

KNOWLEDGE OF SELF

Core Competency

6.2 IEPs know their own personal strengths and weaknesses as relevant to overseas living and working.

Behavioural Indicators

6.2 Interculturally Effective Persons:

- can identify what gives them personal and professional satisfaction and dissatisfaction and why, as indicated by being able to:
 - list the key activities they need to relax and enjoy life
 - list the key conditions they would need to function effectively on the job (e.g. equipment, a pleasant social atmosphere, freedom to experiment etc.)
- have learned to deal with their own emotional reactions to discomfiting behaviours in other cultures, including physical manifestations (e.g. unease at standing at a different proximity than what one is used to), by:
 - making an effort to “try on” the discomfiting behaviours (such as standing at a different proximity) in order to gain acceptance in the host country and reduce one’s unease
 - recognizing personal biases and the impact they could have on the ability to be effective in another culture

