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HOUSEHOLD.

Deal Justly, Mothers.

'Oh, dear! I don't know why I did that,' said a mother, as her little one toddled off in a burst of sobs.

The mother had come home very tired from a day's shopping, and the little one had run out in the hall to greet her, and, grabbing the bundles from her hands, had begun to 'untie them. The mother pushed the child away with no gentle hand, and in a cross tone of voice said: 'Get out of my way this minute, you naughty girl.' Not long before, the little one had been very ill, so ill that the doctors had given up all hope. Then it was that the mother prayed fervently to God to spare her child, and promised on her knees to be a tender, faithful mother if it were given back to her, and yet how soon she had forgotten, and in moments of vexation the same impatient cross words had come again, and the little one's sensitive heart had been made unjustly to suffer. The dear, loving child had run with a glad look on her wee face to meet mamma, who had been gone all day, so glad to see her, but for want of thought and following a childish impulse, had reached forth the little hands to take the bundles and find out what was in them. All this came to the mother's mind as she heard the sobs of the little child, who had run back to the room and burled her face in the pillow of her little bed. And then came that work of undoing the wrong, which all mothers know about; but the cruel injustice toward the child would still burden the conscience of the mother long after.

We are often unjust to our children because of our own moods and troubles. Things we pass over sometimes as of no moment, in hours when we feel 'out of Sorts we make a great matter of and hurt our children's sensitive natures when reproof is entirely uncalled for. Children are fretted at and found fault with, oftentimes, because we are in an irritable mood, or things do not go our way, notwithstanding that they are perfectly innocent of having helped to create those unpleasant conditions.

Justice in the treatment of children is something that should be conscien

Public Spirit in Mothers.

The mother's duty is so engrossing, being everywhere and always pressing, that it is not surprising that so many mothers lose all interest in public affairs, leave off reading the newspapers, and fall 'behind the times.' The result does harm to others than the mother. Family conversation grows dull or petty, the mother being able to talk of nothing but home interests, which too often

means home troubles; the father gets discouraged, the older boys get bored and are glad to escape to something more interesting, and the quality of the home life imperceptibly degenerates. Let the mether form the habit of a discriminating reading of the newspapers and keeping her mind alert and active in regard to the great questions of the day, and she may soon re-deem her husband from the bondage of sor-did cares and her sons from triviality and perhaps worse.

perhaps worse.

The mother need not enter politics to work reform. Her influence is all-pervading and very powerful when her knowledge is sufficient to make her the intellectual companion of her husband, sons and brothers—the men who rule the nation. The one thing necessary to exert this influence is to be interested in the subject; then the busiest woman can find time to inform herself and to converse upon it, merely sacrificing a little conversation on less important matters.—'American Messenger.' matters.-'American Messenger.

Then You'll Think of Mother.

When her weary hands shall rest,
Folded on her quiet breast,
Then you'll think of mother.
How in work those hands once moved
For the children that she loved,
Those toil-worn hands of mother.

When her eyes shall close in sleep 'wake to weep,' From which they'll never 'w Then you'll think of mother. Oh, the vigils they have kept, In the night while others slept— Those love-lit eyes of mother!

When her tongue shall silent bo, Read no more, nor sing for thee, Then you'll think of mother. Then your aching heart will long For the counsel, prayer and song From the tongue of mother.

When the lips shall part no more
With the dear, sweet smile of yore—
Then you'll think of mother.
You will not forget the kiss
Which thrilled your childish heart with

Pressed to yours by lips of mother.

Years will pass—they're fleeting now— Bring no shadow to her brow, But kindly think of mother; Help her often as you may, Life with her is such brief day, Your life on earth with mother.

Wait not till her soul at last To the home above has passed,
But show your love to mother.
Cheer her while on earth she stays
By your loving acts and ways;
Be dutiful to mother.
—M. J. Ballantyne.

Proper Spring Diet.

During the cold weather of our northern winter, fats, sweets and other foods rich in carbon can be eaten with safety by persons blessed with good digestion, but as spring approaches, the wise housewife dons her 'thinking cap' and an armor of fortitude and provides her family with three meals a day that are not only attractive, easily digested and nourishing, but an antidote for some of the injurious results likely to follow the winter's indulgences.

Fats and sweets are conspicuous only by

their absence, while fish, eggs, milk, entire wheat bread, cereals, fresh fruit, canned and green vegetables, green salads and lemon juice are her main dependence.

Useful Hints.

Apple parings and cores may be saved and jelly made from them.

A wise housekeeper is careful where she keeps her flour, for she knows it is more readily tainted than milk.

Boiled starch can be improved by the addition of a little sperm oil or a little salt, or both, or a little dissolved gum arabic.

If a dish gets burnt in using, do not scrape it, but put a little water and ashes in and let it get warm. It will come off nicely.

Cold rain-water and soap will take out machine grease, where other means would not be advisable on account of colors running, etc.

ning, etc.

If any housekeeper finds it imperative to clean windows on an icy, cold day she can accomplish it safely by using a cloth dampened with alcohol, which never freezes.

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