

## Emergency Services Centre - 3333

# University

## Round-the-clock service to York community

# 10,000 visits a year to Health Services

"You name it; we can do it."

That's the motto of the nurses at Health Services. Last year they did it for almost 10,000 people at York afflicted with everything from cut fingers to serious infections.

This year, they were averaging 1500 visits a month in the fall — before the flu season hit.

With a day staff of three doctors, two nurses and secretary Anne Murdock, that makes things pretty hectic. As one of the nurses said — wearily but with a smile — on Tuesday: "Yesterday we got 15 minutes for lunch. It looks like the same today."

They did in fact get 45 minutes Tuesday with a few interruptions but managed to see 90 people with problems of varying severity between 9:00 am and 5:00 pm.

### Nurses lighten load

One doctor is on duty in the morning and one in the afternoon — meaning that much of the work falls on the shoulders of the nursing staff. They do many of the routine examinations of cuts, sore throats and colds, and according to medical director Dr. Jim Wheler do it well.

"In an informal way we're training them more as para-medical people than just nurses," Wheler said in an interview. "They see a lot of patients and can treat many as well as I can."

Located on the second floor of Vanier Residence, Health Service facilities include a five-bed infirmary — mainly for short stays by residence students; a rest room for people to sleep or lie down during the day; a well-equipped lab for doing some blood testing and urinalysis — including pregnancy testing; two examination rooms and a waiting room.

The work done is much like that of any general practise. The doctors do some minor surgery on cysts or warts, and a lot of inoculations for flu or diseases that might be picked up overseas by travelling students. Some short-term medication is given free to patients, and the centre refers many to specialists if necessary.

So far this year, only 13 people have stayed overnight in the infirmary, and according to nurse Barbara Duncan: "We keep the

students so healthy we don't need more than five beds.

"We're picking things up a lot faster with a doctor here almost full time — a lot of preventive medicine, catching things before they get serious."

### No appointments made

No formal appointments are made, and the office functions despite the pace with a relaxed, easy atmosphere foreign to many doctors' offices.

Dr. Wheler claims you can walk in and "kind of smell the atmosphere, and that's important. You get a lot more work done in a pleasant fashion."

Nurse Irene Hobman recalled with a smile two recent incidents that filled the waiting room. A case of mononucleosis was reported in one of the men's residences and the next day everyone on the floor came down whether they had any symptoms or not. If they didn't have the symptoms they developed as soon as the patient found out what they were.

And over the weekend an article appeared in Newsweek magazine about venereal disease. Monday morning the office was filled with people wanting tests.

She wasn't complaining, but pointed out that mono, at least, is not as contagious as people think.

### 24 hour service

Although the main office is open only during the day, the centre functions round the clock with two registered nurses living down the hall in Vanier who are on call at all times.

Marlene Wagener and Cathy Garrison both worked as RN's before coming to York to do BA's and were hired by the medical staff. They can be reached via the Emergency Services Centre at 635-3333.

The staff of doctors working with Wheler — Bruce Merrick, Edwin Hustal and J.N. Thomson who returns this spring from a year in Scotland — have varied post-graduate backgrounds in fields from radiology to internal medicine, but all are what Wheler calls "very, very good general practitioners, responsible and knowledgeable." Affiliated with Humber Memorial Hospital, they all have private practises and are in their 30's or early 40's.

Wheler, who's been at York since the main campus opened in 1965 while maintaining his own practise, said when he started only a few universities had medical directors, but now "about half" the universities including most in Ontario, have full-time directors, "almost invariably GP's."

He expects to see the service expand in the next few years and is now preparing suggestions including hiring another nurse and having a second doctor on in afternoons.

"There are horizons to this job. It has scope, change. . . I'm a future

man, not a past man. Once yesterday's finished it's finished — except what you can learn from it."

Hoping at some point to do post-graduate work in psychology, while working, he said as the centre develops he would "eventually like to come on full time — but I would always want to see patients and not become a full-time administrator."

### Crazy habits

He feels one of the major medical problems on campus is the "crazy habits people have." He said some go to bed at 2 or 3 am, sleep past noon, eat one meal a day and "then wonder why they feel tired."

And he added in a lot of cases "food selection is not the wisest, and people lack physical exercise."

"I've always regarded a person between the ages of 18 and 22 as like a thoroughbred — if he doesn't get exercise he becomes fat and sloppy. And so does his mind. I'm like that... if I don't get regular exercise my mind just isn't in tune."

"I feel euphoric after a game of squash. That's not very scientific I guess, but I try to practice the art of medicine — I'm not too knocked out by the science of it. There are too many unknowns to practice strictly on a scientific basis."



