

Miles from
Montreal

river St. Lawrence here is magnificent in its grandeur, the outlines of the opposite shore being only as a faint line upon the horizon. The salt waves roll in on a beach four miles long, hard and smooth, and safe for bathers. The natural advantages of this part of the coast are meeting with more and more appreciation. Grand Metis Falls are reached by driving from St. Octave, about three miles. The height of the falls is about 100 feet and the sight is a most imposing one. The golf course at Metis Beach is considered one of the best in the Province.

At Matane, lumbering is the principal industry, and there are several finely equipped mills that have a large annual output of sawn lumber. Atlantic Standard Time, the time in vogue through the Maritime Provinces, here takes the place of Eastern Standard Time, and 12.00 noon becomes 1.00 p.m.

365.6	St. Octave	Alt. 387.1	From Levis to Mont Joli the railway follows the course of the St. Lawrence. It then turns south to the Valley of the Matapedia and has to climb the hills. Between St. Moise and Val Brillant it reaches a height of 751 feet above sea level — the highest point on the Railway east of Montreal. At the stations here named are evidences of the lumbering industry.
369.4	Petit Metis	" 566.6	
374.2	Padoue	" 713.0	Beyond the village of Sayabec is Lake Matapedia, a beautiful sheet of water which gives birth to the famous salmon stream that flows
382.2	St. Moise	" 644.5	
389.7	Sayabec	" 581.1	the Restigouche.
396.3	Val Brillant	" 536.7	
404.6	Amqui	" 532.0	Amqui, in the midst of a good agricultural district, is growing in importance. It is a favourite centre for sportsmen, there being
410.2	Lac au Saumon	" 503.0	
418.0	Causapscal	" 454.0	
424.5	Ste. Florence	" 353.7	
431.5	Routhierville	" 280.1	
435.0	Milniket	" 232.0	
442.8	Millstream	" 140.8	
447.3	St. Alexis	" 98.1	

from here to its junction with the Restigouche.

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The Matapedia Valley