Help Diges

Thursday,

## **NOTES AND COMMENTS**

Those who attributed the constant ing the present drought. The gun-that anger is a killer of men, and that don, of Woodstock, are visting fore, yet rain, which would be most rage you are pegging back the tale Mr. Sam French, of Leamington, welcome, does not fall.

horses that would otherwise go with- penalizes its users. out a cool, refreshing, necessary | "So, finally, unless you are tired | The St. Thomas Lodge of Orangedrink. If horses could talk, they of life and don't mind dying premawould express their appreciation, turely, ware anger in all its shapes dressed lodge on parade at the Wind-Boys should remember, however, and forms, from the spasm of an- sor celebration of the Glorious that this drinking fountain is not noyance to the full-blown, black-inintended for them to splash about in. the face rage.

Diplomatic relations between Italy and Germany are very much strained These two countries have occupied the unique and unheard of position of both being active participants of this great war, and yet have not been at war with one another. But a breach in the near future seems inevitable. In the spring of 1915, Prince Von Buelow, then German Ambassador to Italy. secured an agreement with the Italian Government, under which Germany and Italy pledged themselves to respect the properties and lives of their respective subjects. According been spending a few days in town to charges and protests now made with Mr. and Mrs. Edward Trim. by Italy, who has respected the London is suffering from a shortagreement absolutely, Germany has age of water, and wells outside the proved as fickle with them as with city are being developed to help out all other nations with whom agree- the supply. ments were in existence. Doubtless Had it rained as it did on that day this understanding was merely another "scrap of paper." The Italian rain for forty successive days therepublic are unwilling to be longer after. imposed upon, and are clamoring that To stop your hair from falling use M.C.R. agent there. the agreement be cancelled.

Some weeks ago we read what might be termed a sermonette edia deep impression on us that we have the summer. not been able to forget it, and we lysis, the cause of which so far has herewith reproduce it, in the hope the most eminent physicians comthat it may prove of benefit to our pletely puzzled, is epidemic in Windreaders. Those who have been in sor. the habit of letting their tempers get | will not again strike Aylmer. the best of them will, we are sure, make no effort to refute the arguments advanced. Here it is:

to control your temper.

to why so many men die betwee ages of fifty and fifty-five?

"You haven't? Well, do you want to live out your own alloted span of three score years and ten? You do? Then avoid, as very plagues, three days here. things-grief, worry, and anger. The latter particularly, and for this reason:

cures worry-you get wise as to the thorities in future will make escape utter futility of it-but there's no as hard as possible, and thus themtime cure for anger, and it's only the wisest of men-and very few there are of them-who are wise enough

"Anger, or rage, uses up the vital passed. forces at an appalling rate. That exhausted feeling which comes over you after you have been thoroughly angry should tell you that you have drawn on the day's supply of vitality, and that you have, in very truth, 'taken it out of yourself.'

"There's another effect, too. A morning rage unfits you for work.

tions should be subservient to the St. Thomas is to vote on a by-law will. Keep the rising anger down by to grant the Monarch Knitting Comthe power of your will. Admitted, pany a loan of \$30,600 on 8th August. rains to the heavy cannonading some there are many things that cause Mrs. (Dr.) Rogers and sons, of Infour thousand miles away, must find anger—justifiable anger. Yet, now gersoll, are visiti their arguments badly shattered dur- that you know the scientific truth firing is much heavier than ever be- every time you get into a blazing friends in town. of your years, is it worth while to is spending a few days in town with get angry?

