

LODGES.



WELLINGTON Lodge, No. 46, A. F. & A. M., G. R. C., meets on the first Monday of every month, in the Masonic Hall, Fifth St., at 7:30 p. m. Visiting brethren heartily welcomed.

ALEX. GREGORY, Sec'y.
GEORGE MASSEY, W. M.

DENTAL.

DR. LUDLOW'S DENTAL ROOMS are located at the head of the short stairway, second door west of Bank of Commerce, and opp. the Garner Hotel. All work neatly, cheaply and satisfactorily performed.

LEGAL.

EDWIN BELL—Barrister, Solicitor, etc. Office: Merchants' Bank Building.

THOMAS SCULLARD—Barrister and Solicitor, Victoria Block, Chatham, Ont.

SMITH, HERBERT D. — County Crown Attorney, Barrister, Solicitor, etc. Harrison Hall, Chatham.

J. B. O'LENN—Barrister, Solicitor, etc. Conveyancer, Notary Public. Office, King Street, opposite Merchants' Bank, Chatham, Ont.

WALKER & REEVE — Barristers, Solicitors, etc. Chatham, Ont. Office over Chatham Loan & Savings Co. Money to lend on mortgages. John A. Walker, K. C., John Reeve.

HOUSTON, STONE & SCANE—Barristers, Solicitors, Conveyancers, Notaries Public, etc. Private funds to loan at lowest current rates. Office, upstairs in Sheldrick Block, opposite H. Macdonald's store. M. Houston, Fred. Stone, W. W. Scane.

WILSON, PIKE & GUNDY—Barristers, Solicitors of the Supreme Court, Notaries Public, etc. Money to loan on mortgages, at lowest rates. Offices, Fifth Street. Matthew Wilson, K. C., W. E. Gundy, J. M. Pike.

MEDICAL.

DR. H. J. SULLIVAN
(late residence Surgeon St. Michael's Hospital, Toronto)
Office: opposite Post Office, Chatham, Ont. Phone 348

DR. OVENS, London,

SURGEON, SPECIALIST,
EYE, EAR, NOSE AND THROAT
Visits Chatham Monthly.
Glasses properly fitted. Office—Radley's Drug Store.
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Drafts bought and sold. Collections made on favorable terms. Interest allowed on deposits at current rates in Savings Bank Department, or on deposit receipts.

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and live easy, by baking delicious rolls, biscuits, etc., on a
GAS STOVE.
It makes a coal or wood stove look like 30 cents.

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The Chatham Carpet Cleaning and Rug Manufacturing Works

Mink's Liniment is used by Physicians.

JUST BREATHE.

When Worn Out Don't Take a Stimulant; Just Breathe.

Don't take a stimulant; just breathe. This is the advice of a doctor who does not believe in the old medical policy of mystery, but who undertakes philosophically to explain to any patient why such and such a remedy should be beneficial, says the Philadelphia Telegraph.

"When you are 'let down,'" continued this physician, "don't take a cocktail; just breathe. Put your finger on your pulse and get its rhythm. During eight beats draw in the breath, breathing deep and low and forcing the diaphragm down first, then filling the upper lungs. Then exhale this breath during four beats of the pulse."

"Now, if you are working with a piece of machinery, say a typewriter, what do you do to make it run more smoothly? You don't put a lot more oil on it and gum and clog it all up. You clean it first. You can best clean the blood by breathing. The blood passes through the lungs, and it needs and expects to find plenty of fresh air with oxygen in it. If it can't find perfectly fresh air it needs more air which is not perfectly fresh. It needs to be cleaned by contact with the air."

"Once in awhile hold the lungs full of breath as long as you can without expulsion. In doing this you are simply cleaning the machine. You are cleaning the blood. At the same time you are giving that little flip to the action of the heart and the nervous system which you thought you were giving when you took the cocktail. In the latter case you didn't clean the machine. You simply ran it a little faster and gummed it up a little more. You can get the same results, the same feeling of exhilaration and of accomplishment, without taking the cocktail, and at the same time the machine will steadily improve in its running quality. Breathe the best air you can get and plenty of it. It is as necessary as food. The heart and lungs act involuntarily. In hurried business life they become too involuntary. In that case don't take a cocktail; just breathe."

POINTED PARAGRAPHS.

Don't volunteer too much information.

What a lot of time we waste wondering why.

Patting yourself on the back is a difficult task—seldom done gracefully. There are more talkers than thinkers. Here you have the solution of gossip.

People whose reputations depend upon their clothes have to keep dressed up all the time.

One of the greatest virtues and the hardest is the moral courage to practice self denial.

Courtesy—oh, how that lubricates life! And good nature—what an asset of happiness is that!

Some folks are determined to dominate or die, and as there are few who rise to the first degree there are many who fall to the second.—Schoolmaster.

The Voice of Experience.

The wedding is to occur soon, and she was telling her mother about her plans.

"When Fred is out late at night," she said, "I shall not scold him. I shall try to be reasonable. I think I shall go so far as to keep a light burning for him to make him cheery when he returns."

