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CHEAPEST LIGHT IN THE WORLD.

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CHEAPEST LIGHT IN THE WORLD.

It is said by those who have experimented with them that the light given by the fireflies of Cuba is the "cheapest" in the world, produced, that is to say, with the least heat and the smallest expenditure of energy; and that a successful imitation of it would prove to be a most profitable substitute for gas and electricity. The insects are beetles too inches long and belong to the family of "snapping bugs," so called because when one of them is laid on its back it enaps itself into the air with a clinking sound.

The secret of the light this firefly gives is as yet undiscovered. Apparently it is connected in some way with the mysterious phenomenon of life, and chemists and physicians have sought in vain to explain its origin. On each side of the animal's thorax is a luminous membranous spot, and these flash at intervals so that the Cubans put a dozen of the insects in a case together, and so obtain a continuous illumination bright enough to read by. This light is accompanied by no preceptible heat, and is seemingly produced with almost no expenditure of energy. How great an improvement it represents upon all known artificial lights can be imagined when it is stated that in candielight, lamplight or gaslight the waste is more than 99 per cent. In other words, if they could be so obtained as net to threw anything a way, they would give nearly one hundred times the illumination which they do afford. Even the electric light is mostly wasted.

STHE EVIL ONE" AS A SEWING-

Would it surprise you to hear that the Lofoden Islands, off Norway, are on their south side a terrestrial paradise? The Gulf Stream warms them all the year round, and the consumptives of the world enrich them by taking their cod liver oil. The cod liver oil boss is Peter Muller, who, I was told, employs 70,000 people in fisheries, factories, bottling, packing and so on. His daughters were the greatest catches in the Scandinavian marriage market. They married according to tastes, atches in the Scandinavian marriage martet. They married according to tastes,
and happily. One of them chose from her
nany suitors a captain of the Norwegian
avy, who left it on his marriage and beter and bettinguished marine painter.
There are pastoral Edens on the ledges
of the Lofoden Mountains. I never saw
more grace in combination with the sort of
traggy severity that one meets with on the
west coast of Sectland, with this difference.

raggy severity that one meets with on the set coast of Scotland, with this difference, ewever, that the Hebrides are as though inted in Indian ink, whereas the coloring a summer in the Lofoden scenery is insecribably splendid. I shall not easily right how all new to it were lifted out of homselves by the sail through Raft tolund.

THE LATEST POETIC CEMS.

LOST.

We are so courteous and so kind, we two,
There is not a thing in life.
One would not do as the other's due,
In the crisis of the strife:
We would fight each other's battles still, We would fight each trust and truth
On what each averred, as when hearts we

stirred,
In the glory and glow of youth.
Yet I never forget how you went awa
Smiling and careless, that April da

We keep the sweet old forms, we two, We treasure each dear old phrase We made when the dream of love was new,

In the golden summer days;
We would not let one trifle silp,
Of the beautiful fanciful thing,
Which hope and youth once set to truth
For love's happy lips to sing;
Yet, smile, and speak, and act as we may,
I never forget that April day!

When-it was all so natural, dear-The sweet, fair foolish scheme Showed, as life and its stubborn facts drew

near,
A very idle dream;
When dazzled by spring's smiling skies,
From the fair, false light we had
In youth's bright eyes, youth's gay replies,
You turned and all was glad;
I know-hush! vain, fond pleas to say!
I know we had parted that April day!

So we are drifting apart, we two,
And you struck the link in twain;
I well believe that you never knew,
Nor suffered the ewift strange pain;
Vaguely you think there is something gone
From the old relationship;
Though the lovely ghost of the fair thing lost
Still glances from eye to Hp.
I knew the death pang that April day,
But I held my peace and you went away.

NEW MEN, NEW LIGHTS.

It is not enough to win rights from a king and write them down in a book.

New men, new lights; and the fathers' code

New men, new lights; thit the father exect the sons may never brook.
What is liberity now were licenselthen; their freedom our yoke would be;
And each new decade must have new men to determine its liberty.

—John Boyle O'Reilly.

THE LITTLE OLD STORE. Oh, the little old store with the bell on the

That rang, as you went out or in.
With a ting-aling-ling, as it swung on the spring
And deafened your ears with its din!
Ch, the little old store gave measure and more,
And everything smelled sweet of spice;
Though 'twas dark, to say true, and nothing was new, Yet everything sold there was nice.

For a quaint little maid, in muslin arrayed, Would answer each ring from the door; And smiles sweet and simple played tag with

bell ring
For Nellie to answer its call.

Ah! those times are all o'er, the little old store Has vanished with old-fashioned ways; Till sometimes it seems as but one of the dreams,

That we have of our boyhood days yet, As I think of those days now no more, In my heart I would fain be a glad lad again, And with Nell in the little old store.

WITH MASTER MINDS.

Sweet mercy is nobility's truest badge.

Mind is the great lever of all things.

The use of money is all the advantage there is in having money. -[Franklin.

Magnificence cannot be cheap, for what is cheap cannot be magnificent. -[John-

Modesty soldom resides in a breast that s not enriched with noble virtues. -[Gold-

Precious beyond price are good resolu-tions. Valuable beyond price are good feel-ings.—[Hugh R. Haweis.

