juice of one lemon, one egg, and one even teacup text, what sermons does he deliver to us! His Week as we call it-bring to mind. We ought to of sugar. Beat all well together. Line a very oft-repeated sermons still enforce the same doc- remember that between His Birth, which was a small pie plate with pastry, fill it with the above trine, still press upon us the same exhortation : day of joy to all mankind, and His Resurrection, mixture and bake at once. Make a merangue for "Surely, every man walketh in a vain show, surely which was the glorious end of all His sorrows, the top of the whites of two eggs, beaten until very they are disquieted in vain. Here there is no there came more than thirty years of trial which stiff; add gradually two tablespoonsful of powder-continuing city. Why are you laboring for that grew harder and more terrible as the end drew ed sugar, beating carefully but thoroughly in. which I will presently take from you and give to nearer. His life called Him to bear poverty, toil, Spread over the top of the pie, and return to the another? Take no thought for the morrow. Preoven, allowing to stand there only until it becomes pare to meet thy God."—Exchange. a delicate brown. For a larger pie, use the same proportion.

CHARLOTTE RUSSE.—1 quart sweet cream, quarter of a box of gelatine, threequarters of a cup of fine granulated sugar. 1 teaspoonful of vanilla, or if through sacrifice. you use wine 4 or 5 tablespoonsful of sherry wine. One half a pound of ladies fingers

to stand two hours to dissolve. Beat the cream something already our own, to obtain it. with a Dover egg beater, and take off the froth a spoonful at a time as it comes up, putting it into a gives of his strength, receiving in proportion to china bowl, which stands in a pan of cracked ice or what he yields. snow. When all is beaten, add the sugar, stirring it well but carefully in. Next add either the wine or the vanilla, and lastly the gelatine, stirring knowledge. it thoroughly and quickly in, when it is ready to pour into the molds. Before beginning, line a by sacrifice. plain two quart or two one quart molds with the ladies fingers. Or if you prefer, line pretty glass dishes with the ladies fingers, pour the cream in, set away to harden, and serve very cold.

home made, by following some of Margery Daw's To the bottom of the chasm at the deepest point charming receipts for Candies without cooking. is perhaps sixty feet. The railway approaches They can only be made, however, with confectioner's this bridge around a sharp curve, and the engineer sugar, which is a fine pulverised sugar, costing ten cannot see the bridge until near it. As the Pope's cents a pound, prepared expressly for making can Creek south-bonnd passenger train sped around dies without cooking. The candy is not only far the curve nearing the bridge, the engineer was less expensive, if made at home, but much better, horrified to see a womon crossing the bridge on unless you are in one of the large cities where all the railway track, carrying in her arms an infant the best confections are made fresh every day. and leading by the hand a child of perhaps three The confectioners' sugar may be obtained at the years of age. The engineer at once applied the large groceries.

white of one or more eggs, as the quantity you wish saw the horrors of her situation in one glance. to make will require, add to it an equal quantity of Below, the heavy rains had filled the chasm until cold water, then stir in xxx. powdered or confec- it had become a torrent. The engineer rushed tioners' sugar until you have it stifi enough to mold forward to the front of the locomotive with the in into shape with the fingers, Flavor with vanilla tention of seizing the woman and trying to drag to taste. After it is formed into balls, cubes, or her to the cow-catcher. The woman caught both lozenge shapes, lay them upon plates or waxed children in one arm, with the other she firmly paper and set them aside to dry. This cream is seized one of the ties on which the track is laid, the foundation of all the French creams.

as previously directed. Have ready some English jumped from the bridge. As soon as the train walnuts meats, taken out carefully from the shells, could be stopped, conductor C. A. Haverstick, so each half will be whole. Make a ball of the with brakeman Honeymann, rushed back to the cream, about the size of a walnut, and place half spot where the woman was seen to disappear. nut meats upon either side of the ball, pressing it They found her clinging to the tie with one arm, into the cream. Lay them away for a few hours and holding her two little ones with the other. to dry.

THE GREATEST STREET PREACHER.

Archbishop Leighton, returning home one morning, was asked by his sister, "Have you been hearing a sermon?" "I've met a sermon," was the answer. The sermon he had met was a corpse on its way to the grave. The preacher was Death. Greatest of street preachers !- nor laws nor Christmas and Epiphany are past. For the next penalties can silence. No tramp of horses, nor few weeks-for six Sundays and forty week-days rattling of carriages, nor rush and din of crowded from Ash Wednesday until Easter—our prayers, streets can drown his voice. In heathen, pagan our Bible lessons, our hymns, perhaps even the and Protestant countries, monarchies and free walls of our churches themselves, will remind us States, in town and country, the solemn pomp of that a time of very solemn mournful thoughts has your need of Him; more of His loving desire for discourse is going on. In some countries a man come round once more. It is the great Spring you. is imprisoned for even dropping a tract. But what Fast, or time of sorrow, which for hundreds of pr son will hold this awful preacher? What years has been called in England by the name of chains will bind him? He lifts up his voice in Lent. the very presence of tyrants, and laughs at their I want you to think why we Church people obthreats. He walks unobstructed through the serve Lent. midst of their guards, and delivers the messages First, Lent puts us in remembrance of the ever eludes them. They may be happier in some which trouble their security and embitter their sufferings of our Lord Jesus Christ. I do not respects, perhaps in most respects, to day than they pleasures. If we do not meet his sermons, still mean only of His death, of which Good Friday were yesterday; but something wished for is al-

LEMON PIE.—Grate the rind and squeeze the and, taking the dearest objects of our love as his earth, which the other days of that week—Holv

SELF-DENIAL.

