TOBOGGANING.

An evolution of the "sliding down hill" of your boyhood and girlhood days. It is one of the exhilarating winter pastimes and nowhere on this continent can it be enjoyed more thoroughly than at Banff. The slide is constructed on the natural slope of Tunnel Mountain and runs directly down Cariboo St. past the Mount Royal and King Edward Hotels, the distance being upwards of half a mile. The complete distance is covered in about 35 seconds, and you are assured a thrill every second. The slide is brilliantly illuminated, and makes a very beautiful picture with the ample setting of pines and snow-clad mountain peaks which surround it. You stop almost in front of the Dance Hall, where the music, being supplied by the Banff Dance Orchestra, will attract you, and you will undoubtedly decide to take your party into the hall and do a one-step or a fox trot before returning to the top of the slide to enjoy another thrill. Shooting the Banff slide has a peculiar fascination that you cannot resist and is an experience you will never forget. Every precaution is taken to avoid accidents, and since the beginning of its operation, some years ago, no accidents have happened.

TRAP-SHOOTING.

This very alluring pastime, while not pre-eminently a winter sport, has become a very popular one in Banff. The Gun Club has a very desirable site on the banks of the Bow River with a light which is most acceptable from the standpoint of good marksmanship. A very attractive, comfortable and up-to-date club house has been erected, and some of the most famous shots in the world have been participants in the competitions staged during the Carnival.

SNOW-SHOEING

Ordinarily quite early in the month of December snow has fallen to a sufficient depth throughout the many valleys and mountain slopes to provide excellent snow-shoeing, and this is indeed a time of great glee among the devotees of this sport. True lovers of nature can find no more healthful recreation than a pleasant tramp on snow-