

some useful intelligence on matters of details in his Excellency. He at least was good enough to say that I had been of service, and to speak very nicely and flatteringly about the expedition, &c., I had been able to use.

My leg by this time had got so bad, that I could barely walk, and now there, place has sloughed out, and be hanged to it, I never, I will heal on board ship, rather than go in a day or two, to find I have to go home, per- haps I shall outspan for a few days, Cape Town; perhaps I shall not leave at all. This is a fearful long yarn, but once I began it I could not leave.

Yours ever,
ARCHIBALD FORBES.

A New Cure for Intemperance
—Success of the Remedy in
Scotland.

(From the Aberdeen Evening Express.)

During the last few months a course of treatment, having for its object the cure of intemperance, has been carried on in Aberdeen with apparently most successful results.

Some of our readers may remember that about the beginning of the present year a paragraph appeared in our columns describing the extraordinary success which attended the efforts of a Chicago physician to cure drunkards of their craving for spirituous liquors by the use of a medicine prepared from the red Peruvian bark. Among the persons whose attention was attracted by this story were several gentlemen of influence in Aberdeen, to whom it occurred to give the supposed remedy a practical trial. These gentlemen brought the matter before the notice of Dr. Stewart, of the Heriot-Watson Dispensary, and the Heriot-Watson Dispensary.

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time making the proposal which had suggested itself to their minds, namely, that a patient such as would make the case, so as to speak, a test one, should be put through a course of treatment at Heathcote. They were gratified to find Dr. Stewart quite as much interested in the matter as they themselves were, and ready to bear a share in the expense of the experiment, for such it was. Without loss of time the work was commenced, and a little difficulty was experienced in finding a suitable patient to operate upon. They were possessed of no mean share of accomplishments, and yet in the prime of life, who for years had been the slave of

habits that were surely dragging him to ruin, who, indeed, four months ago, presented the appearance of a physical and mental wreck, was, if any could be, a fitting subject; in point of fact, it was specially with a view to the reformation of one whose deplorable condition made him an object of pity to all that saw him wandering about our streets, that the proposal first took form. The inebriate was conveyed to Heathcot about four months ago, and at once put under the treatment, which may be here described. The remedy is said to have been discovered by a Dr. D'Unger, of Chicago, and the spla

ingredient used in its preparation is the red Peruvian bark (*Cinchona rubra*), known among druggists as "quill bark," from the fact that it is obtained from the twigs about the size of a quill. The bark is cut into small powder, and soaked in dilute alcohol, after which its bulk is lessened by one half being strained or evaporated off. On the first and second days the medicine (which, in its prepared state, bears the technical name *Extractum Cinchona Rubra Liquidum*) is to be given to the patient in the proportion of a spoonful every three hours, the tongue being occasionally moistened in the intervals between the doses.

On the third day the dose is reduced to a half-spoonful, a quarter-spoonful, and subsequently to five, ten and five drops. The treatment is continued on an average, for eight days—in extreme cases, for thirty days. Like the well known preparation derived from the same source—quinine—the *Extractum Cinchona* is a powerful tonic, but possesses the quality, which quinine lacks, of inspiring those that partake of it with a thorough, and for the time, unconquerable aversion of spirituous liquors. At Heathcot the treatment was, in effect, as we have indicated; and, almost from its

commencement, it developed the most extraordinary results. After the first few doses, the intense craving for drink became less, and gradually disappeared; while in place of it there was manifested a no less marked aversion to the alcohol, which shortly grew into positive disgust. The treatment was continued for three months, after the lapse of which period the patient returned to Aberdeen, with a color in his cheeks that for years had been absent, and such health and vigor in his movements as could not fail to carry conviction regarding the result of the work. The

once decrepit and maudlin drunkard has been furnished with employment; physically the man has been retrieved from utter ruin.

Emboldened by the success which attended their efforts in this instance, Dr. Stewart and his friends had another patient subjected to the effect of the medicine at Heathcot. In this case it was a commercial man whose deplorable desire for spirituous liquors was fast ruining him and destroying the happiness of his family. The case was not so hopelessly bad as the previous one, yet he called for remedy if ever one did. The man was brought

to Heaven one day, dead drunk, and when the first craving had passed, the same aversion to spirits as was displayed in the other case resulted. His wife, in a letter, while expressing in the most earnest manner the hope that the efforts for her husband's reformation would be rewarded with success, despaired of the result, knowing from experience, as she said, that the unhappy man would find some means of furnishing himself with stimulants of some shape, whether whiskey, chloral, opium, or chloroform. In a month, however, the patient was allowed to visit the city daily for the purpose of at-

tending to his duties, returning to
Heathcot at night. He is now an altered
man, has no longing for strong
drink, and hates the very sight of it.
Yet another case. A young man,
whose habits threatened to involve
him in the moral and physical destruction
which in the preceding cases was
all but reached, was sent to Deeside,
and after undergoing a fortnight's
treatment at the hands of Dr. Stewart,