Nothing good is to be obtained here below save

This is a truth universally recognized in one form or another; what we desire we must struggle Cover the gelatine with cold water and allow it for, exercising self-denial the while, and sacrificing

Thus he who toils for daily bread for his family

The scholar gives his time and brains, nay, sacrifices health itself sometimes in his effort to gain

And so it goes on; good must be won by effort,

A MOTHER'S BRAVE DEED.

A few miles south of Marlborough, Md., is a THE BONBONS for the dinner may be very easily chasm which is spanned by an open trestle bridge. air brakes, and blew the danger signal, but it was impossible to stop the train. The woman heard French Vanilla Cream.—Break into a bowl the the train approaching, turned and looked at it, and and swung herself between the ties and below the bridge, and the train passed ever her. It was so English Walnut Creams.—Make French cream quickly done that the spectators supposed she had From this perilous position they were soon rescued, the woman much exhausted, but all of them without a bruise or a scratch.

LENT.

BY THE REV. JOHN ELLERTON, RECTOR OF BARNES.

There is a change in our Church services

we cannot escape them. He comes to our abodes, reminds us, nor of the sorrows of His last days on ways wanting.

hunger, thirst, weariness, homelessness for us. His Crucifixion was the end of a long course of hatred and cruelty patiently endured for us. Is it right for us to think only of the joyful events of His Life, and not also of these sorrows of His? A quiet solemn time like Lent is good, because it helps us to think of them, and lay to heart what Jesus has done and suffered for us.

Next, Lent may help us to be sorry for our sins. and to fight harder against them. For if we set ourselves to think of Our Lord's sufferings, and to ask, why did one so Holy and loving have to bear all this? we shall see the answer to be, because we were sinners. "For us men and for our salvation. He came down from heaven." What then must sin be in God's sight? And what then must I be in God's sight? Once reach that point, and we begin to learn some very bitter but very wholesome truths about ourselves. And we may well, at such a time as this, go deeper and deeper, till we get to see what He sees in us; and if we ask God to search and try us, we shall see more than we have seen before, and be sorry with that "godly sorrow" which is the only wise and right sorrow, which lifts a man up to look at God, and makes him say, I will arise and go to my Father.

And so, one thing more Lent may do for us; it may help us to follow Our Lord's example a little better. He fasted, we are told, for forty days and nights in the wilderness, while He talked alone doubtless with His Father. It is in memory of that Fast of His that we keep the forty days of Lent. Now we cannot copy Our Lord in spending so long a time as this in such a way. But does not His example teach us that it is good for us to be a good deal alone with God? that fasting, that is, giving up some of our ordinary bodily pleasures and enjoyments, will help us in our prayers? that both these will strengthen us to resist temptation for ourselves, and help us to live more like our Master, when we mix with our neighbors? I think Christ's example does teach us that; and though we cannot literally copy Him, we can ask God to help us to get more of the spirit of His life

Why not then try to use this Lent in a good way? Let me give my reader a few plain

1. Remember each day in your prayers the sufferings of Our Lord. You can do this by using such a prayer as the Collect for the Snnday before Easter, or the first Collect for Good

2. Look closer within. Examine yourself. Are you at peace with God? Do not rest till you have sought and found that peace.

3. Use opportunities for prayer. In every church now there are extra services. Do not say, I have no time. Make time by giving up something. That will be like fasting and prayer

4. It is good to remind yourself of Christ's Fast by giving up something. If I were writing for rich people, I could tell them of many things. I don't ask working people to give up much; but even the saving up the price of half an hour's smoke, or of a glass of beer, to spend on some good work, is an act of fellowship with Jesus Christ. Above all, ask God this Lent to show you more of yourself, and more of Jesus; more of

-Most persons are continually looking forward to a time when all their surroundings will be satisfactory as compared with the present; but that time never comes. The perfection of contentment

Children THE BOY TEASE; CURED.

Little Elle tingquietly a room, while lady visitors who had, di very kind to comfort to m conversation often used, an the ladies, I mother how if she were rie " So you th be charitab "You are n exercise true power of all.'

therefore did other and bet consists, not being gentle, forbearing to girl was howe a good mothe of charity wa all she could stand in what side, she read that 13th cha in which St. ence between real Christian the lesson, bu Ellen reduced

Ellen was

panions in th people were f Farm, and th Mr. Grantley to go on a nut Wood. The sent for suc while Mr. Gr boy, yet his a to protect and The mistress the part of guests so long There was,

The follow

spend, with a

to Ellen You invitation arr James Gardin hew, would s hindrance to rest of the pi in no gentle t Mrs. Young s their convers and said. " Highfield, try the charity w is kind,' is giving." Ellen said

heart she wis not be there. two of the called for her young friend should meet the road, beca pleasure of t "But," said lazy that I do so we may m

The childre out, but, as house, Mrs. and advised neckerchief fo