



FREE!

This remarkable statement of which we direct special attention, is from a Tennessee farmer. My age is 63. I suffered intensely from Catarrh 10 years. Had intense headache, took cold easily, had continual roaring and singing in my ears. My hearing began to fail, and for three years I was almost entirely deaf, and I continually grew worse. Everything I had tried, failed. In despair I commenced to use the Aerial Medication in 1888, and the effect of the first application was simply wonderful. In less than five minutes my hearing was fully restored, and has been perfect ever since, and in a few months was entirely cured of Catarrh. ELI BROWN, Jacksboro, Tenn.

Medicines for Three Months' Treatment Free. To introduce this treatment and prove beyond doubt that it is a positive cure for Deafness, Catarrh, Throat and Lung Diseases, I will send sufficient medicines for three months' treatment free.

Address, J. H. MOORE, M.D., Cincinnati, O.



"ST. AUGUSTINE" Sacramental Wine.

The REV. DR. COCHRANE writes:— BRANTFORD, May 23rd, 1895. Messrs. J. S. Hamilton & Co. GENTLEMEN,—The St. Augustine Wine used in my own church on sacramental occasions, as well as in many other churches, I have always heard spoken of in the highest terms and is admirably suited for the purpose. Its deservedly high reputation for purity can be relied upon. The unfermented grape juice also commends itself to those who prefer that the wine should not be fermented and should have a large and increasing sale in our Presbyterian and other Churches.

WM. COCHRANE.

St. Augustine in cases, 1 dozen quarts, \$4.50. Unfermented Grape Juice, 1 doz. qts., \$9.90

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DOUBLE DECEPTION.

The Public Often Imposed On.

PROPRIETARY MEDICINES AND PILLS THAT ARE UTTERLY WORTHLESS.

When You Ask For Paine's Celery Compound do not Allow your Dealer to Recommend Something Else.

Yes, there is a vast amount of double deception practised in the country. The double deception imposed on a too-confiding people, just means the making of worthless liquid medicines and pills, and putting them into the stores of dealers, who often recommend them when Paine's Celery Compound is asked for, because they pay larger and handsomer profits.

This work of falsely recommending and substituting, is fraught with many evils. It encourages deception and falsehood; it brings the public to the position of slaves to the will of the grasping dealer; it tends to prolong sufferings and agonies when the sick are forced to buy what they do not ask for; and lastly, the vile work of substituting assists the spread and circulation of preparations that should be prohibited by law.

This work of recommending poor and trashy medicines when Paine's Celery Compound is asked for, is meeting with its just reward in many places. The substituting and deceptive dealers are being shunned, and the money for Paine's Celery Compound goes into the hands of upright and honest business men, contented with moderate profits, and who are anxious to give men, women and children just what they ask for.

The great desire of sick and diseased people is a new life, which means health, strength and bodily vigor. This condition is surely and speedily realized when Paine's Celery Compound is used. This fact is proved every day by the number of testimonials received from cured people. The clergy, medical men, bankers, merchants and the everyday people testify in favor of Paine's Celery Compound; such letters cannot be shown by the proprietors of the medicines you are asked to avoid.



FREE TO BALD HEADS. We will mail on application, free information how to grow hair upon a bald head, stop falling hair and remove scalp diseases. Address, Altemhelm Med. Dispensary, 127 East Third Street, Cincinnati, O.

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HEALTH AND HOUSEHOLD HINTS.

Strong ammonia and water will take out grease spots.

A persistent washing and rinsing in milk will remove an ink stain.

A clean, well-aired and well-managed house results in good-natured inmates.

If you have to sew all day, change your seat occasionally, and so obtain rest. Bathing the face and hands will also stimulate and refresh.

In dusting, carefully take up the dust on a cloth and shake it out of the windows. Do not flit it from one piece of furniture to another and call it dusting.

For stains in matting from grease, wet the spot with alcohol, then rub on white castile soap. Let this dry in a cake and then wash off with warm salt water.

