

SWEET AS A NUT
That's what people say about bread made from

PURITY FLOUR

It is reliable.
It is appetizing.
It contains more nourishment than most flours.

Your Grocer Sells It.

WESTERN CANADA FLOUR MILLS CO., LIMITED
MILLS AT WINNIPEG, GODERICH AND BRANDON

stand his conversation, but Tommie does.

If dogs are the boy's fad, then make a place in your home and your heart for a dog. If it is white mice, stifle your natural dislike, and remember that the mice fad, as a rule, does not last long.

Jimmie is a little older, and his taste runs to catching bugs. A dead bug is perfectly safe and immensely interesting,—for Jimmie. If he wants to see what a pollywog does, let him have a fruit can and a window sill for pollywogs. Trash! Not a bit of it. Not nearly as trashy as the evil Jimmie could learn if he had time to spare from bugs to go after the evil.

Johnnie likes to whittle. Don't scold about the shavings, but be thankful, and encourage him. Making things, with all the attendant litter is a better pastime than playing in low company. Fred may want a brass horn, or he may write poetry. Put wax in your ears and a tight cover on your sense of humor, for either pastime is innocent.

Oh, the blessing of these fads for an active, alert boy! Mothers, encourage them. Better yet, get the fad germ yourself and tend it carefully so that you can dwell with

your sons in that beautiful, dreamy land of Fadville.

—Taken from The Housekeeper.

Try These

How often a page, which has a slight tear in it is left unattended until the tear gradually grows larger and then finally part of the page is gone altogether. The best way to mend a torn page is to paste over it a piece of thin wadded paper. The printing can be easily seen through this and the page is almost as strong as when new.

A string is always handy. Wind all your string in a ball, and you will be surprised to find how quickly the ball will grow. Keep it in a special place, and know where that place is. Then there will be no hunting in a hurried moment for a piece of string to tie up a parcel.

To clean brushes, they should be washed at once after being used. This is easily done by taking a little soap and rubbing the brush gently with well soaped fingers. When the color is all out, rinse well in cold water, and squeeze out with a cloth, keeping the hairs well together, so as not to spoil the shape of the brush. Dry in a moderately warm place.—M.E.

Little Helps

Left over scraps of laundry soap can be boiled into a jelly, or soft soap, for washing dishes, or shaved into the wash boiler on wash day.

Try scalding milk for custard pies. It adds greatly to the flavor of the pie. An addition of a teaspoonful of brown sugar or molasses, is also helpful.

A rubber hose long enough to reach from the water supply to the stove, will save lifting the heavy pails of water on wash day. In this way, the tubs and boiler can be filled and emptied without a strain on anyone's back. The cost of the hose is small, compared with the benefits derived from its use.

Another kitchen comfort is a big rocking chair, with a cushion in it. It saves many a backache, for a tired woman will drop into a rocker right behind her, just for a moment, when she is watching something cooking on the stove, but she would not think of going into the next room to rest for a short time. If she will sit down in a comfortable chair a number of times during the day her rest will amount to a pretty good sum during the day. See how it works out for a while.—Jean Miller, York Co., Ont.

If your mattress is a new one, or is a clean one, make two white slips, just the right size, with a two inch lap at one end. On this lap work several buttonholes, and on the slip sew the buttons. Then cover the mattress. With these slips, the ticking on the mattress will be clean as long as the mattress is in use. Having two of these cases, enables you to have one laundered whenever necessary.—Mrs. Jack Mason, Leeds Co., Ont.

To keep pillow ticks clean, cover the pillows with covers made from old sheets, just large enough to fit the pillows snugly. These will not require washing more than four or five times a year. Where the pillows have become soiled, they can be cleaned, by pushing all the feathers to one end of the tick, and using a brush, rinse off the tick, and hang in the sun to dry.—Nettle Woods, Nova Scotia.

For a chest cold, or croup, take a flannel and cover with castor oil, then sprinkle with plenty of grated nutmeg and apply to the chest. Make a new application night and morning. My little one hasn't had the croup since I began using it.—Mrs. J. G. Frost, Halton Co., Ont.

If you should ask prize
Butter-Makers what
salt they use—they
would say, "Windsor."
For Windsor is the choice
of Canadian dairymen
everywhere. Ask
your grocer.

Windsor
Dairy
Salt

In the Sewing Room

When sending for patterns kindly do not omit to mention the size desired. Several requests for patterns received lately did not give size wanted and the editor has sent a medium size in all such cases. When ordering patterns, simply state number of pattern and size desired. It is not necessary to send an illustration of the pattern with order. Allow a week or ten days, before pattern may be expected.



6894 Misses' Seven Gored Box Plait Skirt

The skirt is cut in seven gores and is laid in box plaits, which conceal all the seams. The closing is made invisibly at the back. The quantity of material required for the sixteen year size is 7½ yards 27, 5½ yards 44 or 52 inches wide.

The pattern 6894 is cut in sizes for girls of 14 and 16 years of age, and will be mailed to any address on receipt of price, 10 cents.

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- ¶ All Women, without giving too much attention to their personal appearance, value a nice skin.
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ALBERT SOAPS, LIMITED, MANUFACTURERS, MONTREAL

It is desirable to mention the name of this publication when writing to advertisers.

6883 Shirt Waist or Blouse.
30 to 40 bust.

This blouse can be made of washable material and left unlined or it can be made of silk or of wool and used with or without the little chemise.

The quantity of material required for the medium size is 4½ yards 34, 3½ yards 32 or 3½ yards 44 inches wide with ¼ yard of tucking for the chemise.

The pattern 6883 is cut in sizes for a 32, 34, 36, 38 and 40 inch bust measure and will be mailed to any address on receipt of 10 cents.