



The abundant, creamy lather of Lifebuoy Soap is laden with great cleansing power, and antiseptic properties as well.

### LIFEBUOY HEALTH SOAP

So, when you have used LIFE-BUOY on skin, garment or anywhere in the home you can be sure of cleanliness and SAFETY.

The mild antiseptic odor vanishes quickly after use.



### "HERCULES" FOOT SCRAPER

MADE IN WINNIPEG

Clean Floors in 1,000,000 Homes and Business Houses

Do you know this scraper will save more money, time and worry in one week than what it costs you? Winnipeg jobbing houses sell hundreds of them. It removes the mud as efficiently as the snow and has a heel piece which is very effective.

**Price \$1.25 Delivered** to nearest railroad station or post office in Manitoba, Saskatchewan or Alberta.

**THE WESTERN STEEL & IRON CO. LTD.**  
IMPLEMENT MANUFACTURERS  
WINNIPEG CANADA  
Authorized Capital \$300,000



### YOU CAN'T CUT OUT A BOG SPAVIN, PUFF OR THOROUGHPIN BUT

### ABSORBINE

TRADE MARK REG. U.S. PAT. OFF.

Will clean them off permanently, and you work the horse same time. Does not blister or remove the hair. \$2.00 per bottle, delivered. Will tell you more if you write. **Book 4 M Free.**

W. F. YOUNG, P.D.F., 138 Lyman Bldg., Montreal.  
Absorbine and Absorbine, Jr. are made in Canada.

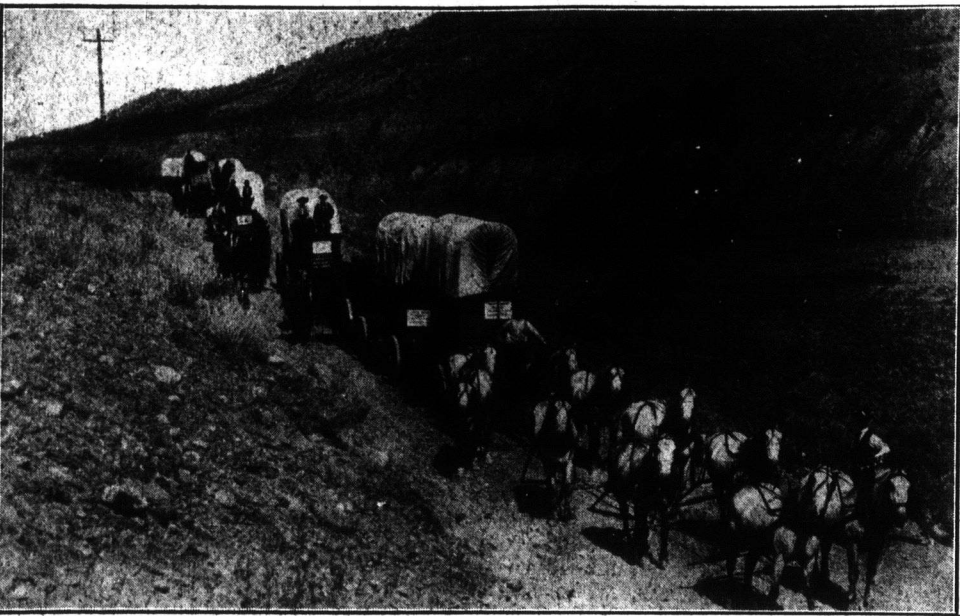
The ranch house is a large, comfortable house, containing twelve or thirteen bedrooms, two sitting rooms, dining room, office and kitchen, besides barns and sheds. A general supply of dry goods and groceries is kept for use on the ranch, and also for travellers between Ashcroft and Kamloops, a distance of forty-five miles. The nearest neighbor is five miles away, while another is eight miles distant. A road house or saloon was seventeen and a half miles away beyond the mountains. Every house has a telephone connecting with the central, forty-five miles away at Clinton.

