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Steamers "MODJESKA" and "TURBINIA" leave Hamilton and Toronto 8 a.m., 11.15 a.m., 2.15 p.m., 6.15 p.m. daily (including Sundays)

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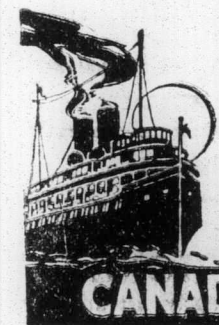
Steamers leave Toronto (Yonge Street Wharf), week days, at 7.30 a.m., 9 a.m., 11 a.m., 2 p.m., 3.45 p.m., 5.05 p.m.; Sundays at 8.15 a.m., 11 a.m., 2 p.m., 5.05 p.m.

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the Saguenay. R. & O. Steamers sail from Toronto at 3 p.m., daily, including Sunday.

Low Week-End Rates to 1000 Islands throughout the summer. Special Saturday-to-Monday return fare, \$5.50, including ramble trip among the islands.

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CANADA STEAMSHIP LINES LIMITED

DO THE MOVIES HURT YOUR EYES? THEN READ THIS

Doctors Explain the Reason and Suggest Some Remedies.

TOO MUCH SPEED OFTEN THE CAUSE

If One's Eyes Are Weak Steady "Picture Fanning" Will Not Pay.

If your eyes are strong and normal looking at moving pictures will do them no harm; if they are weak, you had better stay away. This appears to be the general conclusion of a symposium on the subject just gathered, says the Medical Times.

The first writer, Dr. J. Norman Risley, of Philadelphia, notes that the elements likely to be the source of irritation to the delicate structure of the eyes are "flickering," or vibration, and inaccurate and variable focusing of the pictures, also the relation the light reflected from the screen bears to the visual plane of the observer. To the refractive powers of the eye are due the undue effort required to maintain distinct vision under these circumstances often produces discomfort, but this subsides and no permanent injury results. Where the refractive powers of the eye are defective—a condition more common than the normal one—eye strain, with its accompanying disorders will probably follow.

Says Dr. Risley: "It seems to me that the motion picture exhibition in its effect upon the eyes can be classified only as an additional irritation and stimulation to the numerous other characteristics of the tense and active neurotic life of the period. It is, as a rule, only those individuals with uncorrected optical defects, or pathological organic changes, who experience discomfort or injury from the irritating features of the motion picture, which then are only the exciting factor in the crisis resulting from a long-standing predisposing cause. The influences of the motion picture often work for the individual welfare, since, in many instances, the existence of an optical defect is unknown until subjected to strain in viewing these projected images. The irritating features are curative mechanism regulating the relation between the condensing and projecting lenses, more care in the selection of the glass used and in the grinding of the lenses, and a scientific understanding of optical principles by those who are responsible for the placing and operating of the projecting machines. The most irritating feature to the eyes is the exposure to the direct unreflected rays, and this condition should be remedied. As municipal regulations forbid the placing of a stationary structure in a public auditorium in a situation where it may interfere with rapid exits when emergency arises, it prevents the installation of the picture instruments as a point from which it is possible to project the pictures to the screen on a horizontal plane.

"Would it not, however, be possible to locate projecting machines in the basement at a central point to the rear of the audience, and have an open avenue in the floor through which the pictures could be projected to the screen on an ascending plane of sufficient degree to reflect the rays above the visual line of the audience and thus remove a most irritating feature of an otherwise pleasing and interesting diversion?"

HERE'S AN ENTHUSIAST.

That any one with thorough sound eyes, not weary before entering the theatre, can watch the movies from an hour to an hour and a half without discomfort is the opinion of Dr. J. Herbert Claiborne, of New York, another contributor to the symposium. Others he advises to avoid the movies until the trouble is corrected. Says Dr. Claiborne, in addition:

"The movies have come to us to stay, and I consider them a source of interesting, instructive and innocent amusement, economical to the last degree. Moving pictures are the only good things I know in this world that give one likes that cost little and every great pleasure. This

Wood's Peppermint Cure. The Great English Remedy. Tones and invigorates the whole nervous system. Cures Croup, Whooping Cough, Bronchitis, Asthma, Hay Fever, Cold, Influenza, Sore Throat, Hoarseness, Stomachic, Indigestion, Flatulence, and all ailments of the Throat, Lungs, and Stomach. Price \$1 per box, six for \$5. Use with honey, or in a glass of water. Sold by all druggists or mailed in plain package on receipt of 50 cents. Sample mailed free. THE WOODS MEDICINE CO., Lowell, Mass.

is what men have been looking for all time, and I think they have found it at last, but the most important feature of the movies, we are gradually coming to recognize it, is the education one. It is to be hoped that in the future many, if not all, of the historical events of this country will be presented without prejudice, for the instruction particularly of children and likewise of all of us.

Some objectionable features of moving pictures, from the visual standpoint, are catalogued by Dr. Seth Scott Bishop, of Chicago. He writes:

"One very serious objection to the manner in which the pictures are projected upon the screen is the presence, in some of them, of innumerable glimmering, flashing and dancing bright spots that try the eyes. But these do not characterize the best class of pictures, which shows that they can be eliminated."

"Another feature which puts a severe test upon the eyes, is the unnatural swiftness with which the films are reeled off, making every action abnormally rapid and jerky, converting the actors' walk into a Chinese trot, and giving all the participants a sort of St. Vitus dance."

"But the common practice of flashing written letters and printed matter on and off the screen with almost lightning celerity, puts the greatest strain of all upon the eyes. The audience in its eagerness to get an intelligent understanding of the action, makes a strong effort to read the lines, but they are given no opportunity to read all of them in many instances."

MODERN TORPEDO LOADED AUTO CAR. SHAPE LIKE CIGAR

It is the Most Terrible Weapon Yet Devised by Human Brain.

