

13. Symptoms of pleurisy are,—sharp pain in the side, which is felt with every breath, chills followed by fever, and a frequent dry cough.

14. Symptoms of pneumonia are,—chills, high fever with headache, and pain in the chest after coughing. Breathing is rapid and the pulse gradually rises, accompanied by intense nervousness and restlessness.

15. When treating a pneumonia patient keep the head low, and do not allow your patient to get out of bed until ordered by the doctor, for fear of heart failure.

16. In typhoid fever the first symptoms are a severe continued headache and backache, a tired listless feeling, sometimes nose bleed, and a rise in temperature every evening a little higher than the day before, although it may be normal in the mornings.

17. Diphtheria starts with a chill, fever and sore throat. The tonsils are very much swollen, and there is great difficulty in swallowing, and a very offensive breath.

18. While treating a patient the nurse must put everything else aside. She ought to feel herself personally responsible for the care of the patient and the sick room.

19. A nurse should wear a plain cotton dress, especially when treating infectious diseases, as the dresses need to be boiled and disinfected constantly.

20. It is important for nurses to wear some kind of a cap or kerchief to prevent germs settling in the hair.

21. It is very poor policy on the part of a nurse to wear a starched dress or petticoat, as the rustling often irritates the patient.

22. One very important rule a home nurse should remember is never to eat anything in the sick room, as the air will be full of germs which are very fond of hiding themselves in food.

23. You should never touch a wound, without first scrubbing your hands with soap and water, especially the nails, as they form a great hiding place for germs.

24. When giving medicine put it into a small dainty glass, perfectly clean, with a glass of ice-water and a piece of orange or lemon on a little tray covered with a snowy napkin, and thus by making the dose look attractive you will lighten very much the disagreeable task of taking it.

25. No food of any kind should stand in the sick room, as it absorbs the microbes sooner than anything else.