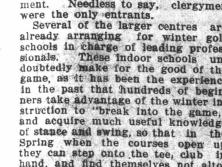
eeds



three courses and an opportunity for the use of all the different clubs will undoubtedly be appreciated by golt enthusiasts. This novel course was opened on December 1st, and promises to become very popular with the golfers of Toronto. The idea might very well be copied by other golfing centres where large rinks generally are to be found.

of clies a number of years since the golfers of Canada have enjoyed such a long season as that of 1918. Many players started their first round in April, and were still playing the game well onto the end of November. In Winnipeg, on Nov. 3rd and 4th, golfers were seen on the links in their shirt sleeves. In Ontario, on quite a large number of the courses, the regular greens were still being and Toronto terr fory, and the match.

used in the middle of November. A golf season of a good eight months for "our Lady of the Snows" is certainly a record. Some enthusiasts are still predicting that they will be playing a round on Christmas Day. Here's hoping they may. "The winter of our discontent," made doubly disagreeable by the coal shortage, can't be too brief for the average golfer, who even now has not yet decided to put away his bag of clubs.

When the clubs are finally and reluctantly retired from active service, see to it that they are not kept in too hot or too cold a place. Don't by any chance leave them in an unheated and damp locker-room at the club house, or the chances are that they will lose much of their "life" and virtue. An attic with a temperature of from 40 to 50 is the best place to store the trusty woods and irons. If the clubs are properly cared for and not bert in either too damp or too

THE ROYAL AND ANCIENT NOMORENERVOUS

In the Philadelphia district last month they had a "cussless" tournament. Needless to say, clergymen were the only entrants.

Several of the larger centres are already arranging for winter golf schools in charge of leading professionals. These indoor schools undoubtedly make for the good of the game, as it has been the experience in the past that hundreds of beginners take advantage of the winter instruction to "break into the game," and acquire much useful knowledge of stance and swing, so that in the Spring when the courses open up they can step onto the tee, club in hand, and find themselves not altogether novices.

In this coinection quite a new stunt is being tried out at the Granite mink, Toronto, where an indoor golf course has been installed in the big rink. The tees are located in the gallery at the west end. The courses are 50 feet in length and 12 feet wide and constructed in such a manner as not to interfere with curling during the winter. Bunkers are arranged on the sides of each of the three courses and an opportunity for the use of all the different clubs will undoubtedly be appreciated by golf in the West seems in the course and an opportunity for the winter. Bunkers are arranged on the sides of each of the three courses and an opportunity for the use of all the different clubs will undoubtedly be appreciated by golf in the West seems in the course of the different clubs will undoubtedly be appreciated by golf in the west end. The course is the face of the interest in the game, we still the course of the interest in the game, as it has been into the experience in the face, the sole or other unvarnished to come into contact with the lead that it should not be allowed to come into contact with the face, the sole or other unvarnished to come into contact with the face, the sole or other unvarnished to come into contact with the face, the sole or other unvarnished to come into contact with the face, the sole or other unvarnished to come into contact with the face, the sole or other unvarnished to co

e to be found.

It is a number of years since the than hold their own if a match of

the regular greens were still being and Toronto territory, and the match used in the middle of November. A could be arranged so that the trip

HEADACHES

Since She Tried "FRUIT-A-TIVES".
The Famous Fruit Medicine.



MISS ANNIE WARD

112 Hazen St., St. John, N.B. 'It is with pleasure that I write to ell you of the great benefit I received from the use of your medicine, 'Fruit-a-lives'. I was a great sufferer for many years from Nervous Headaches and Constipation. I tried everything, consulted doctors; but nothing seemed to help me until I tried 'Fruit-a-tives'. After I had taken several boxes, I was completely relieved of these troubles and have been unusually

well ever since." MISS ANNIE WARD. 'Fruit-a-tives' is fresh fruit juices, concentrated and increased in strength, combined with finest tonies, and is a positive and reliable remedy

service for "our Lady of the Snow" is cortained for "our Lady of the Snow" is cortainly a record, Some enthusiasts are still procking that chey will be playing a round on Christmas Day, the still procking that chey will be playing a round on Christmas Day, the coal shortage, and the common state of the co

according to reports from the U. s.

It is said that leading makes now selling at 85c, or \$1.00 each, will be advanced to \$1.25, and those of a lower grade will be increased according to reports from the U. s.

The Hospital for Sick Children

In leve with an aviator, you can't make her believe that angels are the charity. cordingly. Golfers in Canada use British balls exclusively and unless the British Government takes similar.

Apropos of balls. Some golfing gent with a love for the statistical, has recently been figuring, on their cost to players in the United States and he arrives at the conclusion that the golfers there "come across" with \$10,000,000 per year for the "ruh ber-cores" which are being petted more and more, every season clean across the continent, from Coast to Coast.

This looks like a large order but

Coast.