Books are a guide in youth, and an enter-tainment for old age. They support us under solitude, and keep us from becoming a burden to ourselves. They help us to forget our crossness of men and things, compose our cares and passions, and allay our dissappointments.

WITH THE FAIR SEX. The Children's

COMPRESSED WAIST FORCE.
Frances Willard claims that the amount of force exercid at a given moment to compress the waist of women by artificial methods would, if aggregated, turn all the mills between Minneapolis and of Morrimac, while the could be applied, while the could be applied, would run many trains.

**THE BRIDAL VEIL OF A PRINCESS.

Trive hundred lands are at work on the bridal voil of the Princess Margarente of Prussia. The veil is made of 500 different pieces, all the work being done with the needle, and the pieces, each of which requires ten days for completion, are to be a factor of the princess many and the work of the same hand.

**WHAT WOMAN SUFFRAGE MEANS
Let no man or woman be mistaken as to what this movement for woman's suffrage really means. We none of un want to turn the world upside down, or to control the same—and to bring their true woman's influence on behalf of wintsoever things are true, honest, flust, pure, lovely and of good report to bear upon conduce of a later.—Alva Millow and the world was to store upon their wedding journey on a tandem triveyle. The poor pedatrial will have a sorry time in England if the fashion spreads, and tricycles and biotycles and ways dangerous to the unended with not bring their true woman's influence on behalf of wintsoever things are true, honest, flust, pure, lovely and of good recovered to be an admittance of the world with not hone of the world was a state of the world with not highly and the provides and beyond the provides and the world was a state of the provides and the

PRACTICAL HOME TRAINING.

When manual training with its domestic commy department of cooking and sewing was being urged as a necessary part of public school training, teachers and wise men brought forward the argument "That it is not needful for mothers to teach these things." From every city came the answer, "Mothers do not teach these branches, and our girls are being brought up without practical household training," One summer a lady had 260 girls from effices, stores and factories to board during two weeks vacution. At the end of the summer she found that but nine of the number-knew how to make a bed, and many of them made it a boast that they "never made a bed in their lives." Some did not even know whether sheet or blanket sheuld be put on first. And these were not destitute girls, but such as represent our self-respecting wage.

Books are a guide in youth, and an enter the standard of the standard for lod age. They appear to the standard for lodds as a standard for lodds age. They appear to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and they are to the standard for lodds age and the standard for lodds

where it is caught by the waist ribbon of pink. The full sleeves are of the chiffon, ited at the clbows with a band and knot of ribbon, long gloves of pale, rose-colored underssed kid coming up to meet them.

**THE BELLES OF NORTHERN ITALY.

"The prettiest women in the world are those of Northern Italy," says Henry C. Bartow to a St. Louis reporter. "Pretty is not exactly the word to be used in describing them. A wax doll may be pretty.

"The women of Northern Italy are gloriously, maddeningly beautiful. They are a mixture of the French gentry and the old Italian nobility, and inherit the vivacity of one country, and the voluptuous, half Oriental beauty of the other.

"If you want to understand what the poet meant by the 'dark eyes' splendor' go, not to the Vale of Cashmere nor to Cadiz, but to Milan. Greece, in her palmist to gue, and I defy any youngster to get away from Milan without regret.

"Some one has said that Italian is the motier tongue of the Goddess of Love; certainly there is nothing sweeter—it is melody itself."

PRACTICAL HOME TRAINING.

When manual training with its domestic

The majority of well-read physicians now believe that Consumption is a germ disease. In other stitution itself it is caused by innumerable small creatures living in the lungs having no business there and



A LITTLE CIRL'S DANGER.

Mr. Henry Macombe, Leyland St., Blackburn, London, Eng., states that his little girl fell and struck her knee against a curbstone. The knee began to swell, became very painful and terminated in what doctors call "white swelling." She was treated by the best medical men, but grew worse. Finally

ST. JACOBS OIL

was used. The contents of one bottle completely reduced the swelling, killed the pain and cured her.

"ALL RIGHT! ST. JACOSS OIL DID IT."

Cleavers

Marvellous Effect!

Preserves and Rejuvenates the Complexion.

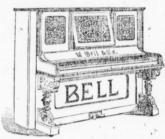
DR. REDWOOD'S REPORT.

The ingredients are perfectly gure, and we CANNOT SPEAK

TOO HIGHLY PURE and ABSOLUTELY NEUTRAL.

The Soap is TENIA SOAP is entirely free from any colouring matter, and contains about the smallest proportion possible of water. & From careful analysis and a chorough investigation of the whole process of its manufacture, we consider this grant amongst the FIRST OF TOILET SOAPS.—T. Rep. T.C.S.; T. ILORNE REDWOOD, F.I.C., F.C.S.; T. ILORNE REDWOOD, F.I.C., F.C.S.; T. ILORNE REDWOOD, F.I.C., F.C.S.; S. Wholesale Representative for Canada—OHARLES GYDE, 33, St. Nicholas St., Montreal.

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to make a first-class instrument is used in their construction. rely on getting a bargain in either of the instruments by calling at the company's large warerooms, 211 Dundas street, where a large assortment is always on hand.
Also a number of second-hand

pianos and organs for sale cheap.

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They need it, but cannot always digest sufficient solid food to get it, The great want is

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supplies the want.