

Males.

Supper :—

10 oz. of White or Brown Bread, as may be ordered,
 1 pint of Coffee sweetened with $\frac{1}{2}$ oz. Brown Sugar or, instead thereof,
 1 pint of Mush,
 $\frac{1}{2}$ gill of Molasses.

Females.

6 oz. White Bread,
 1 pint of Tea sweetened with $\frac{1}{2}$ oz. Sugar, or instead thereof,
 1 pint of Mush,
 $\frac{1}{2}$ gill of Molasses,
 Vegetables in their season ; with Pepper, Salt and Vinegar.

The following shall be the scale of diet for the patients, but the Medical Superintendent shall have power to make such changes therein, in individual cases, as he may consider necessary :—

Ration No. 1 :—

1 lb. White Bread,
 $\frac{3}{4}$ lb. fresh Beef or Mutton, (as may be ordered),
 1-22 bushels Potatoes, or 1 lb. White Bread, (as may be ordered),
 1-44 lb. Salt,
 1-44 oz. Pepper,
 1-44 quart Vinegar,
 1-22 quart Pease,
 $\frac{3}{4}$ oz. Oatmeal,
 $\frac{3}{8}$ oz. Souchong Tea,
 1 oz. Molasses,
 $1\frac{1}{2}$ oz. Sugar,
 1 oz. Butter,
 3-16 pint Milk.

Ration No. 2 :—

1 lb. White Bread,
 $\frac{1}{2}$ lb. fresh Beef or Mutton, (as may be ordered),
 1-44 bushel Potatoes or $\frac{1}{2}$ lb. White Bread, (as may be ordered)
 1-44 lb. Salt,
 1-88 oz. Pepper,
 1-88 quart Vinegar,
 $\frac{3}{8}$ oz. Souchong Tea,
 1 oz. Molasses,
 $1\frac{1}{2}$ oz. Sugar,
 $\frac{1}{2}$ oz. Flour,
 $\frac{1}{2}$ oz. Oatmeal,
 1 oz. Butter,
 3-16 pint Milk.
