



**Pills**  
KIDNEYS  
ed Where  
on Failed!

"JOLLETTE, Que.  
last I went to Mont-  
real as I had been  
decided on an opera-  
tion by another doctor.  
The operation was  
larger than I had  
heard of and they  
told me to try Gila  
Pills. I did not expect  
relief from the  
operation but I was  
relieved of the  
pain and am now a  
happy man."  
"HURT LEBBARD."  
The greatest solvent  
ever offered. Profit  
's example if you  
Gravel, Rheuma-  
tism, Kidney or Bladder  
troubles at 50c a box or  
\$1.00 a dozen.  
If you write  
to Chemical Co.  
Limited, - Toronto.  
No-Dra Co., Inc.,  
Buffalo, N.Y.

little ones from  
"20 DAYS WITH-  
" is eloquent

Parker, the novel-  
er from British  
was born in Can-  
He may now  
write a few more  
And good novels  
the days.

Liment in the

**UR**  
Baking

line  
pro-  
ple

ER  
twice  
YEAR  
IN

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- |  |             |        |
|--|-------------|--------|
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| Have You News of My Boy Jack?<br>(R. Kipling-E. German)                  | E. Spencer  |        |
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| Grenadier Guards of Canada   |             |        |
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|---|--------------|--------|
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|------------------------------|--------------|-------|
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RECORDS AT

# Margeson's

A Complete List in Stock

## GERMAN PLOT IN IRELAND DISCOVERED.

DUBLIN, May 19.—A proclamation issued tonight says a German plot in Ireland has been discovered. In the proclamation the Viceroy calls upon all loyal Irishmen to defeat the conspiracy.

LONDON, May 17.—A despatch to the Exchange Telegraph says a proclamation was issued tonight, signed by Edw. Shortt, Chief Secretary for Ireland, asserting that certain persons in Ireland have been in

communication with Germany "reflecting on Ireland's fair name."

A proclamation calls upon all loyal subjects to aid in defeating the manoeuvre. It urges voluntary recruiting so that compulsion may be averted.

Inland Revenue officers are in future, debarred from running for municipal offices.

Wholesale flour and feed dealers are to be brought under license by the Food Board by June 1st.

## GENERAL BOTHA'S WARNING TO POLITICAL AGITATORS TO CEASE THEIR PROPAGANDA, WHICH IF CARRIED OUT COULD LEAD ONLY TO BLOOD AND TEARS.

Pretoria, South Africa, May 22.—General Botha, premier of the Union, addressing the South African party congress, dealt with the Nationalist-Republican propaganda. He reiterated his grave warning that a republic could only be established by force of arms. He asked why General Hertzog in parliament had said that he only favored a republic in theory, yet when he addressed the student at Pearl why did he mute those young children to a condition of affairs which must lead to blood and tears.

The whole republican propaganda, General Botha declared, was nothing but an attempt to gain votes. His friends had been playing with fire and Hertzog had now called a halt. General Botha emphasized that after the Boer war they had nearly despaired in their deep sorrow and mourning but today could South Africa be regarded as an oppressed Nation?

General Botha said he felt convinced they would never get the majority of both English and Dutch to favor a republic. Moreover, the Cape province would never assist in attempts to establish a republic. England had given South Africa every opportunity to work to her own salvation. From England there was nothing to fear. England was their friend and help today. He finally urged all to work for the establishment of a great South African people in which the two white sections stood on a foot of absolute equality, trust, confidence and mutual goodwill. (Cheers.)

## INTERNATIONAL DEVELOPMENT OF ST. LAWRENCE POWERS ADVOCATED BY CONSERVATION COMMISSION.

"Within a very few years there will be a demand for every horse-power that can be developed on the St. Lawrence river to which Canada is entitled for use upon the Canadian side," states Sir Clifford Sifton in the Ninth Annual Report of the Commission of Conserva-

tion which has just been issued. "The situation with regard to Niagara will undoubtedly be duplicated," declares Sir Clifford, "and if we are foolish enough to allow vested interests to be created on the other side of the line, we shall inevitably and ourselves handicapped and embarrassed as we now are with respect to Niagara power." He contends that a thorough study of the situation reveals that there is only one sound method of developing these powers, viz., under "an international commission under which the best use of the powers will be made, the most economical development effected and a just equitable division of the power will take place for the benefit of the people who are directly concerned in its use."

Special prominence is laid in the report on power and fuel problems. Following a comprehensive review of the progress of conservation in 1917 by Sir Clifford Sifton, are addresses on "Peat as a Source of Fuel" by Dr. Eugene Haanel, "The Fuel Situation in Canada" by Fuel Controller C. A. Magrath, "Power Possibilities on the St. Lawrence" by A. V. White, "The Niagara Power Situation" by the same author and a comprehensive treatment of the subject of railway electrification by S. T. Dodd of the General Electric Company and W. F. Tye, C. E.

The results of the scientific investigations of the Commission to find out how best to regenerate the immense areas of out-over pulpwood lands in Eastern Canada are also given. Dr. C. Gordon Hewitt deals with the "Conservation of Wild Life in Canada" and Mr. J. P. Babcock with the "Salmon Fishery of the Fraser River District." In addition, a full account of the work accomplished by the Commission during the year in regard to water-powers, town-planning, mining, agriculture and game conservation is given. An interesting feature is a chart showing how the German metal buying combination controlled the metal markets of the world before the war.