Where it is desirable to see the tongue of a very small child, the object may be accomplished by touching the upper lip with a bit of sweet oil, which will cause the child to protrude its tongue.

Did you ever try making jelly glasses of goblets with bottoms broken off? Set them into baking powder can covers filled with plaster of paris mixed thick in water. This holds them steady until the plaster sets. It takes but a few minutes. Mix just enough for one at a time.

Brown Bread.—One cup each of rye meal and Indian meal, one-half cup of molasses, one teaspoonful of soda, a little salt. Mix with cold water quite soft. Put into tin pail, cover and bake two or three hours; about half an hour before it is done remove the cover in order to dry off the top.

Baked Indian Pudding.—One pint of meal, three pints of scalded milk, one teacup of suet shredded and chopped fine, one-half pint of molasses, a little salt and six or eight apples chopped fine. Mix all together thoroughly. Turn into a buttered pudding dish and bake in a moderate oven four or five hours.

Chicken Consomme.—Take a chicken, cut it into pieces and put it into a sauce-pan with two quarts of cold water, and let it simmer gently until the scum begins to rise. Skim until every particle is removed, then add salt, a carrot, an onion and a turnip chopped and a little celery. Boil gently two hours, strain and serve.

A Veal Pot-pie With Dumplings.—Take a scrag or breast neck of veal and cut it into slices an inch thick. Fry out several slices of salt pork in a kettle. Remove the pork, flour the veal and brown it on both sides in the fat. Add hot water just enough to cover the meat. Let it simmer about half an hour, then season it with pepper and salt and dredge in a little flour. Let it cook gently till tender. Dumplings—One cup of flour, one even teaspoonful of baking powder, half a teaspoonful of salt and sweet milk to make a batter stiff enough to drop from a spoon. Drop by the spoonful into the boiling stew. Cover closely to keep in the steam, and cook fifteen minutes without lifting the cover. Take out the dumplings, put the meat into the centre of a hot platter and the dumplings around the edge.

Macaroni with Tomato Sauce.—Put one half of a quart can of tomatoes on to boil with two sprigs of parsley, and a small piece of celery, or a little celery salt and three whole cloves. Fry one tablespoonful of chopped onion in one heaping teaspoonful of butter till yellow, then add a heaping tablespoonful of flour and stir all into the tomatoes. Season with pepper and salt and strain into a clean saucepan. Set where it will keep hot but not boil. Put one-fourth of a pound of well-washed macaroni in plenty of boiling salted water. Cover and boil rapidly from twenty to twenty-five minutes, then drain in colander. Place a layer of the macaroni in a hot dish, then pour over it some of the sauce, then another layer of macaroni and a layer of sauce, having the sauce the last thing. Set in the oven for five minutes and serve very hot.

WHY NOT YOU?

When thousands of people are taking Hood's Sarsaparilla to overcome the weakness and languor which are so common at this season, why are you not doing the same? When you know that Hood's Sarsaparilla has power to cure rheumatism, dyspepsia and all diseases caused by impure blood, why do you continue to suffer? Hood's cures others, why not you? Hood's Pills are prompt and efficient. 25c.



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RIPANS TABLETS REGULATE THE STOMACH, LIVER AND BOWELS AND PURIFY THE BLOOD. RIPANS TABLETS are the best Medicine known for Indigestion, Biliousness, Headache, Constipation, Dyspepsia, Chronic Liver Troubles, Dizziness, Bad Complexion, Dysentery, Offensive Breath, and all disorders of the Stomach, Liver and Bowels. Ripans Tablets contain nothing injurious to the most delicate constitution. Are pleasant to take, safe, effectual, and give immediate relief. Price—50 cents per box. May be ordered through nearest druggist, or by mail. Address **THE RIPANS CHEMICAL CO., 10 SPRUCE STREET, NEW YORK CITY.**

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