There was no thought of loneliness in this ranch house on the dry belt of British Columbia, for twice a week the mails arrived by the B. X. Co., which carried

the men at the house was a warm-hearted Irishman, who, having finished his dinner, joined the stranger in his retreat.

In the course of conversation the traveller related the tale of his misfortunes and prospects—stripped as he was of all his little store by the treacherous river. Paddy had only a dollar in his pocket, but this he generously offered to his less fortunate companion.

The stranger refused to accept the gift, saying he could not beg, excepting for a bite to eat. Notwithstanding Paddy's efforts he would not touch the dollar, although the tears ran down his cheeks in appreciation of the kindness and sympathy of the ranchman. An unseen spectator to this touching sight affirmed



Hauling freight for Pacific Great Eastern Railway from Ashcroft to Soda Creek, 168 miles.

them from Ashcroft and Fort George a distance of four hundred miles. The passenger stage-coach was always loaded with passengers bound to the various trading places, or to the mines at the Canal (gold) Co. mine.

The chief papers included those from Vancouver and Kamloops. Although, perhaps argument sometimes waxed strong among the men employed on the ranch, there were no quarrels. Sunday is the regular wash-day, this and reading occupied the time.

Hospitality was a virtue in the dry belt as elsewhere. While tramps were not encouraged, none were turned away in winter and they averaged one a week. In summer they camped outside.

that it was difficult to say which appeared the most affected, the would-be donor or the unfortunate traveller, who, in spite of his adverse circumstances, stoutly maintained his independence.

### All is Well!

By Mrs. William G. Matheson

If thy courage never fails,  
Then—All is well!  
Winds of hope, to fill thy sails,  
Yes—All is well;  
What can daunt thee, if thy soul  
Tranquil, fixed, to gain the goal,  
Never falters, onward goes,  
Fearless meeting, all thy foes.



Ashcroft, B.C.

Derelicts on the ocean of life as they are, no doubt they each have a story to tell. One incident will suffice:

A traveller came through from Alberta on his way to Fort George to see his sister. Travelling down river by raft, he was wrecked, losing everything and barely escaping with his life. Reaching his sister he found her in needy circumstances and, owing to his misadventure, was unable to help her. Travelling to the Coast in search of work, he passed along the Cariboo Road and in due time reached 100 Mile House. Tired and hungry he asked for food, which was given to him, and he carried the luncheon out behind the store to eat it alone. Among

Earth is dreary, cold, at times,

But—All is well;  
Listen to the stirring chimes  
Ring—All is well;  
Set thy feet upon the way  
They should go and ever pray  
For the grit and patient strength  
That must win, for thee, at length.

Friends may come and friends may go,

Still—All is well;  
And concealed, waits many a foe,  
Yet—All is well.  
Hark ye to this bracing strain,  
Courage keep, though faint with pain,  
And your failing heart is stayed  
By your God, "be not afraid."



BABY PEGDEN.

### Astonished at improvement after Pneumonia.

Mrs. Pegden, 58, Knowle Road, Brixton, says: "My boy at the age of nine months had a very serious illness (pneumonia and inflammation of the bowels). He was too ill to take milk, and being advised to try Virol we were immediately astonished at the improvement shown. You will see by his photo what a fine bonny little chap he is now (3 years old), and whenever he is run down we immediately fly to Virol. It has, I consider, saved many a doctor's bill."

## VIROL

Virolised milk—a teaspoonful of Virol mixed with half-a-pint of warm (not hot) milk—is an ideal food for nervous exhaustion.

Sold everywhere—8 oz. tins 75c., 16 oz. \$1.25  
Sole Importers: BOVRIL LTD., 27 St. Peter Street, Montreal, who send free on request a valuable booklet "Babies, their health and happiness," which every young mother should have.



The Original and Only Genuine



Beware of Imitations sold on the Merits of

Minard's Liniment

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