

so far advanced as to have to be sent to the asylum, so that outside of the alienists the medical profession knew little of these diseases of the mind. The practice of confining insane persons in jails and police stations was brutal and inhuman. There was one question which the people of Canada should take up more actively and that was the training of the body as well as the minds of the children.

The medical profession could not but recognize the fact that physical as well as mental training were essential to national development. When Greece was at the height of its glory this was one of the first laws of the country, and to-day in Sweden the matter was being taken up actively and intelligently. In the opinion of the speaker, boys between the ages of 14 and 18 years of age could not do better for themselves than to spend three months of the summer in the country under military discipline. Now they loaf about the theatres or in the parks where they get a low ideal of sports as they are now carried on. A sound, healthy constitution and a willingness to obey orders were learned by boys under military training, and these were matters which a nation could not afford to ignore. At the present time Canada is far behind the nations of the world in social and other development. An excuse was made that the country was young, but that excuse should not have to be made. For instance, in the study of the handling of tuberculosis, Canada ranks very low and has made but little real progress. As a starter school teachers should be paid better than starvation wages when better teachers would be induced to stay in the ranks. The country must afford it. People should give up a few of their luxuries if necessary, and there were huge sums spent on public work which was not nearly so important. It means the development and growth of the children of the nation. Advanced education is all well enough but it is not so essential. And then this advanced education is the reason for a great many failures and social misfits. There should be an awakening of public interest in the public health. At the present time hundreds of thousands of dollars would be subscribed for the treatment of a disease, but it was impossible to raise anything for the prevention of a disease. This could not be better evidenced than in the hiring of cheap, inefficient men to fill the posts of city engineer or medical health officer. The men in these positions should be the best available. The children in the public schools should be medically examined by competent men either at the expense of the parents or if necessary, of the state.