Her mother was silent.

"Don't you think it would be a good idea to keep the light burning?" she persisted.

"Well, it might do very well for the first month or so. But after you have paid a few gas bills you'll probably conclude that it will be just as well to put the matches where he can find them and turn the light out."

Herism in Animals.

Animals are capable of what we should call herism in man. In one field was a donkey, in another a horse. Through the first went a mastiff and made for the ass, seized him by the throat, pulled him down, and that so suddenly that the donkey looked likely to be killed. The horse in the next field leaped the hedge dividing the two pastures, collared the dog with his teeth, swung him and like a baseball player caught him on the fall—with his heels. The mastiff was whisked over the hedge which the horse had just crossed, and the donkey was left in peace to recover from his wounds.

His Occasional Wish.

"Why don't you ever want to go to a wedding?" snapped Mrs. Enpeck.

"I don't believe you've been to a wedding since you attended your own."

"No," mildly responded Mr. Enpeck.

"I haven't. And," he added softly to himself, "I sometimes wish I hadn't attended that one."

Merely Wished to Know.

"Miss Passy," he said, "there is something I have for some time wished to ask you."

"Oh," she gasped, "I'm so glad—that is, I mean, is it anything personal?"

Passenger (on ocean liner of the future)—Will you please direct me to my stateroom? It's No. 727. Clerk—It's about half a mile aft. Take trolley car on starboard promenade.

Remember that your neighbor is constantly taking an inventory of your blessings and wondering what you can possibly have to worry about.—Atlanta Globe.

MAKES MEN SOUND AND STRONG

Detroit Specialist Making Men's Diseases a Specialty for Years. Will Accept Your Case, Giving Individual Treatment. You may Use it in the Privacy of Your Own Home.

You May Pay When You are Cured.
A Detroit Specialist who has 14 diplomas and certificates from medical colleges and state boards of medical examiners, and who has a vast experience in doctoring diseases of men, is positive he can cure a great many so called incurable cases;



DR. S. GOLDBERG.

The possessor of 14 diplomas and certificates, who wants no money that he does not earn.

In order to convince patients that he has the ability to do as he says, Dr. Goldberg will accept your case for treatment, and you need not pay one penny until a complete cure has been made; he wants to hear from patients who have been unable to get cured, as he guarantees a positive cure for all chronic, nervous, blood and skin diseases, which he accepts for treatment. He not only cures the condition itself, but likewise all the complications, such as rheumatism, bladder or kidney troubles, heart disease, physical and nervous debility, lack of vitality, etc.

The doctor realizes that it is one thing to make claims and another thing to back them up; so he has made it a rule not to ask for money unless he cures you, and when you are cured, he feels sure that you will willingly pay him a small fee. It seems, therefore, that it is to the best interests of everyone who suffers to write the doctor confidentially and lay your case before him, which will receive careful attention, and a correct diagnosis of your case will be made free of charge; if you have lost faith with him, as you have everything to gain and nothing to lose; you must remember that one penny need be paid until you are cured. All medicines for patients are prepared in his own laboratory to meet the requirements of each individual case. He will send a booklet on the subject, which contains the 14 diplomas and certificates, entirely free. Address him simply, Dr. S. Goldberg, 205 Woodward Ave., Room 17, Detroit, Michigan. Medicines for Canadian patients, Windsor, Ont., consequently there is no duty to be paid.

Lloyds Investigates Fires.

A special committee, appointed by Lloyds to enquire into the causes of fire aboard ship, has made its report, and as a result of a careful analysis of places or ports, at which fires have occurred, the committee finds that the greater number have occurred in ports, the actual figures showing 403 fires in port out of 927 cases, including all shipboard fires between Jan. 1, 1902, and Sept. 30, 1903. The list comprises numerous cases in which the losses to underwriters by fire and water, freely used in the efforts to extinguish it, have been very disastrous.

In 75 cases of investigated fires on steamers, the causes so far as can be determined, were as follows: Accidents and carelessness, 29; defective arrangements as to boilers and bunkers, 17; defect in electrical arrangements, 4; lamps and lamp explosions, 10; spontaneous, 8; cabin stoves, 3; not discovered, 4.

In view of the number and importance of these fires and of the vast size and great value of the cargoes now carried, and of the increased carrying capacity of merchant vessels, the committee is of the opinion that the means employed ordinarily for the extinction of fires on board ships are inadequate and obsolete, and that the various port and dock authorities should be required to include in their equipment chemical apparatus of the most improved type.

The Gros Life Saving Belt.

According to experiments at La Rochelle, France, a man wearing a Gros life belt fell overboard and sank. He immediately rose to the surface and continued to float, head and shoulders out of the water, and both arms in the air. This new life saving belt is composed of a series of four small flat sacks, circular in shape and connected by a tube. Both ends of the tube are enclosed in small metallic cylinders, each of which contains a charge of carbide of calcium. The belt is invisible and can be worn by a passenger during the entire voyage without inconvenience. It has been estimated that only about two seconds elapse from the instant the water touches the carbide until the sacks or pouches are filled with sufficient gas to keep a man afloat.