Every patriot must cheerfully submit to the new taxation.

The new budget will increase the Dominion revenue \$50,000,000.

Jews are being recruited all over Canada.

Quebec City went dry on May 1st under the Scott Act.

## DANGER LURKS IN EVERY ONE OF US

We Are As Full of Deadly Poisons As A Germ Laboratory.

## AUTO-INTOXICATION OR SELF-POISONING

"FRUIT-A-LIVES" Absolutely Prevents This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood.

In other words, a person who is habitually constipated, is poisoning himself. We know now that auto-intoxication, due to non-action of the bowels, is directly responsible for serious Kidney and Bladder Troubles; that it upsets the Stomach, causes Indigestion, Loss of Appetite and Sleeplessness; that chronic Rheumatism, Gout, Pain In The Back, are relieved as soon as the bowels become regular; and that Pimples, Rash, Eczema and other Skin Affections disappear when "Fruit-a-lives" are taken to correct Constipation.

"Fruit-a-lives" will protect you against Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

## WHAT GERMANY HAS LOST

She has lost her high seas commerce.

She has, therefore lost her foreign trade.

She has lost her last colony, with the successful conclusion of the East African campaign.

She has lost the respect and confidence of most of the nations.

She has lost her former leadership in many realms.

She has lost her monopoly of the dye trade.

She has lost many of her patent rights, that were once a source of great wealth.

She has lost her supply sources of many raw materials that are essential to her industrial life.

She has lost millions of her sons.

She has lost her soul.

## A Somewhat Forgotten Asset

In these hard times, it is necessary to gather together and examine all our assets, and although the Dominion is the lucky possessor of so many natural ones, there are still many which people have not yet realized that they have, and amongst these is the asset of sport and game.

It is quite possible for the unimaginative person to say that sport cannot possibly be an asset.

There is hardly any portion of the country that does not satisfy the most enthusiastic fisherman, and further it contains several districts, especially in British Columbia, which have become noted all over the world.

A glance at the register of the small lodge at Fish Lake, near Kamloops, will show that people have come from all over the world, and on taking the average, it will be found that more people from outside the Province of British Columbia camp there than those who live in it.

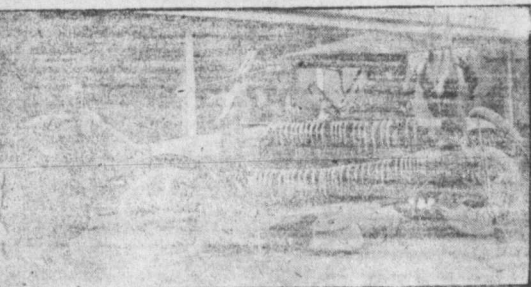
This lake, it might be mentioned, contains genuine rainbow trout, which are taken practically only on a fly and their gameness is a thing to wonder at. It is not at all uncommon to see a fish jump eight or nine times after it has been hooked.

Then there is the Thompson River, which contains, or has the reputation of containing, the largest trout in British Columbia. In this district duck, geese, and when there is no close season, grouse can be killed in quantities that should satisfy the most ardent sportsman. To the south in the hills there are deer and bear, to say nothing of lynx, coyotes, and other such animals.

Then there is the Nelson District, which is the centre of the Kootenay country, and from which place one can reach the celebrated Bonington Pool, and the Bonington Falls. The fishing here is very good indeed, and the best way to describe its popularity amongst the people of that district is to merely state that the C. P. R. run a special train there on Sunday mornings and evenings. There game here, too, deer are easily obtainable in the surrounding districts.

Steamers, too, is another large field for the sportsman. This little settlement, which is the junction for the Okanagan, is situated on the shores of Shuswap Lake, the waters of which contain many kinds and species of fish, and the shores of which are the mecca of many bear hunters, to say nothing of the wild ducks.

The newly completed Kettle Valley Railway has opened an entirely new district for the lover of out of door sports, and one has only to glance at the map and they will see that there are numerous lakes, small rivers and streams, some of which have never been fished. What more could an angler wish for? Game is plentiful here also, more especially round what is known as the Combelia Pass and into what is termed The Shuswap Lake. This is quite easy of access for the people who live in Vancouver.



A day's fishing at Campbell River, Vancouver Island, B.C.

The British Columbia coast is noted for its fishing and hunting grounds, and space does not allow of a detailed description, but within a few hours of Vancouver itself there is a field for the mountaineer which is unrivalled, even in the Rocky Mountains. True, the Coast Mountains might not be so high, but for variety and flora they are hard to beat.

On Vancouver Island there is Campbell River, which, apart from its fame as the great fishing ground for the Tyne salmon, is also well-known for its mixed hunting, and it is possible to get fur, feather and fin within a few hours, if not minutes from the small town itself. It was at this place, when fishing in the mouth of the river, that Sir Richard Vyvyan took the largest salmon that has ever been taken on the Pacific Coast, and which weighed 72 pounds, and what is more, it was taken on a rod and line. A good specimen of what is possible is shown in the photo which accompanies this short article.

—SPENT SPINNER.