

ION  
itself  
pow-  
-simi-  
ysical

whole world

E  
E  
E

now in

as adver-

cupful of bread-  
f figs, a quarter of a  
pful of milk, half a  
e eggs, five table-  
tle grated nutmeg,  
er finely, and put  
ith milk to cook for  
Put into a basin the  
d suet, chopped  
up and a very little  
them well together.  
then the eggs well  
thoroughly with a  
and pour the pud-  
tered paper, steam  
ve with sweet sauce.  
e.—One quart of  
four tablespoonfuls  
nd, vanilla essence,  
lespoonfuls of sugar.  
smooth paste. Boil  
cornflour, the sugar  
ill all thickens and  
the mixture to cool  
oped cream and the  
carefully, place in a  
ep in a cool place.  
nd serve with some  
round.

EN HAIR  
stor oil rubbed into  
ould help to darken  
o use a dye," says  
very pale, but not  
ything I can do to  
constant application  
l in time make it a  
regard to your pale  
l plenty of exercise  
kely to benefit you.  
ce give it a vigorous  
rough towel, so as  
ulation. This will  
d to the cheeks.  
ar vests loud enough  
en alone.

# "Young Folks Circle"

Where Uncle West Presides

**WHICH ARE YOU?**  
Said Benny: "When I grow a man  
I'll milk the cows and split the wood;  
I'll take my mamma out to ride,  
And do a million things I should!"  
And thus the minutes, one by one,  
Found Benny dreaming in the sun.

Said Teddy: "Shall I get some chips?  
And shan't I bring the eggs in too?  
I'll draw the baby in her cart,  
And then she won't be teasing you."  
And thus the minutes, one by one,  
Slipped by—while Teddy's work was  
done.

Dear Boys and Girls:—How'd, how'd,  
boys and girls. Well here I am again  
and jolly glad to be with you once more.  
Gather, gather round me and let me tell  
you all about the story competition just  
closed. It was good to hear that you  
are all delighted with your own young  
folks circle and we must now make use of  
every opportunity to make this the bright-  
est, jolliest, and most helpful circle ever  
invented for the young folks. The stories  
were all good and the kindly, helpful,  
ministering spirit shown throughout proves  
that you have studied your Sunshine  
lesson well in the past, and gives every  
promise for the future men and women of  
our nation. There are many lessons to  
be learned from these letters. First  
there is the farmer anxious to follow in  
his father's footsteps to make the best of  
his farm and life, and the school teacher  
hoping to give her pupils the best and  
brightest ideals and to be just and kind,  
the painter trying to cultivate his own  
taste first and then through the medium  
of his beautiful pictures give hope and  
courage to the world of men, the nurse  
with tenderness and mercy eager to help  
the sick and lonely, and minister to all,  
the lawyer desirous of making clean and  
honest laws and charges, working for the  
principle of honesty first if the cause be  
just, and last but not least the faithful  
daughter and willing sister to forego her  
hopes and ambitions so that her home may  
be bright and cheerful for the dear ones.  
God bless you all. May you remember  
these ambitions and fulfil them as we grow  
up together.

Your own,  
UNCLE WEST.

**THE BEGINNING OF A MAN**  
That was a good answer which was  
given at a Band of Hope meeting, when a  
visitor asked the question, "What is a  
boy?"

A little fellow started from his seat,  
and replied: "A boy, sir, is the beginning  
of a man."

That was a true answer, for every man  
was once a boy. Let us remember that  
what a boy is in his youth, usually decides  
what kind of a man he will become.

So boys, be true, be honest, kind,  
brave, and industrious now, and then,  
when you have grown to be men, you will  
be the kind of men that our country  
needs.

The prizes have been awarded as follows:  
**Boys**  
First Prize—Geo. F. Whiting.  
Second Prize—Elliott Dutton.  
Third Prize—W. E. Burbank.  
**Girls**  
First Prize—Alice Kreps.  
Second Prize—Marion Corner.  
Third Prize—Isabel Turnbull.

**SUCCESSFUL BOYS**  
First Prize Winner

Dear Uncle West:—I saw and read  
your letter concerning the circle, and  
thought I would write a letter and see  
what I could do towards winning at least  
one book as third prize for it. So now  
I'll begin.

When I grow up I intend to be a farmer,  
a good straight honest farmer. I will  
follow my father's example of farming.  
He always keeps his farm in good order,

his stock in good sound health, his build-  
ings well built, and his land well worked  
up for the crops. I mean to keep to his  
advice which I hear every day. I will  
try to get the best kind of farming land,  
the best soil and the best water, which is  
the two main parts of a farm.

(2) I will have just enough heavy  
horses to do my work in the fields, and a  
team of drivers that will do all my driving.  
Enough cows to make all my butter of,  
and a few pigs will be enough stock for  
me. I do not like pigs, but then I like a  
little pork once in a while. I expect I can  
find some little rosy checked girl in this  
wide world that will make my bread and  
butter for me. So with all this I ought  
to be able to make a little progress at  
farming. "The farmers are building up  
the world today."

