#### PIVE-MINUTE SERMONS FOR EARLY MASSES By the Paulist Fathers.

eached in their Church of St. Paul the Apostle, Fifty ninth Street and Ninth Avenue, New York.

"Behold I send My angel before Thy face, who shall prepare Thy way before Thee," - Gospel of the day.

St. John the Baptist, to whose sanctity our Lord Himself gave witness, was, as you all know, the forerunner of the Messias. To him was assigned the great work of making ready "the way" which the Saviour would walk, of opening the road and keeping it clear for the coming of the Son of God.

Our Lord would establish the kingdom of God. St. John would prepare the

of God. St. John would prepare the place for His building. The reign of Christ would be a reign over the souls of men; they would be the subjects of the King; He would possess them and enrich them as His own whom He would bring into His kingdom.

into His kingdom.

We, dear brethren, are the kingdom of
Christ. He would have the soul of each
of us and reign there as a king on His throne; He would have undisputed sway over all the faculties of our spiritual nature, if we would prepare the way for Him. To possess Jerus, as He would have us possess Him, is a joy than which there is no greater; it is the realizing the end God had in view when He created usnamely, that we should be closely united to Him.

But that this high destiny may be our portion, that the King may be enthroned in our hearts, we must make ready for His coming, and the means that we should use in our preparation for Him is outlined by the angel who went before His face, having the very mission of making ready

the way.

A knowledge of the doctrine of St.

John the Baptist, and the precise of his
teachings, will insure for us the happiness of a true reception of the King.
What, then, was the doctrine of St.
John the Baptist?

"Do penance," says he, "for the kingdom of God is at hand."

Here lies the secret of our future to be closely united with God. Without it our souls cannot become the kingdom of God. All are bound by this law; it is universal. There is no true service of God without mortification.

Not simply is it a matter where only perfection and great sanctity are con-cerned; more than that: salvation itself depends upon mortification, upon the curbing of our lower nature. Self-restraint is a necessity with man if

Seif-restraint is a necessity with man if he would save his soul. He cannot let his passions run riot; he cannot handon himself to the many desires that his animal nature begets. He must rise superior to nature begets. He must lise superior to those groveling things. He must leave the pain and seek the heights where he can breathe purer air. He can do this only by effort by foregoing seeming and even real plessures, because he is called to "go higher."

This doctrine of the necessity and the really a few of restrict is often little

This doctrine of the necessity and the excellence of self-restraint is often little regarded in this age. Men seem to have a dread of entering into conflict with themselves, and look upon mortification as a sort of cruelty. Well, perhaps it is cruelty, but such cruelty as men do not hesitate to inflict for the sake of attaining the objects of worldly ambition. Men are willing to suffer a great deal for the sake of enriching themselves in money, or honor, or power, yet they turn away from the thought of any self sacrifice when it is question of benefit to the soul. The life about them engrosses them: they are filled with false ambition, and their true deatiny and highest dignity—that they are called to be saints—are overlooked.

"It is now the hour for us to rise from sleep." We have been long enough time-servers. Let us do something for eternity.

### IN RE BOURGET COLLEGE.

Editor of Catholic Record. appeared an article in refute of a former one written by some miscreant under pseudonym of "Amicus." In the article of September 11th a certain person was strongly hinted at as being the author of the letter written by "Amicus" in the following broad, allusive manner: "How can are the strongly living for a way on the Bay of mentioned any lattner west than Prescott, therefore it is easy to reason whom the javelin was hurled at. I say now publicly what I have already said in a letter to the reverend director of that institution, viz., that I did not write the article and that I demand in the name of my wounded bonor, an apology before the matter comes to a climax of ill feeling. It can be perceived at a glance that it was either a hasty misjudgment, or that the party was ignorant of the fact that the name of ignorant of the fact that the name of the miscreant who originally wrote the article could be procured by applying to the editor, without having gone to the extreme of uncharitably raising a hostile feeling in the mind of a well-wishing J. N. D.

### Strictly True

In every respect and attested by the testi-mony of thousands that Putnam's Painless Corn Extractor is a sure and painless cure for corns. The claim that it is just as good made by those endeavoring to palm off made by those endeavoring to palm off imitations for the genuine only proves the superiority of "Putnam's." Use only Putnam's Painless Corn Extractor. Sure,

safe, painless. A Seasonable Hint:

### CHILDREN'S CORNER.

One of God's Birds.