This looks like a large order, but it is claimed that the game of golf in the States, is played now by over half a million devotees, and \$20 per player for balls would figure out about right it is thought, or a couple about right it is thought, or a couple of dozen each. Of course there are a large number of golfers who stick day in and day out, to "brunette beauties" sans life, sans resiliency, until they lose them to the relief of partner or opponent—plus much distress to themselves. This type possibly, manages to wiggle along on a box of balls or less, during a season but on the other hand, the scratch player and the fair handicap man, is generally prodigal with his especial pet spheres, and uses up three of four dozen, and upward, during the season, quite easily. This estimate of

children entrusted to the Hospit season, quite easily. This estimate of the money spent, on golf balls in the country to the South of us naturally brings up the question of a similar expenditure in Canada.

There are for instance some 5000 members of golf clubs in "trouto. At \$20 per, this, a la the U. S. figures, would mean \$100,000 for "rubber cores" in that centre alous, Montreal and district, has, it is a fair estimate, 4000 golfers; ergo \$80,000. Winnipeg probably 2500; total \$50,000. There are undoubtell 50,000 and more adherents to-day of the Royal and Amelent, scattered throughout the other parts of the Dominion, so if the Canadian golfer, is as prodigal with balls as he of the United States, is reported to be, a total of \$1,000,000 or more would represent the expenditure here in a season. There is enough Scatch canniness, still left in the game in this country, however, is malts for less extravagant ideas at the links and probably, the golfers of Canada, manage to struggle along with an outlay in the hundreds of thousand, in stead of in the million or so "The ball's the thing," and the better the player, the beiter the condition of the ball, at all times is demanded. A good, clean, sprenitively and the better the player, the beiter the condition of the ball, at all times is demanded. A good, clean, spreni

cal ball, saves strokes per round. There can be no disputing that fact, and what are a few dollars note or less anyway, to the ardent golfer, if strokes can be saved and his card correspondingly improved?

An irascible golfer, while playing with a clergyman on a very warm day this summer, was conside ably an noved by flies, and at length got desperate, and vented his feetings in a burst of decidedly unparliamentary language. The clergyman remonstrated and pointed out the advantages of self-control. For instance, there is a fly now of fay forehead. It does not trouble me. By the exercise of self-control I cin play my shot without giving that fly a thought of lanorance.

Height of lanorance.

Height of lanorance.

Height of lanorance.

A fond parent noticed his youngest, a hoy, in very animated conference with a number of other boys and a young woman and that evening inquired of the boy what all the excitement was about. That was my

RICH RED BLOOD RESISTS IDFLUENZA

Weak, Anaemic People.

In the epidemic of la grippe or manuenza, that with the rest of the world, it has been noticeable that its eatliest victims were the thin blooded anaemic people whose power of resistance is greatly weakened because of the watery condition or their blood. cause of the watery condition or their blood. But when the system is run down, when the nerves are enaky, and the blood watery, the germs of influenza are quick to seize their opportunity. It is therefore good poncy to keep the blood always rich, red and strong and the nerves well nourished by the use of such a reliable tonic as Dr Williams Pink Pilis. People who take these pills from time to time are usually able to resist colds, influenza and other aliments, and enjoy good health, while many about them are weak, alling and miserable.

weak, alling and miserable.

To those who have been attacked by influenza, the after effects are

with a number of other boys and a young woman and that evening inquired of the boy what all the excitement was about. That was my teacher," Said the boy, "and we were trying to explain the ball game to her. She couldn't understand a duried thing. I just don't understand how she ever got to be a school teacher."

Read to the Children. When children read a book to them not know the meaning, it is easy to

For Fever Patient. jug, having first washed and dried it. Peel thin a small letnon, slice it and put a small plece of the peel in; then pour in three pints of boiling water. Sweeten and cover it closely.

selves the words do not leave the same impression upon their minds as when they hear them read aloud. When some one resids a book to them they learn how to pronounce those words which puzzled them; and if they do

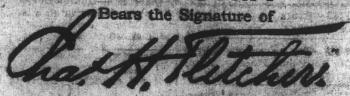
he Kind You Have Aiways Bo

in use for ever thirty years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of infants and Children—Experience against Experiment.

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Castoria is a harmless substitute for Castor Oil, Paregoric. Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine not other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatniency, Wind Colic and Diarrheea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep, The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS



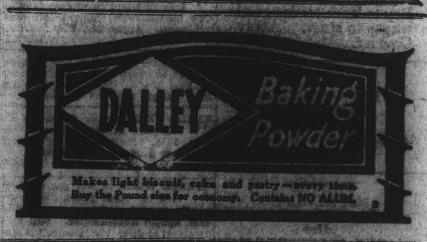
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Perhaps you cannot spare as much as you would wish, but go around among your friends, plead Belgium's cause, collect all you can in every possible way, and turn it in QUICKLY to your local Committee or to Headquarters.

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*Children droop and wither like tender flowers if you permit bile, sour fermentations and constipation poison to be absorbed into the system.

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When a child's tongue is white, breath feverish, stomach sour, you can always depend upon good, safe "Cascarets" to gently but thoroughly clea-

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