This ends my letter. But as I think I  
must surely get some prize through it  
I will say which ones I prefer.

First Prize—Little Lord Fauntleroy,  
Alice's Adventures in Wonderland and  
Gulliver's Travels.

Second Prize—Alice's Adventures and  
Gulliver's Travels.

Third Prize—Gulliver's Travels.

I have read four of your books, so that  
leaves me the choice of the rest.

Well, good-bye for tonight.

I remain, a friend of the Circle,  
GEO. FREDRICK WHITING.

Melfort, Sask. Age 14.

**Second Prize Winner**

Dear Uncle West:—To be a lawyer has  
always been my one desire, and if the  
future sees the fulfilment of this desire, I  
hope to do a great deal of good and be  
respected by all I come in contact with.  
I want to be a lawyer because I think a  
lawyer has greater possibilities of doing  
good. The poorer class of people cannot  
afford to pay the exorbitant prices most  
of the lawyers ask for their services, so I  
will endeavor to right their wrongs at a  
price that will bring justice to the poor as  
well as the rich.

I will always plead on the side of the  
right, and therefore plead with the great-  
est earnestness and obtain better results.

If a man comes to me and asks me to  
plead his case, he will never go away  
down-hearted for I will do all in my power  
to help him.

Wishing the club every success, I will  
close.

ELLIOTT DUTTON.  
Summerberry, Sask.

**Third Prize Winner**

Dear Uncle West:—I think that when  
I grow up I will be a teacher. I  
will try to be kind and just to the scholars,  
and I will not give them more work than  
I think they can easily manage. You  
could teach children, and they would soon  
become wise men and women, and they  
would, some of them, do the world much  
good. I would try to be strong, and I  
would be a good sport. I will not hurt  
dumb animals, but rather try to protect  
them, for I think a man can get along just  
as well in life if not better, by showing  
kindness to animals. I do not intend to be  
a miser, nor yet a spendthrift.

W. E. BURBANK, Age 10 years.  
Solsgrith, Man.

**SUCCESSFUL GIRLS**  
First Prize Winner

Dear Uncle West:—I am writing a  
letter on "When I Grow Up." I am 14  
years of age, but until four years ago  
my plans for when I grow up was to be a  
school teacher. Four years ago my  
mother died; since then I have had no  
schooling, as we moved where we are still  
living soon after her death. I have  
three sisters, one is older than myself and  
two younger. My oldest sister kept house  
for father until two years ago. I have  
taken her place since then, and intend to  
as long as I am needed at home. You see  
I have my younger sisters to care for;  
they are a thousand times greater than  
your own future planning. Though we  
all know it is very hard to give up what you  
have set your heart upon doing. When  
I came up here to Saskatchewan four  
years ago, I was in the sixth grade in  
school, but having never gone again  
until this summer, I had forgotten an  
awful lot, and was put in the fourth grade,  
so even now if I was to go to school and  
study all the time on till the age of 21 or



"A good roof adds materially to the value of your building especially if it is fire and water-proof."—The Philosopher of Metal Town.

## 25 Years of Actual Use

is the guarantee behind "Eastlake" Steel Shingles.  
We do not ask you to accept a paper guarantee, but  
simply point to the roofs that were covered with

### "EASTLAKE" METALLIC SHINGLES

25 years ago. They are in perfect condition today, have  
never needed repairs. "Eastlake" Shingles are made of  
the best sheet steel and can be laid in one quarter the time  
that it takes to lay any other metal shingle. They are so differ-  
ent from the four-lock shingle which only overlaps 1½ inches,  
the "Eastlake" has a full three inch overlap, absolutely  
preventing the drifting snow and rain reaching the wooden  
sheeting.

Our free booklet, "Eastlake Metallic Shingles," will save you money and worry.  
Send for it and get the information you want about roofing. Phone Park 364.

MANUFACTURERS



TORONTO & WINNIPEG

WESTERN CANADA FACTORY: 797 NOTRE DAME AVE., WINNIPEG

22 I could hardly learn enough to teach  
very high classes.

I like to do my work well, not half. I  
should not teach school and have the name  
of learning the children nothing. What  
you do, I always think do well, that was  
my mother's teaching. My next plan  
now is to be a music teacher, as I am fond  
of music, and know a little about it al-  
ready, for that is a thing I can learn almost  
at home, so that is my plan for when I  
grow up, and as my letter is getting rather  
long, I will bid you all good-bye. From  
a farmer's daughter,

ALICE KREPS.  
Jasmin, Sask.

**Second Prize Winner**

Dear Uncle West:—I saw in The Grain  
Growers' Guide that you were reorganizing  
the Young Folks Circle. It will be very  
interesting. So I thought I would write  
a letter on "When I Grow Up."

