

amounted to the enormous quantity of 29,737,561 pounds or more than a pound to every man, woman and child of the population. When we consider that in every hundred pounds of this drug there is one pound of the most deadly poison known to chemistry, it is obvious that much injury must be done to the human constitution by its so extensive use. The first chapter of this book treats of the general characteristics of tobacco—its history, botany, chemistry and physiological effects; chapter second contains practical observations on its use and abuse; and chapter third communications from distinguished physicians, and extracts from medical writings. There can be no doubt that Dr. Lizars has made out an Indictment, against Tobacco, of the most alarming character. It is the fruitful cause of some of the most painful and horrible diseases to which the human frame is subject. Among others he enumerates ulcerations of the mouth, cancer, dyspepsia, diarrhœa, disease of the liver, congestion of the brain, apoplexy, palsy, mania, loss of memory, nervousness, emasculation, cowardice, &c. The cases and authorities which he adduces in support of his own large experience are numerous and conclusive. Let no one suppose that this is a quack book. It is written by one of the most skilful and judicious of surgeons—one whose reputation is world-wide. We are persuaded that a perusal of this book will convince the most skeptical that tobacco is a most deliterious drug, whether used in the form of smoke, snuff, or *quid*, producing effects on society which neither the public nor the medical profession seem yet to have fairly estimated. In page 103 of this book an experienced surgeon says “that the germs of premature decay which the abuse of tobacco is spreading through the country, will ultimately, in my opinion, prove more overwhelming than even the serious abuse of intoxicating liquors.” Another says: “After fifty years of most extensive and varied practice in my profession, I have come to the decision that smoking is the main cause of ruining our young men, pauperizing the working-men, and rendering comparatively useless the best efforts of ministers of religion.” As a scientific journal we deem it right to warn our youth against the use, in any form whatever, of this disgusting “weed.” The Virginian *Nicotiana tabacum*, as well as the Canadian *Nicotiana rustica* should be regarded by every lover of himself and his kind, as a thing to be absolutely proscribed as both destructive to health and morals. We most cordially recommend this little seasonable treatise.