THIS IS A TALE WITH A MORAL

Juliana Sandburg Suffered Six Years with Dyspepsia and was Cured by One Box of Dodd's Dyspepsia Tablets.

"For over six years I was troubled with Dyspepsia and Headache," says Juliana Sandburg, of 221 John street, North, Hamilton, Ont. "Nothing I ate would agree with me."

"I tried several remedies but could not get any relief. Then I was advised to use Dodd's Dyspepsia Tablets and I bought one box. After taking part of it I found relief and by the time I had finished the box I was completely cured."

That was a case of long suffering quickly cured. Just think of suffering for six years with permanent relief within easy reach all the time. How many other Canadians are still complaining of Stomach Troubles? They too can find a lasting cure in Dodd's Dyspepsia Tablets.

There is room on the ocean of life for any number of friendships.

One of Sheridan's Dodges.

It is related of Richard Brinsley Sheridan, the dramatist and statesman, that, always in debt, he had among his creditors the brothers Challe, who were the partners in a wine firm in 1775. One day when he was giving a dinner party to some distinguished people Sheridan sent for one of the brothers, told him he was now able to settle his account and invited him to the dinner party, asking him to come before the hour for some private conversation. Challe arrived early, and he was no sooner in the house than Sheridan sent off a servant with a note to the clerk desiring him, as Mr. Challe was favoring him with his company, to send as soon as possible three dozen of burgundy, two dozen of claret and two dozen of port, with a dozen of old hock. The unsuspecting clerk sent the wine, with which the guests were so pleased that they asked where it came from. Sheridan, turning toward Challe, said, "I am indebted to my friend here for all the wine you have tasted and am always proud to recommend him." It was not until the following morning that Challe realized the double meaning in Sheridan's words. The debt was canceled.

The Lonely Library.

At the English universities the libraries are so little used that they have become famous as places of unbroken solitude. One yarn told to illustrate this is to the effect that an elderly fellow of Caius college, Cambridge, got tired of life and determined to put himself quietly and unostentatiously out of the way, so that the world in general and Caius college in particular should know him no more. Being a man with a great love for his university and a greater love still for his college, he made up his mind that no scandal should be caused by his sudden departure, so he debated in his mind the ways and means. His decision was an inspiration. He bought a decent length of rope and hanged himself in the college library. But his hopes were doomed to disappointment. He was discovered a year and a half later.

Long Cooking.

Of fresh foods the elephant's foot needs cooking the longest time, as it does not acquire its proper tenderness and succulence till it has been baked for about thirty-six hours. Next comes tripe, which requires from ten to fifteen hours of boiling before it becomes thoroughly digestible. Next come hams of good size, which require from six to seven hours. Of roast meats, a haunch of venison takes longer than any other joint—about three and a half hours. Of puddings, the Christmas pudding comes easily first, as it is boiled over and over again. Sometimes it is kept for months or years and undergoes several boilings. The average time is from six to eight hours. The vegetable which takes the longest time to cook is the onion.—London Mail.

Huxley on Darwin's Degree.

Huxley did not love degrees, but he had to have one. Anticipating the denning of the red gown he informed his friends that after the ceremony he would have to be treated as a person of respectability. "I have done my best to avoid that misfortune," said he, "but it's of no use." It was Oxford that paid him the compliment, as it had done to Darwin two years earlier. When Darwin was given the degree Huxley let him have no false idea as to the honor bestowed. "Canon Pusey," he declared, "has been making inquiry as to who are the blackest heretics on the list proposed. He was glad to assist in your case in order to keep out seven devils worse."

Near Side and Off Side.

When horses were first hitched to vehicles the driver never thought of riding himself, but walked by the side of the road as he held the lines. So as to have his right hand always ready he walked on the left side, and consequently the horse on the left side came to be known as the "near" horse, and the one on the right side was called the "off" horse. In that manner the terms "near horse" and "off horse" became general and still pertain to horses hitched as a team.

Reluctant to Give Up.

"Lead me \$10, old man. I'm a little short."

"That won't help you any. You'll be just as short after getting the money."

"Nonsense, old chap! How do you make that out?"

"Why, after giving you the \$10 I don't expect to see you any longer."

He Probably Took the Hint.

Young Tutter—Miss Clara, suppose that tomorrow evening I should call again and, having nerved myself up to it, suddenly, while we were conversing, I should without a word throw my arms around your neck and deliberately kiss you, what would you do? Miss Pinkley—Oh, Mr. Tutter, don't ask me to look so far ahead.

A Maddening Position.

The hardest thing a girl does is to refrain from asking a man a question that she knows will make him mad when she is just boiling with curiosity to know the answer.

Easy Remedy.

He—Here is your dressmaker's bill. She is becoming impatient for her money. She—Indeed. Then I must call tomorrow and order a new dress.

The Brute.

She—You married me for my money. He—Well, it's no use grieving over it now; it's all gone.

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