One of God's Birds.

"Ah! I have sighed to rest me!"
piped out poor little Francesco as sturdily as he could, while his father thrummed away on a great harp that had
travelled many weary miles, and was
very much the shabbier for its journeys.
Francesco was tired, and his father was
cross, which was not strange; for the
mercury was up in the nineties, and
there was no money for the supper.
Francesco finished his song in broken
English, and, taking off his cap, ran to a
window, where a boy of about his own
age sat.

"What is your name, little Macaroni?" called out the lad in the window.
"Francesco, if you please," was the

answer.
"Well, then Francesco, here's a dime. it another way."

it another way."
Francesco gave a sort of military salute,
and shyly lifted a pair of dark and rather
sad eyes. "Very much thanks," he said.
The dime just theu looked very large and valuable to him, he was so hungry, and they had played and sung all that day for a few pennies. The children around the corner had tossed some but-tons into his cap, just for a joke; and the tons into his cap, just for a joke; and the butcher on the avenue had given him a counterfeit coin that had strayed into his till; but of money there was little—certainly not enough for the most frugal supper, to say nothing of breakfast.

So, with a happy glance at the dime, he called to his father that they must stop for another tune, because the young

he called to his father that they must stop for another tune, because the young master had been so liberal; but the father was already half a square away, playing the prelude to a quiant song about the merry days in his own sunny Italy. Francesco ran up, quite out of breath, but soon began to sing again, feebly at first, then with all his might; and Francis, sitting in his window, looking at a new book that was gaily bound in blue and gold, heard the silver tones as they floated out on the warm summer air.

It was his birthday, and from the basement most appetizing odors were rising;

ment most appetizing odors were rising; for cook was making a big birthday cake, with twice the usual amount of raisins in with twice the usual amount of raisins in it. Francis went on reading. The book in his lap bore on its cover, in large letters, "The Life of St Francis of Assisi." Grandfather Baldwin had sent it that very day, with a pleasant note. "My dear boy," it ran, "you have a holy model in St. Francis and the best wish I can

send you is that you may try and be in some degree like him." Francis had been happy all that morning, reading of the blessed St. Francis, who liked best of all to be called "Helper who liked best of all to be called "Helper of men," and who loved and protected every living thing, however small or humble. But now the lad's thoughts were all astray; something had come between him and the suushine. "In some degree like him." The words rang in his eare; they spoiled his perfect pleasure, he was no longer happy; and, surely, he ought to be happy, with his twelve bright years behind him, beautiful sifts from loving friends about him, twelve bright years beinds about him, and the scent from the spicy birthday cake stealing up the kitchen stairway. Then suddenly he could not see the page before him, and a big tear fell upon it.

page before him, and a big tear fell upon it.

"He looked so hungry, poor little chap!" he murmured; "and I with a birthday-cake as big as a bushel!" And Mrs. Baldwin, coming in to find her boy in tears, had no reproof for him, but made a silent offering of thanks to God for giving him the grace of charity toward the poor and suffering.

But Francis was only a lad, and a merry one too, and in due time the cake went the way of all cakes, and Francesco passed from his mind. Then came the cold weather, and another letter from Grandfather Baldwin. "Can you not spend the winter holidays in the country with us?" he wr'e, "We have no gay shops or happy cro. Is of pleasure-seekers, but we have crackling wood fires, and early drives to church through the bracing air." Surely they could not say four issue of September 11th there bracing air." Surely they could not say no to such an invitation, and the first snow-storm found Francis and his mother snugly tucked away in the great farm-house, a few miles from the city's

roar. Francis enjoyed the change, and de the letter written by "Amicus" in the following broad, allusive manner: "How can an imbecile living far away on the Bay of Quinte know how affairs are managed at Bourget College." I am the only student, with the exception of my two brothers and a very small boy, who has ever attended the institution above mentioned any farther west than Prescott, therefore it is easy to reusen whom the lavelin was hurled at. I say now publicly ner of birds.

ner of birds.

"In some degree like him," the boy would say, thinking of St. Francis, and Grandlather Baldwin's wish.