"And what, after all, does anger Mr. and Mrs. D. J. McLachlin re-If any of the members of our accomplish? You fire your verbal turned home on Tuesday after a Council doubt the wisdom of the shots at the one who has angered ilton and Grimsby. re-establishment of the drinking you, but the recoil action on yourself Rev. A. E. M. Thomson attended fountain, we would suggest that they hurts you more than your shots hurt the London Conference Summer spend an hour any of these hot days him. German devilry may make you School at Alma College, St. Thomas, at the corner of John and Sydenham angry, but it doesn't affect the Huns. last week Streets. They will find that it is The old gentleman who got terribly The Court of Criminal Appeal on largely used by men, women, and angry about the use of poison gas Tuesday dismissed the appeal of children, and, most important of all, had a fit, and died. Anger always tion on the charge of high treason

"Spare yourself, and save yourself. let your words cut, if some defaulter the holiday months. needs a rebuke. And as a last thought, remember that a man in a rage is either amusing or repulsive."

## ADDITIONAL LOCALS

Miss Emma Manson, St. Catharines, is the guest of Mrs. G. M. Standing. W. Peckham, of St. Thomas, spent Sunday in town. Mrs. C. H. Kivell and son Glenn

left on Saturday for Sioux City, where they will join Mr. Kivell Mr. and Mrs. Smith, of Sarnia, have

Saturday was St. Swithin's Day.

the Rexall "93" Hair Tonic, which all Rexall Drug Stores fully guarantee-50c and \$1.00 bottles. - J. E. Richards & Co.

The Citizens' Band gave their second open-air concert at the Park torial in the Canadian Pictorial on last Friday evening. These enjoy-the advantages of keeping cool and able concerts will likely be of weekly keeping one's temper. It made such 'occurrence during the remainder of

It is earnestly hoped that it

Mrs. Esther Watts and sons Jack and Price left on Saturday to spend the balance of the summer with her sister, Mrs. (Dr.) W. Sanders, at "Unless you are tired of life, learn Brandon, Man. Mrs. Watts will "Have you ever given a thought as spend the coming winter in California before returning.

Mrs. George Lemon ha sreturned from a two-weeks' visit with her sons, Dr. Morse and Dr. Willis Lemon, at Chicago. The young son of the former accompanied Mrs. Lemon home, and will spend the holi-

The down pipe used for sanitary purposes at the Elgin County Jail, is to be removed. This pipe has been several times used as the road to "Time cures grief, and wisdom freedom by prisoners, and the auselves escape censure.

There was an eclipse of the moon on Friday night, which several citizens tell us was plainly visible. At to make a point of never getting 11.46 the moon was almost entirely hidden, and at 1.13 the shadow had eclipse took place too late for us to see it.

The barns of Arch. McLean, Yarmouth, were destroyed by fire of unknown origin at four o'clock on Thursday morning. The implements were burned to death. The loss will Catarrhal Deafness Cannot Be Cured. hand side, called for by the laws of reach several thousands of dollars. Mrs. Lewis Timpany and son are visiting friends in Brampton.

disease. A wise commander keeps his reserve for emergencies, and you units. Keep out flies and mosquitoes. Eat vegetables and fruits freely. Go fishing and bathing frequently. Get a normal amount of sleep. Do only one day's work in any single day.

"Anger is an emotion, and all emo-

gersoll, are visiting her mother, Mrs.

Mr. and Mrs. D. G. Bingham.

pleasant visit with relatives at Ham-

for which he was sentenced to death.

Miss Edith McCrae, directress of the Aylmer Kindergarten Depart-Keep perfectly cool and calm, and Kindergarten primary work during

Arthur Earl Richardson, of Luton. was on Tuesday sworn in as a Jus tice of the Peace for Elgin County We congratulate Mr. Richardson on his commission, and are confident he will make a conscientious and just

Rev. A. B. Farney, an ever-welcome visitor to Aylmer, arrived from Simowing day with friends here. Mr. Farney is on his holidays, which he will spend in Amherstburg and in Windsor.

Mrs. George Sawyer, who for the past three weeks has been under the care of the physician at the home of Mrs. T. A. Barnecott, has so much improved that she expects to return to her home in Lyons in a week or

Robberies running into thousands of dollars have recently taken place in the railway yards at Bridgeburg, and four young men, lifelong residents of the town, are under arrest. Mr. Jack Mann, of this place, is the

A successful meeting, of the Luton Institute was held at the home of Mrs. Fred E. Dunn on Thursday afternoon, when an instructive and entertaining programme was given. The August meeting is to take place at the home of the president, friends at St. Catharines. Mrs. Eugene Hill.

