

es unbroken right over to the Mainland until the eye sees the faint outline of massive, eternally snow-clad mountains on the horizon.

Over 200,000 travellers climbed the Malahat last year. Many of these people had been to practically ever known tourist playground in America, Europe and Asia, but without exception they declared that the Malahat has a charm peculiarly its own and one that everybody who can should experience.

Having passed the Malahat you glide down into the farming district of the Cowichan Valley, a district which surely must have been carved out of the heart of Devonshire or Kent and brought holus bolus and dumped down with its settlers in the middle of Vancouver Island, for here you have nothing but farms, large and small, rivers, streams and old-world brooks, lakes and winding country roads and fields, while every man and woman you meet might be taken as representative of the British race.

If you want fishing, take a day or two at Cowichan Lake

where you get real fish until your arm aches, then get back into your car and go on, passing through Ladysmith and the famous coal fields of the Nanaimo District until you reach Parksville with its wonderful warm sea water bathing. Angle to the West down to the Alberni, spend the night at Cameron Lake or in Alberni, and then go on to Sproat and Great Central Lakes, or if time does not permit this detour, run on up North to Campbell River, world-famous for its fishing; lake, river and sea. Perhaps when you have finished this itinerary you will think that you have seen the Island; but in reality you have only begun.

There are people who have visited Victoria every season for ten and twelve years and yet they find, every time they come here, so many new points of interest that they had missed before that they own that they feel they know less about Victoria and her Island Kingdom today than they thought they knew when they first stepped off the steamer on to the Island of Enchantment.

## The Y's Men's Community Service Club

(By W. K. Cain)

The complaint is sometimes heard that there is a lack of progressive spirit in Vancouver. While that may be true to some extent, many of us are not aware of the efforts that are even now being put forth to foster that community spirit and to supply leadership that will work such improvements in our city as will place Vancouver in the front rank of the world's best business, art, religious and social centres.

Admittedly one of the most potent factors in the development of this leadership is the growing tendency to organize by way of supplying a working medium that will put good ideas into action. Several such organizations might be cited, but it is the purpose of this article to draw attention to one not very widely known as yet, namely, the Y's Men's Club.

This group of young men, ranging generally between the ages of twenty and forty, compose the service club of the Y.M.C.A. The Vancouver club was organized in November, 1922, and recently was granted its international charter admitting it into the brotherhood of at least thirty similar groups in the United States and Canada. The number is steadily growing.

Members of the Y's Men's Club are also members of the Y.M.C.A. and much of the Club's service effort finds expression through that Association, though its officers emphasize that their desire is to be of benefit to the city generally. In fact, their aims embrace the whole field of interest characteristic of a modern Christian Canadian, as is indicated in the article of their constitution which sets forth one of the Club's objects as—"To develop, by sound character-building, substantial, as distinguished from formal, Canadian and British patriotism."

Other objects are:

"To promote the exchange among Y's Men everywhere of ethical and profitable business ideas and courtesies."

"To enable Y's Men to keep better informed upon subjects of immediate civic, economic and social interest."

"To support, by active service, deserving philanthropic movements."

"To encourage efficiency and justice in civic affairs, abstaining always from politics and sectarianism."

There are many matters incidental to perfecting organization that engage the attention of a new body just starting out on an ambitious program and not the least is getting its

members ready to assume the responsibilities of future work. In the Y's Men's Club this is taking the form, to a great extent, of the education of its members to a true realization of the means of a life of service. Education and training along other lines, as suggested by objects which include those quoted above, are also carried out.

This is a luncheon-service club, operating similarly to its older brother clubs in that it meets at 6.15 each Thursday evening in the Y.M.C.A. Club Room for supper, which is followed by an educational program interspersed with entertaining items of a lighter vein by way of diversion.

The present Board of Management or Executive of the Vancouver Y's Men's Club includes: President, Ted Bond; 1st Vice Pres., Bob Hunt; 2nd Vice Pres., Harold Ballard; 3rd Vice Pres., Scott Hill; Secretary, Dick Robinson; Treasurer, El. Murphy. Directors: Bill Borrie, Walter Welsford, Frank Cottrell, Tom Baynes, Norm. Guy, Percy White.

In the above the names are used by which one club member addresses another, such as "Ted" "Bob," etc. As is common in Y's Men's Club circles, one's initials or the prefix "Mr." are not used.

In addition to the Executive and Directors there are many standing committees whose members are thus furnished many splendid opportunities for training and exercise of their abilities.

Indications are that the Vancouver Y's Men's Club means to justify its existence by steadily growing in contributions of service to the community and nation.

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**ARCHITECTS**

525 Seymour Street

Vancouver, B.C.