AN EXPERT TELLS HOW IT OPERATES

Victim Ships Are Destroyed by Detonation and Not by Explosion.

The up-to-date torpedo is a loaded automobile, shaped like a cigar, made to run in a certain direction in a fixed time and explode when it strikes something that offers sharp resistance. A reliable one, properly equipped with explosives and running gear, costs from \$8,000 to \$9,000, according to size. A large torpedo is 23 feet long, 21 inches in diameter and weighs 2,800 pounds, and it tears a hole 30 feet by 10 feet in the bottom of a ship of two skins.

"The torpedo," said an expert of the navy, to a Washington newspaper correspondent, has four principal parts—the warhead, which carries the explosive; the air flask, or fuel chamber; the engine and the steering gear and the balance chamber. The explosive—gun cotton, etc.—and is provided with a percussion detonator. This strikes a hard or solid substance, and the explosive goes off instantaneously.

GUN COTTON OR NITRO GLYCERINE

"The explosive head is the foremost compartment of the torpedo and contains the deadly charge and the pistol with which it is fired. Gun cotton and nitro-glycerine are the high explosives generally used for submarine purposes. There are many others, but these form the foundation for most of them. Gunpowder of the sort used by the country boy to shoot a rabbit or a squirrel is no longer used. The high explosive is more powerful than gunpowder. Gunpowder burns quicker than the high explosive and its plumes are scattered on the ground, but it explodes if confined in a close place. The high explosive will burn if you stick a match to it, but not so easily as gunpowder. A sudden blow will apply heat to an explosive and set it off.

"The explosive head strikes the bottom of a ship and a 'detonation,' not an 'explosion,' takes place. The mass of high explosive seems to explode at once, and that is what is desired, as the most sudden blow will knock a hole in the ship. Gun cotton is detonated by fulminate of mercury, which, when ignited by a blow, expands 2,500 times its original size. The sudden expansion gives a blow to the gun cotton that detonates it. THIS IS WHAT HAPPENS

"What happens when the explosive head strikes?" "A detonation follows instantaneously and blows the outside of the ship in, making a hole about 30 by 10 feet in size. There is no rule about the extent of the damage to the side

Preserving:



LANTIC Sugar is the best sugar for preserves and jelly, because it is pure cane of extra fine granulation and dissolves quickly, with no gritty grains; and because it is kept pure and free from specks and dirt by the original packages of guaranteed weight filled at the refinery. 2 lb. and 5 lb. cartons, and 10 lb. and 20 lb. bags. 100 lb. bags coarser granulation.

Buy in original packages and look for the LANTIC Red Ball on each package. Send your address and small Red Ball Trade Mark from bag or top end of carton and we will mail you book of 50 assorted Fruit Jar Labels—printed and gummed ready to put on the jars.

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ICE CREAM SODA, ALL FLAVORS EGG PHOSPHATES, ALL FLAVORS COCA COLA AND GRAPE JUICE

A partial list of our COMBINATION DISHES and SUNDAES is as follows:

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| Kitchener's Call.....10c | Tommy Atkins' Smile.....10c |
| Heavenly Hash.....10c | Coney Island Dream.....10c |
| Banana Split.....10c | Chop Suey.....10c |
| Dick Smith.....10c | David Harum.....10c |
| Jack Canuck.....10c | Chocolate Soldier.....10c |
| Isle of Pines.....10c | Lovers' Delight.....10c |
| Allies' Peacemaker.....10c | Buster Brown.....10c |
| Pride of Orange.....15c | Cleopatra.....15c |
| Blood Oranda Ice.....10c | Pineapple Ice.....10c |

All Made From Our PURE JERSEY VELVET ICE CREAM

TREMAINE

The Candy Man 50 Market Street

EAST OAKLAND

Mr. C. Cunningham was threshing on Wednesday. Mrs. F. O'Riley is still on the sick list.

James McIntyre and wife were calling on Mr. John Ryan on Thursday.

Mrs. Nancy Buchanan was the guest of Mrs. Adams on Tuesday.

Mr. George Carrell was the guest of Mr. Isaac Hill on Wednesday.

Roy Hill has engaged to work for Milard Poss.

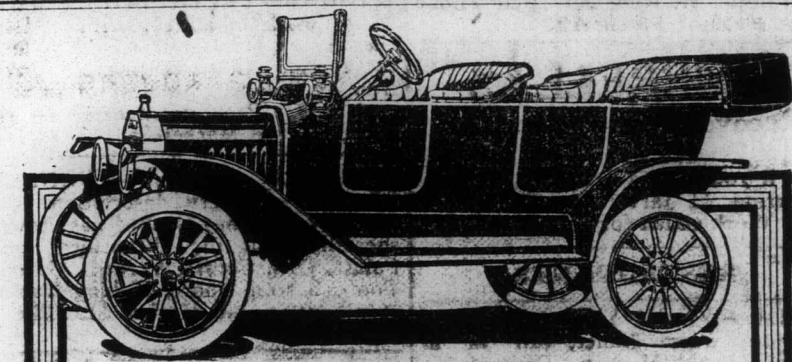
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"MADE IN CANADA"

Ford Touring Car Price \$530

ANNOUNCEMENT

The following prices f.o.b. Ford, Ont., effective Aug. 2, 1915:

- | |
|-------------------------------|
| Ford Runabout.....\$480.00 |
| Ford Touring Car.....\$530.00 |
| Ford Town Car.....\$780.00 |

No speedometer included in this year's equipment, otherwise cars fully equipped

There can be no assurance given against an advance in these prices at any time. We guarantee, however, that there will be no reduction in these prices prior to Aug. 1, 1916.

C. J. MITCHELL, 55 Darling St. Dealer for Brant County

