

The Temperance Cause.

SUBSTITUTES FOR BRANDY

The Herald of Health prints a very suggestive article, entitled "Substitutes for Brandy," by Dr. Ridge, of London, who has large experience in the non-alcoholic treatment of disease in connection with the London Temperance Hospital, in which, referring to the profound conviction in the public mind, including also the medical profession, that spirits, and especially brandy, are of great value in many diseases, both chronic and acute, he affirms that "in effect, other things being equal, a person has a better chance of recovery without alcohol than with it." He also says: "One of the most easily remembered rules is, that when a substitute is required for brandy as a narcotic apply warmth externally; when for brandy as a so-called stimulant, give hot drinks internally." He adds: "As a stimulant pure and simple there is nothing acts so rapidly and powerfully as hot water, milk and water, tea, etc., or non-alcoholic peppermint, or ginger in hot water." The article, as a whole, is timely and valuable, and will help many, even of temperance people, to feel that they can safely dispense with alcohol, even as a remedial agent in sickness. Dethroned in this particular, alcohol may then be much more readily and effectually banished as a beverage from the sideboard and the saloon.

Bishop Ireland, of the Roman Catholic Church, in a recent address on total abstinence and suppression of the liquor traffic, said:—

"Our disgrace and our misfortune in America is the number of Irish saloon-keepers. I blush for the old race whenever I walk along the streets of our cities and read over doorways Irish names prefacing so seldom the words 'bank,' 'commission house,' 'dry goods store,' so often the words 'saloon,' 'wines and liquors,' 'imported liquors.' To what base uses noble names have come!

"Compute in any one city the sums of money spent by Irishmen in Irish saloons, and you will be affrighted. In one Western city of America there are 1,500 saloons kept by Irishmen for the benefit of Irishmen. Allow the average receipts of each saloon to be \$15 per day, you have an annual expenditure for liquor by the Irish of that city of \$8,212,500. Add to these sums the value of time lost through drink, of wages unearned because men visit saloons, and 12,000,000 per annum is not too high a figure to represent the annual losses to the Irish of one city. Repeat the calculation with due proportion from St. Paul to New York, from Boston to Philadelphia, and you will know why we are poor. It is idle talk to advise the people to secure homes of their own, to leave the crowded cities, to gain by labor and economy a competence for themselves and their families; we must lay the axe to the root of the evil, first teaching them to shun the saloon, which is swallowing up their earnings."

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Confession and Absolution. OBSERVATIONS upon the late Mission. Just Published by the Bishop of Nova Scotia. For sale by WM. GOSSIP, Granville St. Price 5 Cents.

GATES' Acadian Liniment AND Nerve Ointment CURE Rheumatism and Diphtheria. TRURO, February 1st., 1879.

MESSRS. C. GATES, SON & CO.—Gentlemen, I came home two weeks ago, and found my boy perfectly helpless, and crying with pain. I took your

Acadian Liniment and Nerve Ointment. mixed them together, and bathed the painful parts, and they killed the pain immediately. I called in a doctor to see what ailed the child, and he pronounced it Inflammatory Rheumatism. I believe that pain cannot stay where they are properly tried. I have seen people who had Diphtheria use your

Acadian Liniment in preference to the Doctor's gargle, as it gave them more relief. When the throat is coated, it can be used as it is in the bottle, without being diluted. I believe that every house should have your Medicines in them. Yours truly, JAMES FULTON. Sold everywhere.

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What is Catarrh?

(From the Mail, Can., Dec. 14th). CATARRH is a mucous-purulent discharge caused by the presence and development of the vegetable parasite amoeba in the internal lining membrane of the nose. This parasite is only developed under favorable circumstances, and these are:—Morbid state of the blood, as the blighted corpuscle of tubercle, the germ poison of syphilis, mercury, toxæmia, from the retention of the effluvia of the skin, suppressed perspiration, badly ventilated sleeping apartments, and other poisons that are germinated in the blood. These poisons keep the internal lining membrane of the nose in a constant state of irritation, ever ready for the deposit of the seeds of these germs, which spread up the nostrils and down the fauces, or back of the throat, causing ulceration of the throat, up the eustachian tubes, causing deafness; burrowing in the vocal cords, causing hoarseness; usurping the proper structure of the bronchial tubes, ending in pulmonary consumption and death. Many attempts have been made to discover a cure for this distressing disease by the use of inhalants and other ingenious devices, but none of these treatments can do a particle of good until the parasites are either destroyed or removed from the mucous-tissue. Some time since a well-known physician of 40 years' standing, after much experimenting, succeeded in discovering the necessary combination of ingredients which never fails in absolutely and permanently eradicating this horrible disease, whether standing for one year or forty years. Those who may be suffering from the above disease should, without delay, communicate with the business managers, Messrs. A. H. DIXON & SON, 305 King street west, Toronto, and get full particulars and treatise free by enclosing stamp.

Books for Churchmen

S. P. C. K. Depository, WM. GOSSIP'S No. 103 Granville Street, Halifax. Commentary on Old and New Testament, Bookform, and in serial parts, at 15c. a number. In Volumes, \$1 each. The Narrow Way, 17c. Communicants Manual, by Bishop How, Bishop Oxenden, Sadler, Burbidge, Wilson, from 16c. 25c. Blomfield's Family Prayers, 23c. Commentary on Book of Common Prayer, 63c. Dr. Barry's Commentary on Prayer Book, 75c. Large supply of Church Tracts, Confirmation Cards, Baptism Cards, Cards for first Communion, Lectures on Confirmation, (Morse) 30c. Official Year Book for 1884, 75c. Book of Offices, \$2.50 and \$1.50.

From a Gentleman well known.

CAPTAIN ROOD, of the steamship Edger Stewart, has just brought to our notice a most remarkable case of a young lady who was a passenger with him some little time ago, who was on her way home "to die, as she expressed herself," as she had been told by her physician that there was no hope of her recovery, that she was in an advanced stage of consumption, and recommended her to go home. The captain seeing that she was very sick having a very severe cough, gave her a bottle, that he had on board, of Puttner's Syrup of Hypophosphites, which at once relieved her cough, and gave her much comfort. When she got home, she continued the bottle, and found that it had done her so much good, that a messenger was despatched to the captain to get the patient half a dozen bottles. The patient has been taking it for some time, and has improved in a most astonishing manner, so that she is now able to attend to her duties, and enjoys better health than she has for over two years. This is not the first charitable act of Captain Rood, who always looks after the interests of the passengers committed to his care, and says, "I always recommended your Syrup, as I could do it with the utmost confidence from the personal experience I have had with it, and I consider my medicine chest not complete without Puttner's Syrup Hypophosphites."