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Asthma

Anything can be an enemy

By ALANA GRIFFITHS
Times staff writer
Ice cream, cold winds, white rabbits and the smell of fresh cut grass — every season and every location holds a hazard for the person with asthma. It is the most common chronic disease of childhood. Asthma occurs in the lung tissues, which tighten as they sense certain substances. The suffocation and gasping for air which follows can lead to panic

in the child or death to the elderly.
Timothy Wood of Mississauga has been named Honorary Child and is one of two million Canadian children 16 years of age and younger afflicted with asthma. Since he was a year old, Timothy has experienced many asthmatic attacks.

"It's like having the wind knocked out of you," said 13-year-old Tim. "When I was younger I was picked on as the weakling and when I tried to defend myself I was tired quickly. Now I do all the things they do in gym class and my enemies have become my friends."

Although Tim tries to behave like a normal boy, in the back of his mind he must remember his limits for his own protection. As a mentally active person, his first love is electronics. Tim has built remote-controlled robots from odds and ends around the house.

"I think that enthusiasm comes from his father who is a technical engineer. But you'll notice that thankfully he has chosen a quiet occupation," said Tim's mother, Sandra Wood, who herself is an asthmatic.

"The first asthma attack can be frightening for the child who can't breathe and for the parents who don't understand their role. Watching helplessly as he cries tears of frustration at not being able to speak and explain the problem is hard on parents."

"I don't baby Tim

because he has asthma," continued Ms. Wood, "because I can't be around 24 hours a day. He has to learn to be self-sufficient and know his limitations. He attended a camp this summer which has special asthmatic equipment to deal with any problem that might arise. The personnel at the camp he previously attended got an awful fright when Tim had an attack. They didn't have the facilities to deal with him, his condition got worse and he ended up in the hospital."

The Peel Lung Association sponsors one of the six Restall Camps in Ontario and it is located near Brantford. It deliberately integrates asthmatics with normal children.

Tim was one of 20 children from Mississauga, Kitchener, Cambridge, St. Catharines and Owen Sound who enjoyed the cabin living and swimming pools.

"The Peel Lung Association subsidized Tim's stay and we only had to pay \$75 for the week," said Ms. Wood. "I like the idea of the camp. You don't want to make the asthmatic child too special."

Tim is hoping to return to camp next summer, but in the meantime he is involved with his preliminary training for the air cadets. He has not let his asthma interfere with his ambitions, planning "to eventually join the air force, obtain a steady, behind-the-desk - job building robots and retire on an early pension."



MISSISSAUGA CHURCH DIRECTORY

ANGLICAN

Church of St. Bride

1516 Clarkson Road — 822-8422
Services
8:00 a.m. 9:15 a.m. 11:15 a.m.
Kindergarten & Nursery
9:15 a.m. & 11:15 a.m.
10:25 a.m. All age Christian Education
7:30 p.m. First Sunday of each month.

Trinity Church Port Credit

26 Stavebank Rd. N. — 278-1982
Service
Sunday, 8:00 a.m. Holy Communion
11:00 a.m. Sung Eucharist or Morning Prayer
Church School — 11:00 a.m. All ages.
Rector: Fr. Tom Little

Church of St. Luke

1513 Dixie Rd.
(just south of QEW)
Rev. D. C. CANDY
278-1811
Sunday Services
8:30 a.m. & 10:30 a.m.

St. Pauls Anglican

1198 Lorne Park Rd. — 278-4765
Rev. M. J. BARRY
Sunday 8:30 a.m. — Holy Communion
10:30 a.m. — Morning Worship
Holy Communion 1st-3rd & 6th Sundays
COFFEE HOUR OPTIONAL
FOLLOWING SERVICE EVERY
FIRST SUNDAY OF THE MONTH.

SEVENTH DAY ADVENTIST

The Mississauga Seventh Day Adventist Church

999 Lakeshore Rd. E., Phone 274-9838
Sabbath School 9:30 a.m. - 10:50 a.m.
Worship Service 11:00 a.m.
Prayer Meeting — Wed. 7:30 p.m.
Pastor B.D. JURANSZ — 745-7953
ALL ARE INVITED

LUTHERAN

Wisconsin Evangelical Lutheran Synod

LUTHERAN WORSHIP SERVICES
Mississauga Valley Community Centre
BIBLE BASED
Worship 9:30 a.m.
Bible hour & Sunday school 10:30 a.m.
For More Information Please Call:
Pastor R.W. HEFTI
275-8110

Peace Lutheran Church LCA

Square One Shopping Center
10:00 a.m. WORSHIP & SUNDAY SCHOOL
IN AUDITORIUM
Pastor Bruce Barfman
Office 278-9988 Res. 453-3603

THE UNITED CHURCH OF CANADA

Cooksville United Church

Mimosa Row & Floradale Dr.
277-2338
Ministers
Rev. H. WYMAN
Rev. CLARENCE FERGUSON
11:00 a.m. Morning Worship and
Church School
Nursery & Baby Care

First United Church

151 Lakeshore Road West
278-3714
Rev. EARL S. COULTER, B.A. M.Div.
Rev. R. CATHERINE MCKEEN, B.A. M.Div. Th.M.
Morning Worship — 10:30 a.m.
Church School Up to 11 years of age — 10:30 a.m.
12 Years & over — 11:45 a.m.

