

CHAPTER IX.

Running with the Ball.

CALLED "dodging" by the Canadians. To throw the ball well, to catch it on the crosse, and even to pick it up, require more dexterity than most exercises. But the chief interest of the game lies in running with the ball; to do this properly needs high qualities, among which *coolness* stands pre-eminent. It seems so easy to drop the ball from the crosse, and so difficult to avoid the blows of the same far-reaching weapon, that one doubts at first how a good "run in" can ever be accomplished. Yet it is done continually by good players, and it may even be said that, man for man, the attack is stronger than the defence.

Plate IV. shows the position in running