CANADA

MEDICAL RECORD

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NOTES FROM THE CLINIC OF DR. F. W. CAMPBELL.

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Headaches of nasal origin generally are present when the person awakens in the morning. Ocular headaches (and oculists claim that 80 per cent. of all headaches are ocular) come on later in the day after using the eyes—particularly much reading.

Painting the cracked nipples of nursing women with the white of an egg or applying a lotion of 20 grains of tannin to an ounce of glycerine (Price's) will often cure them. Both should be applied three or four times a day with a camel's hair pencil (brush).

A condition of general nervousness, sleeplessness, ringing in the ears, vertigo and spinal irritation is frequently due to an excess of uric acid in the blood, and can be often successfully combated by the persistent use of alkalithia.

The vomiting of pregnancy is always annoying, frequently causes marked emaciation, may produce abortion and at times may place the patient's life in jeopardy. Among the internal remedies are oxalate of cerium (a favorite of the late Sir Jas. Simpson) ingluvin, drop doses of vin ipecac. Massage of the stomach and duodenum night and morning will often relieve. In severe cases, paint the os uteri with a 20-grain solution of nitrate of silver.

Massage of an infant's bowels is most useful in infantile constipation.

All infants up to the age of at least two years ought to