Church of the Crossroads

The United Church of Canada and the
Christian Church (Disciples of Christ)
9:30 a.m. Worship Service
Nursery, Church School
A congregation of
ERIN MILLS CHURCH CAMPUS
3535 South Common Court
Rev. ARCH McCURDY
828-8851

Lorne Park

ST. STEPHEN'S-on-the-HILL UNITED
998 Indian Rd. — 278-8245
Rev. JAMES M. PERRY B.A. M.Div.
Sunday Service — 11:00 a.m.
Nursery Provided
Ramp for Wheelchairs

Lyndwood United Church

Garnet & Lada Avenues
West of Cowthra Rd., off Arbor Rd.
278-7378
Rev. Lynne Curtin, B.A.B.D., M.Sc.
SUNDAY SERVICE 11:00 a.m.
(no steps to climb)

Bethesda United Church

3311 Fieldgate Dr. 825-7923
Rev. J.A. GAZZARD, B.A., B.D.
Sunday, Dec. 30th, 1979.
9:30 a.m. Sunday School
Sunday Worship Service — 11:00 a.m.

Lakeview United Church

1823 Greaves Ave.
(2 Blocks East of Cowthra off Lakeshore)
278-8281 — (Mense: 278-8922)
Rev. Wm. SLINN
11:00 a.m. Morning Worship and Sunday School
A WARM WELCOME TO ALL

Applewood United Church

2867 Stanfield Rd. 277-4182
Rev. DONALD V. STIRLING B.A., B.D.
Church Service — 10:30 a.m.
Infants to Intermediate — 10:30 a.m.
Seniors — 9:15 a.m.

Erindale United Church

1444 Dundas Crescent — 277-3858
Rev. C. R. MILLER B.A., M.Div.
9:15 a.m. Holy Communion
Sunday, Dec. 30th, 1979.
11:00 a.m. — Church Service
Sunday School and Nursery
Dec. 31st. 11:30 p.m. Vigil & Holy Communion.
RAMP FOR WHEELCHAIRS

PENTECOSTAL

United Pentecostal Church

1155 Indian Rd., Mississauga
SUNDAY SERVICES
10:00 a.m.
Morning Worship & Sunday School
7:00 p.m. Evening Praise Service
Wednesday 8:00 p.m. Bible Study
Friday 7:30 p.m. Youth Fellowship
PASTOR ALLAN SHALM — 275-3995
PASTORIAL ASSISTANT — ALTON DUDLEY

CHURCH OF GOD

Cooksville Church Of God

78 Agnes Street
(1/2 block north of Dundas, West of Hwy. 10).
Sunday School 10:00 a.m.
Morning Worship 11:30 a.m.
Evening Service 7:30 p.m.
Pick up can be arranged
for Sunday school children.
For more information call 823-2155
Pastor Rev. V. G. Bailey

Credit Valley

3535 South Common Court 828-8852
(Erin Mills)
Sunday School — 10:00 a.m.
Morning Worship — 11:00 a.m.
& children's Church
REV. HERB STOVELL

Lorne Park

1508 Indian Road
9:45 a.m. Family Church School
Toddlers to Adults
11:00 a.m. Morning Worship
Rev. C. W. LONNES
278-7833

Mississauga City

3434 Cowthra Road North
(1 block north of Bloor St.)
10:00 a.m. Sunday School
Cantata — "Down From His Glory"
by J. W. Peterson
6:30 p.m. Christmas Concert
Minister Rev. F. Saperstein 275-2188
Bus transportation available

The Church of The Lord Jesus Christ

(2 blocks west of Mevis Rd. south of
Dundas St. W.)
Mississauga
Jesus heals. Makes life worth living.
Come worship with the Happy Family of
truly Born again Jesus People. "Come
alive with the Jesus Christ experience."
Sunday School (Children & Adults)
11:30 a.m.
Praise and Worship Service 12:30 p.m.
Evangelistic Meeting — 7:00 p.m.
Wednesday Prayer Meeting — 8:00 p.m.
278-7555 or 277-1138

Malton shows Hindi films

Now East Indians in Peel can view feature films in Hindi. Canin Multicultural Association have been sponsoring a different film each Saturday in December and will continue their sponsorship alternate Saturdays during 1980.

The films will play at Malton Community Centre, 3540 Morningstar Drive at Darcel Road.

Mere Hamsafar or My Life Partner will run Saturday Dec. 29 at 3:30 p.m., 6:30 p.m. and 9:30 p.m.

The admission charge is \$2.50.

Swadesh Rikhye, a spokesman for CMA says attendance at the first two films shown earlier this month was fairly good, but not enough to make the venture profitable.

"As the films catch on and we make a profit we'll probably use it to purchase our own projectors," she says. "People had to drive into Toronto to see feature films before, and with the cost of gas increasing, they'll want to see the films closer to home."

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of small and medium-sized breeds.
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WIGGIN'S DOG SALON
211 Lakeshore Rd. E., Port Credit