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Sick Headache,  
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All Liver Disorders.

RADWAY'S PILLS are purely vegetable, mild and reliable. Cause perfect Digestion, complete absorption and healthful regularity.

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To the Editor :-  
I have a positive Remedy for Fits, Epilepsy or Falling Sickness. By its timely use thousands of hopeless cases have been cured.

So proof-positive am I of its power, that I will send a Sample Bottle Free, with a valuable Treatise on this disease, to any of your readers who are afflicted, if they will send me their Express and Post Office Address.

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## Freehold Loan & Savings Co.

DIVIDEND NO. 73.

Notice is hereby given that a dividend of 3 per cent. on the Capital Stock of the Company has been declared for the current half-year, payable on and after the first day of June next, at the office of the Company, corner of Victoria and Adelaide Streets, Toronto.

The Transfer Books will be closed from the 17th to the 31st May, inclusive.

Notice is hereby given that the General Annual Meeting of the Company will be held at 2 p.m. Tuesday, June the 2nd, at the office of the Company, for the purpose of receiving the annual report, the election of Directors, etc.

By order of the Board,  
S. C. WOOD,  
Managing Director.

Toronto, 22nd April, 1896.

## The Parisian Steam Laundry Company,

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REGULATE THE STOMACH, LIVER AND BOWELS AND PURIFY THE BLOOD.

RIPANS TABLETS are the best Medicine known for Indigestion, Biliousness, Headache, Constipation, Dyspepsia, Chronic Liver Troubles, Dizziness, Bad Complexion, Dysentery, Offensive Breath, and all disorders of the Stomach, Liver and Bowels.

Ripans Tablets contain nothing injurious to the most delicate constitution. Are pleasant to take, safe, effective, and give immediate relief.

Price - 50 cents per box. May be ordered through nearest druggist, or by mail.

THE RIPANS CHEMICAL CO.,  
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## Notice to Presbytery Clerks.

PRESBYTERY Clerks and others, having communications to make regarding the business of the General Assembly, are asked to forward their correspondence to the undersigned, at 68 St. Famille Street, Montreal.

ROBERT CAMPBELL,  
Clerk of Assembly.

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## HEALTH AND HOUSEHOLD HINTS.

Add a little gum arabic to boiled starch, which will give it a lustre.

The white of an egg beaten to a stiff froth and whipped up with juice of a lemon, relieves hoarseness at once, taken by the teaspoonful half-hourly.

The juice of a lemon will whiten frosting, strawberry juice will color it pink, and the grated rind of an orange strained through a cloth will color it yellow.

Canned tomatoes are more delicious baked than stewed. About ten minutes before removing from the oven, spread buttered bread crumbs over the top.

If you want to keep the girls at home, make home attractive for them. Decorate their rooms, give them books, and don't ask them to perform too many of the disagreeable tasks.

Every housekeeper should have a pair of reliable scales in the house. Enough is saved through the detection of short weights to pay for a pair of scales within a few months. Do you ever weigh the butter, the meat, or the lard you buy?

Doughnuts.—Three eggs, one cup of sugar, one pint of new milk; salt, nutmeg and flour enough to make the spoon stand upright in the mixture; add two teaspoonfuls of baking powder and beat until very light; drop by the dessertspoonful into boiling lard.

Fruit Corn Muffins.—Take two cups grains of gold, one cup white flour, four teaspoonfuls sugar, one-half teaspoonful salt, two teaspoonfuls baking powder, one table-spoonful butter, two eggs, one and a half cupful milk, one cupful of any kind of fruit, peeled and sliced. Bake in a hot oven 20 minutes in muffin pans.

Antidote for Poison Ivy.—It is well to know that wood ash is an antidote to poison ivy. Boil wood ashes in a bag a few moments; dilute so that it will not be too harsh, yet leave it quite strong. Paint with it the afflicted parts, and in ten minutes wash off with soft, tepid water and anoint with vaseline. Repeat till a cure is effected.

Boned Chicken.—Boil a young fowl until tender; remove the meat from the bones, chop fine and season with pepper, salt and butter, and pour over it the liquor that the chicken was cooked in, which should be boiled down to a jelly; put it in a basin and press down with a weight until it is cold; keep in a cool place. Slice with a very sharp knife.

Angel Food.—Dry and sift 4 ounces of fine flour with a teaspoonful of cream of tartar; beat the whites of eleven eggs to the stiffest possible froth, and mix them lightly and quickly with 12 ounces of sifted sugar; now stir in the flour, add at the last a teaspoonful of rose or orange flower water (this is a matter of taste), and bake in an unbuttered pan for 45 minutes, in a moderate oven. When baked lift the cake out of the oven, turn the moulds upside down, on a reversed sieve, and leave it till the cake drops out of itself.

Almond Cake.—Beat half pound of butter to a cream with rather more than 12 ounces of castor sugar; when this is quite creamed work in carefully, one or two at a time, one pound of eggs (this is about eight or nine, but it is best to weigh them); now work in 14 ounces fine flour mixed with a short teaspoonful of baking powder, 1½ ounces ground almonds, and a few drops of essence of almonds. Mix well and quickly, and bake at once in well papered hoops or tins, with some shredded almonds sprinkled over the top. If baked in one pound tins these cakes take 35 minutes, if in two pound tins they will require 50 minutes.

Do not take any substitute when you ask for the one true blood purifier, Hood's Sarsaparilla. Insist upon Hood's and only Hood's.

## ANNUAL MEETING.

Pursuant to the Act of Incorporation, notice is hereby given that the 26th annual meeting of the

## Ontario Mutual Life Assurance Co.

will be held in the

Town Hall, Waterloo, Ont.,

on Thursday, May 28th, 1896,

at one of the clock, p.m.

WM HENDRY,

April 20 h, 1896.

Manager.

## ICE CREAM Wholesale and Retail...

SPECIAL RATES FOR PICNIC'S.

Also a large assortment of CAKE and CONFECTIONERY.

BREAD DELIVERED TO ALL PARTS.

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