Pat Flannigan of the physics department receives treatment for potassium burns from nurse Irene Hobman in York's Health Services.

## Odds & Sodds

### Glendon symphony performance

The Glendon College Orchestra under the direction of Alain Baudot, will present an evening of symphonic music at the Church of St. Clement, 59 Briar Hill Avenue at Duplex on February 10 at 8:00 p.m.

Also appearing on the program will be concert pianist Doreen Simmons, contralto Deborah Milsom and organist John Sidgwick along with the St. Clement's Choir. This will be the second of three performances held to finance a new organ console for the church. Tickets are on sale in advance at the Church Office and at the door. Admission for adults is \$2.50; for children (12 and under) \$1.

### College G Weekend

This weekend, Feb. 4 and 5, College G is sponsoring two days of panels and films on the Canadian media — their influence on and responsibility to the Canadian public. There will also be an opportunity to use video tape equipment, with instruction on how to make professional VTR tapes. All events are open to members of the York community, with tickets \$1 for the two days. A schedule of events appears opposite in On Campus under the heading Special Lectures.

### Final withdrawal date

Students in the Faculty of Arts and Faculty of Fine Arts may not withdraw from any of the five required courses in a year of study, but they may withdraw from a sixth (extra) course, or from the Faculty (all courses) up to Tuesday, February 15, 1972, without having a grade entered into their official record. A grade of F is registered for courses from which students withdraw after February 15.

### Quote of the week

Geographically we are bound up beyond the power of extinction.  
—Thomas D'A McGee, speech in St. John N.B. 1863.

Students intending to withdraw should do so at the Office of Student Programs — S 802 the Ross Building for Faculty of Arts; 247 Behavioural Sciences Building for the Faculty of Fine Arts.

### Education report available

Distribution has been made, through the facilities of the campus post offices, of copies of the Draft Report of the Commission on Post-Secondary Education in Ontario. A limited number of extra copies of this report are available from the Department of Information and Publications — telephone local 3441.

### Gallery exhibits

Stong College Art Gallery is holding an exhibition by Francin Kwypers, "Water Colours & Construction"; gallery hours are 12:00 noon to 6:00 p.m.

Winters Art Gallery — an exhibition of etching by print-making students from the Faculty of Fine Arts is being shown until February 11th; gallery hours are 12:00 noon to 6:00 p.m.

### CUSO reps on campus

Representatives from the National Office of Canadian University Service Overseas and members of York's committee will

be present Thursday, February 3 at 7:30 p.m. in Room M, Curtis Lecture Halls to answer questions from members of the York community interested in working overseas for two years. For further information call Mrs. B. Abercrombie, at local 2543. All interested persons are welcome to attend.

### Bookstore hours change

Bookstore Winter Hours: (in effect through April 30, 1972)

Monday to	
Thursday	9:30 am - 7:00 pm
Friday	9:30 am - 5:00 pm
Saturday	closed

### Institute aids

### OFY projects

Students interested in working in the field of mental retardation under the Opportunities for Youth program are asked to attend a meeting at the Kinsmen Institute on Keele St. by the Physical Plant Workshops on Wednesday, February 9 at 8 am. Coffee will be provided. For further information regarding possible projects or this meeting contact Henry Botchford at the Institute at 630-9611.

## Day care group seeks faculty, student ideas

The Daycare Planning Committee is interested in exploring the possibility of daycare as an academic resource. The blueprint is now being developed for the proposed Daycare Centre, which will accommodate 150 children.

If children, between the ages of six weeks and five years, are important to a student's area of study, the Daycare Centre wants to know what facilities should be included in the centre to accommodate projected research; also they want to hear from any professor who would be bringing students to use the centre.

Recording equipment and a stenographer are available so that formal written briefs, while welcome, are not essential. The Daycare Centre is particularly interested in talking to faculty members, but are also concerned that graduate students' suggestions and requirements be a part of their planning.

For further information contact either Elody Scholz or Maria de Wit (Daycare Planning Committee) at 3620, or drop into Room S607, the Ross Building.



## FACULTY OF FINE ARTS announces FACULTY EVALUATIONS February 14 - 20, 1972

For undergraduates who are considering making application to the Faculty of Fine Arts for entrance to those courses or for transfer to those Programs which require evaluation.

Detailed information about the evaluation procedure may be obtained from:

THE FACULTY OF FINE ARTS  
Office of Student Programs  
Room 247, Behavioural Sciences Building or from the Program Offices:

Program in Dance 237, BSB  
Program in Film 524, Scott Library  
Program in Music 238, BSB  
Program in Theatre 702, Atkinson II  
Program in Visual Arts 244, BSB