

training will be found a necessity. I advocate it, also on wider grounds as the only method of inculcating broadcast a sense of national responsibility and self-respect, of inspiring in the great mass of our workers . . . a patriotic rather than a selfish ideal; of steadying many an ill-balanced character, and strengthening many a nerveless physique, and of thereby insuring the race against dangers far more malignant and insidious than any it can meet in war. "Quit you like men," is a sacred injunction that I would like to see inscribed not only in every place of worship, but also in every school and in every place of business in this much-favored land. The habit of mind that incites people to look to the Government to do everything for National Defence is not in harmony with that injunction, for it is not altogether manly.

Sir Frederick W. Borden, K.C.M.G.

If every boy and girl in the country is taught to stand and sit erect, take proper exercise, get the proper amount of fresh air, and is made to understand the importance of all these things, it seems to me that the effect upon the next generation will be very advantageous indeed, to say nothing of the asset which will be built up in that way, and means of defence, in the event of any trouble ever coming to this country which would make it necessary to resort to arms.

Lord Milner

The power of fighting exercises its silent, decisive influence on the history of the world. It is like the cash reserve of some great solvent bank. How often is it necessary to produce millions and actually use them? And it is credit that determines the power and influence of nations, just as it does the fate of any business. Credit in business rests ultimately on the possession of the command of cash, and so the influence and strength of a nation, its power to defend its rightful interests, depends ultimately on that fighting strength in war, which it may nevertheless never be called upon to use.

Rev. A. Carman, D.D.

With all my heart I am with the men who are rallying for the strength and defence of our British Empire. The common impulse for all our Colonies around the globe to pay this tribute of respect and affectionate devotion to the Motherland warms our hearts and strengthens our arms to maintain the unity of this Empire, so favored of Heaven, and to uphold as in the historic past our free-