When I grow up I shall try to do some  
work that when I die the world will be  
some little bit happier. If fortune favors  
me with riches, I shall do all the good I  
can by helping the sick and poor people,  
and if I am poor I shall make the best of  
it. It does not take riches to do good in  
the world. It seems to me sometimes  
that it is no use for me to try to do any-  
thing to make such a large world a little  
tiny bit happier, but it is the little things  
in life that counts. I shall study hard  
and try to become a school teacher, and  
teach other scholars, and fit them to go  
out and earn money for themselves, or  
teach other scholars, and in this way I  
will try to help along the work of the world.

I am trying to learn now so I can become  
a teacher.

MARION CORNER.  
Adanac, Sask.

**Third Prize Winner**

Dear Uncle West:—One of my am-  
bitions is to live so that the world will  
be better because I have existed. A way  
I see of doing this is by becoming a school  
teacher when I grow up.

I am still a school girl, and I know that  
a teacher has unlimited opportunities  
for influencing her pupils. I do not think  
that many teachers know how great an  
interest is taken in them, or how com-  
pletely they are the centers of school  
life. If they did, they would take care  
that the criticisms which are invariably  
passed on them are favorable. There  
are many ways for a teacher to uplift  
her charges. One is by making herself  
an example of what she wishes them to  
be. Another is by guiding some budding  
intellect into noble channels. A still  
greater, she can plant the seeds of am-  
bition in some hitherto aimless life. I  
would love to have reason to think after-  
wards, that I had done any of these  
things.

By way of preparing myself, I am learn-  
ing things to teach, and the best way  
of teaching that I have experienced. I  
am also noting the "human nature" of  
school children, so that I may under-  
stand them, and striving after my ideal.

Perhaps I may never teach, my duty  
may call me another way. If it does,  
I will try and follow it cheerfully, and to  
fill whatever sphere in life God has destined

me for well. I am learning, or trying  
to learn, the fundamental principles of  
house-keeping and home-making, for  
future use.

With best wishes to the club, I am,  
Yours truly,

ISABEL TURNBULL.

Bird's Hill P. O., Man.

If I win a prize my choice is:—

First—Little Lord Fauntleroy, Black  
Beauty, Beautiful Joe.

Second—Little Lord Fauntleroy, Beauti-  
ful Joe.

Third—Little Lord Fauntleroy.

**HONOR ROLL**

The honor list is as follows:—

Miss Jinnie Martin, Miss Ethel Cop-  
land, Miss Gertie Hall, Gerald P. Gordon,  
Minnie Dunard, Mary L. Ismond, Jose-  
phine Greene, May Metcalfe, Marion  
Paul, Ruth E. Boose, Lizzie McConnell,  
Pearl MacLennan, E. R. Hunter, Reta  
Breakey, Victoria Hedlund, Maria Pierce,  
Florence Williams, Bernice McConnell,  
Grace Hamren, Leona McBeck, Herbert  
Bryce, Archibald Hogg, Aurelia Hogg,  
Walter C. Brooks, Mary F. Finlayson,  
Ernest Carpenter, Arthur Stevens, Eva-  
lena Sinclair, Lilly M. Tester, J. D.  
Dunbar, Sidney R. Hicks, Maggie M.  
Stewart, Lillian Brown, Edith M. Taylor,  
Jessie Wiess, Edith Bosse, Maggie Max-  
well, Howard Umphry, Iva A. Breakey,  
Christena Streib, Eleanor Janet Mackee,  
Sarah E. Mackee, Julia Jacobson, Jack  
Coward, Lorne Dodds, Gordon Dodds,  
Frank Feeley, Bert Hunt, Lillie E. Young,  
Thomas E. Bowe, Bertie Ferguson.

Don't be discouraged. Try again!

## PICKLED POSTS

POPLAR

### For Fencing

Because of the demand for these  
posts for Spring Delivery, it will be  
necessary for us to close our order  
lists on November 30th next. If  
you wish any further information,  
write us immediately and it will be  
cheerfully given.

These posts are as advertised, and,  
judging by the quantity already  
ordered, the Western farmer has  
recognized an opportunity to supply  
a long-felt want.

These posts are estimated to last  
20 year.

Write today if you wish to ensure  
prompt Spring Delivery.

THE  
**Carbon Oil Works, Ltd.**  
Creosoting Dept.  
WINNIPEG CANADA


WHEN WRITING TO ADVERTISERS  
PLEASE MENTION THE GUIDE

## SKATES

PRICED FROM  
50c. to \$5.00

Boots, Hockey Sticks,  
Pucks, Etc.

Our Catalogue is free.  
Write to-day and get  
your order in early.



PLANET BICYCLE CO., 69 Queen St. E., Toronto.