One night it snowed from dusk to dawn, and in the morning the fields were a phite treakless waste. Francis awoke

dawn, and in the morning the fields were a white, trackless waste. Francis awoke early and looked out of the window. "I wonder," he said, "how my birds like this weather?" They seemed to think it great sport, and kept up such a chattering that Francis, dressing hurriedly, and going to the door with some crumbs, almost failed to hear a faint voice that some screens the spow. Where had he almost failed to hear a faint voice that came across the snow. Where had he heard those words and that tune before? Ah! he remembered, and with the street singer Francesco in his mind, he was soon ploughing through the snow toward the place whence the song came.

"Francis," called his mother, opening a window up-stairs, "you must put on your overcoat if you are going to run around in the snow before breakfast."

"And Francis," Grandfather Balgwin

Advice to Consumptives.

On the appearance of the first symptoms
—as general debility, loss of appetite,
pallor, chilly sensations, followed by
night sweats and cough—prompt measures
for relieffshould be taken. Consumption
is ecrofulous disease of the lungs:—therefore use the great anti scrofula or blood
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added, "you will have a fine cold it you

But Francis was already too far distant to hear distinctly what was said; he floundered on, now hidden from sight in a huge drift, now making better head-

"Ah! I have sighed!" came the voice,

fainter and weaker. "Well, you'll not sigh any more to day, little Macaroni," said the rescuer, drag-ging from the snow what looked like a confused heap of rags, with a pair of big

confused heap of rags, with a pair of big eyes shining from it.

The child was many weeks coming back to health and strength, and meanwhile they learned his story. It was a very sad story indeed—of cold and hunger and cruelty. Finally his father had died, and he, in going to find another town, had lost his way, and lain down to die.

He is a young man now, and when people ask Francis about his foreign-looking friend, who sings so wonderfully and who helps Grandfather Baldwin manage the farm, he smiles and says: "He is one of God's birds that I found in

the snow."-Ave Maria.

A Cure for Drunkenness.

The Cure of drunkenness is a task withwhich the regular practitioner has been unable to cope. Nine-tenths of mankind look upon drunkenness as a social vice, which a man may overcome by force of will. Drunkenness is a bad habit, we all admit, in the moderate drinker. In the confirmed drunk-ard it becomes a a disease of the nervous system. The medical treatment of this disease consists in the employment of remedies that art irectly upon these portions of the nervous system which, when direking habit. Remedies must be employed that will cave the appetite, for strong drinks, steady the tremoling hand, revive the lagging spirit, balance the mind, etc. The nervous system of the dram drinker being all wastring or shattered, must be given a nutriment that will take the place of the accustomed liquor, and prevent the physical and moral prostration that often follows a sudden breaking off from the use of alcoholic drinks, luboo's medicines may be given in tea or coffee, without the knowledge of the person taking it, if so desired. Those of our readers who are interested in this subject, should send their address for Lubon's Treatise, in book form, on drunk, which will be mailed free to any address, when stamps is inclosed for postage. Address, M. V. Lubon, 47 Wellington street east, Toronto, Ont. Mention this paper. A Cure for Drunkenness.

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A NEW TREATMENT. Sufferers are not generally aware that Sufferers are not generally aware that these diseases are contagious, or that they are due to the presence of living parasites in the lining membrane of the nose and custachian tubes. Microscopic research, however, has proved this to be a fact, and the result is that a simple remedy has been formulated whereby catarrh, catarrall despense and has favor are gued in been formulated whereby catarra, catarral hal deafness, and hay fever, are cured in from one to three simple applications made at home. Out of two thousand patients treated during the past six months fully ninety per cent. have been cured. This is none the less startling when it is remembered that not five percent of retients presenting themselves to cent, of patients presenting themselves to the regular practitioner are benefited, while the patent medicines and other while the patent meantries and other advertised cures never record a cure at all. In fact this is the only treatment which can possibly effect a permanent cure, and sufferers from catarrh, catarrhal deafness, and hay fever should at once correspond with Messrs, A. H. Dixon & Carlo and Son, 303 West King street, Toronto, Can-ada, who have the sole control of this new remedy, and who send a pamphlet explain-ing this new trea tment, free on receipt of

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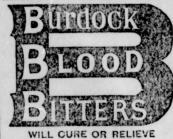


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