Joseph Leverton, of Sparta, for ter, Glencolin-a daughter. everal years a respected resident of Aylmer, fell from a load of hay last the wife of Howard McGregor-a son Friday, sustaining injuries which leave him in a critical condition. His spine was injured, and he also suffers from concussion of the brain, which makes his recovery doubtful. Mr. Leverton is a brother of Mrs. Francis

The Aylmer Branch of the Wonen's Institute have sent their re- mer this week. gular monthly shipment for July to Mr. E. W. R. Hill spent Sunday in the C.W.C.A., St. Thomas. It consisted of 50 pairs of socks and 1 Houston. n; also 6 private parcels to Aylmer boys overseas, George are visiting the former's pareach one valued at \$3. The Women's ents, Mr. and Mrs. J. Bate, Tillson-Institute would be pleased to receive burg, this week. the address of any other boys who Rev. Edward Noel Mellish, a chapenlisted here, and are fighting at the lain with the British forces in France, has been awarded the Victoria Cross

George Raymond passed away on for conspicuous bravery. It is re-Monday, July 17th, at the home of lated that for three days he risked his daughter, Mrs. Elgin Chute, of his life continuously to rescue wound-Malahide, after an illness of more ed men on the battlefield. He brought than two years. He was in his 72nd in ten badly wounded men on the year, and has been a highly respected first day from ground swept by resident of this township for more machine gun fire, and three were acthan forty-five years. Besides his tually killed while he was dressing daughter, he leaves three sons to their wounds. Only once before has mourn his loss-Lewis, who has en- the Victoria Cross been given to a listed with the 221st Manitoba Bat- clergyman. talion; Leland, of the Philippine Is- Rev. A. E. Doan, of Moncton, Ont., lands; and William, of Port Burwell. formerly senior pastor on the Mala-The phenomenon occurs His wife predeceased him many hide Circuit of the Methodist Church, every nineteen years. Of course, the years. The funeral takes place this and Mr. Bloomfield, of Belmont, the (Thursday) afternoon, 20th inst., former driving a Ford and the latter from the residence of his daughter, a Studebaker car, collided on the Mrs. Elgin Chute, 1st Concession, at road near Union last Sunday evening 2 o'clock. Interment will be made about seven o'clock. The two autoin the Avlmer Cemetery.

by local applications, as they cannot the country, and evidently stayed reach the diseased portion of the ear. There is only one way to cure catther result that the Studebaker was Mrs. Lewis Timpany and son are consisting friends in Brampton.

Watch your own health this sumboliged to summon your precious reserve of vital power that you may do what you have to do.

"Mark that word 'precious.' Your reserve vitality is precious, because it is that which carries you through illness and enables you to fight off disease. A wise commander keeps this reserve for emergencies, and you is a commander keeps this reserve for emergencies, and you have a got to watch your own health this sumbout friends in Brampton.

Watch your own health this sumbour of the mucous lining of the Eustarhal deafness, and that is by a constitutional remedy. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is mormal and necessary thing in summer. Expect it, prepare for it, make the best of it. In the home remember that shade is usually cool and combiliness and enables you to fight off disease. A wise commander keeps the second string of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is mormal and necessary thing in summer. Expect it, prepare for it, make the best of it. In the home remember that shade is usually cool and combiliness are caused by catarrh, which deafness are caused by catarrh, which deafness is caused by an inflamed condition of the mucous inflamed you have a rumbling sound or imperfect hearing, and when it is untirely closed. Deafness is the result. There is only one way to cure catarrhal deafness, and that is by a constitutional remedy. Catarrhal Deafness is caused by an inflamed condition of the mucous inflamed you have a rumbling sound or imperfect hearing, and when it is untirely closed. Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing will be destroyed for ever. Many cases of deafness and that is by a constitutional remedy. Catarrhal Deaf

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Buy your BLUE Serge Suits, your BLUE Overalls, BLUE Shirts, and in fact anything that has BLUE dye in it

NOW

as the war has advanced the prices on all BLUE stuff 25 per

We were very lucky to have a well assorted stock of BLUES and are holding to the old prices as near as possible

And we will give You your money's worth

THE G. R. CHRISTIE CO.

