**

In addition to the operation of the Mont Ste-Marie centre, Cantrakon acts in an advisory capacity for other centres or future centres. Cantrakon will even take full charge of the construction of facilities from the planning stage to completion if a client so desires.



*A technician at work in one of the control rooms.*