"RELIABLE OUTFITTERS"

Miss Annie Smith is this week The Royal Bank of Canada Mrs. (Dr.) Mackie is visiting **INCORPORATED 1869** Born, to Mr. and Mrs. Earl Bax

Capital and Reserve - \$24,796,000,00

We will be glad to make liberal loans to responsible farmers to purchase cattle at attractive rates of interest.

J. W. BANFIELD,

Born, in Aylmer, on July 15th, to

Lorne Miller, of Royal Oak, Mich.,

Mrs. E. E. Martin returned home

to-day after a short visit at Port

Rev. J. W. Clarke, of Greenville, i

visiting relatives and friends in Ayl-

St. Thomas, the guest of Mr. A

Mrs. C. B. Monteith and young son

ists met, and the Studebaker, it is

alleged, was on the wrong side of the

road. The Ford was on the right

the result that the Studebaker was

is spending a few days in town.

Manager Aylmer Branch



Quarter Cut Oak Finish Buffets ..... \$18.00 to \$30.00 Round Extension Tables to match. .... \$11.50 to \$15.00 Other Extension Table in every style, finish and length ranging in price .........\$6.50 to \$35.00 Sideboards and Buffets in Royal Oak and Quarter Cut Oak, big selection to choose from..... \$12.50 to \$45.00

Walnut Dining Suite

tering......\$14.50 to \$40.00

Solid Oak Dining Chairs, leather uphols-

Chairs, leather upholstering ..... 32. ... \$27.00 China Cabinet .....\$21.00 

## JOHN PALMER & SON

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To keep your di organs in good wor der-tostimulate yo tone your stoma regulate your bowel

GUNNER CLINTON HAS RETURNED FE

> Given a Hearty Wel Saturday Nigh

FRONT.

The hearty welcome a Clinton Learn on his retu battle front in France ; on Saturday evening las gladdened that young l and shown him how gre vices for King and Coun preciated by every loy; Aylmer and vicinity. known that he was to ar the 10.30 train until aft on that night, but Mayo

others hustled around, a train pulled in he was Clarke, the Citizens' Bar sands of citizens of Aylm hide, and the hearty, rej that were given him mu Private Learn proud of he had done his bit in th of freedom and right. severely wounded while the 12th Field Battery, Leonard, of London, an kept him confined to th a year. His last and injury was received scout work between th he was mistaken for an Ally guard, by whom h the shoulder. Leaving here, the procession ca ing, where addresses were given by Deputy of Malahide; Mayor M David Marshall, M.P. Richardson, and A. H reply, Private Learn thanked the people welcome home accorde was glad to be home. to come in quietly, the home of his par Mrs. Philip Learn, bu fully appreciated the h done him. He enlisted 1914, at London, and v the heaviest engageme recover his health and

DUNBOY

Mrs. Mervin Koyle

Mr. and Mrs. Henr Guysboro, spent Sund Mrs. G. Garnham's. sermon here on this s

cuit last Sunday. Mrs. C. Dodds, of A turned home after sp with Mrs. N. Ellswort Mr. James Thayer as Sunday with his mo

Thaver. Miss Opal Soper h her home at Straf Miss Cora Wilson after spending some mother at Port Stanle by her sister, Miss I

Arrangements are the annual Baptist picnic to be held thi Bruce, next Tuesday

IRELA

About 200 guests a home of Mr. and Mr Sr., on Monday nigh them a surprise party was given and speed by several, indicatin teem in which Mr. a



CHAS. EN TOBACCONIST