

Give So Others May Live

By KAY MORELAND

"The life you save may be your own."

You don't believe it, do you? After all, nothing could ever happen to you or me, just other people, right? Wrong!

It may not have happened yet but it could. You and your's have been fortunate thus far but did you ever stop to think — what if? For instance, what if you're in an accident this weekend and you need blood. If you are one of the lucky ones, you'll get it . . . but if you aren't, well . . .

So, you see it just may be your own life you're saving if you give blood. Just one pint — not that much and it's fully replenished in 24 hours — and you're left with a really good feeling of doing something worthwhile. Maybe that sounds corny but it's true. Try it!

Did you ever think you may someday be able to boast being in bed next to UNB's president? If possible, you know. Dr. John Anderson has pledged his full support to the Red Cross Clinic. You may even find yourself lying next to him. You never know, right?

Not only will you feel good after donating blood (emotionally, that is) — I won't tell you that you won't feel a thing while donating, but I will say that it is not painful and although you might feel a little weak afterwards, a ten minute rest and a snack of coke or coffee and cookies will pick you right up. You also profit in other ways. How you ask?

Well, several of Fredericton's merchants have donated prizes, Good Neighbour Drug Store, McDonald's and Ponderosa have all donated samples and/or gift certificates to be given to everyone who comes to the clinic (until supplies run out). Radio Shack, Kelly's Stereo Mart and Little Records have donated LP records. Dragon City and Howard Johnson's have both presented the clinic with a dinner for two. SubTowne has supplied five gift certificates. The Famous Player's Cinemas have brought forth five passes for two into any movie of the winners choice. So you see, besides saving a life, you have a good chance of getting a direct benefit when you donate. Needless to say, the merchants above have our sincere thanks for their cooperation.

All right, all ready. Enough of this tempting stuff, right. You want to know where and when all this can happen to you.

Okay, I'll tell you. Next Monday, Tuesday, and Wednesday, Oct. 24, 25, and 26 the Red Cross in conjunction with the Pre-Med Club is holding another Blood Donor Clinic. The Red Cross will look after registration, collecting and packing the blood, while the Pre-Med Club lends a hand wherever it can and makes sure all of the donors spend enough time on the rest beds after donating.

The blood you donate may be used for any number of things, the most prevalent being transfusions. The more common your blood

type, the more it is needed, so that's a feeble excuse not to give. Some of you may not be sure of your blood type, but don't worry you'll find this out at the clinic. If you're worried that you should donate your pint and it won't be used, don't! If it hasn't been used for transfusions or the like within a month, it will be spun down to plasma, which keeps indefinitely, so it's bound to be used to help save somebody's life.

Although it only takes your body 24 hours to replace the pint of lost fluid, there are still a few minor do's and don'ts to watch so you'll feel up to par. The evening after donating you should have an extra glass of water or any other non-alcoholic fluid. Please don't

drink any alcohol for at least 24 hours after donating. It's true it'll only take you one beer to get you high but it'll probably be the most unpleasant drunk you've ever had. Really, it's not worth it. Ask anyone who has tried. You also shouldn't smoke anything for an hour after donating or you're apt to feel dizzy and sick. Also, we do recommend that you take things easy for a while. What better excuse to spend a couple of hours in bed with your girl or boyfriend (however you're inclined) but don't get up to anything too energetic!

Each year various clubs and organizations have contests among themselves. This year once again the Brunswickan, CHSR

campus media, and CHVW will see who has the fastest bleeder. Last year Sheenagh Murphy of The Bruns relieved her body of one pint of the good stuff in 2 minutes — seconds. Whoever is the champ this year will receive the trophy which Murphy will relinquish to the deserving bleeder.

There will also be the usual house trophy for the residence that donates the most. If you live in residence, be sure to have your name checked off the list when leaving the rest beds. If you can not give blood because you are anemic (or for other reasons) tell them there and they will check you off anyway because we know the spirit is willing even if the flesh is weak. It sure would be

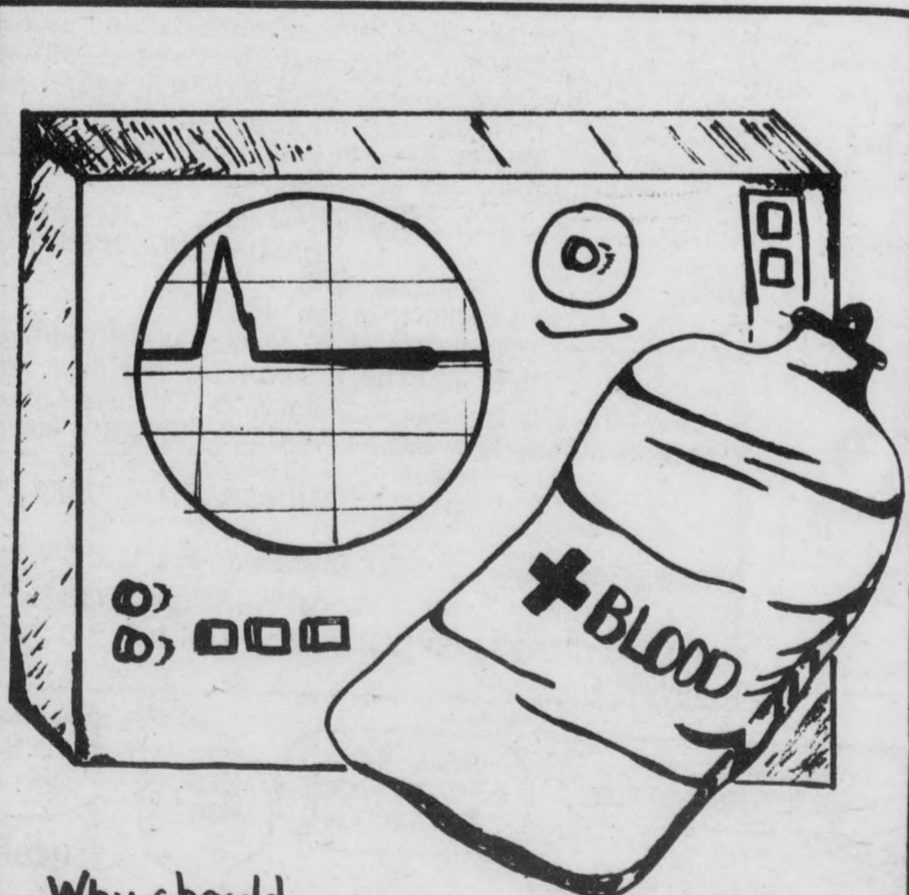
nice to see one of the ladies residences win the trophy for a change, so come on girls!

So you see, by giving blood there's no way you can lose. The benefits are far-reaching.

Whether you have given blood before or not; as long as you are a 17 year old male or and 18 year old female, and well nourished, you should go up and support the Blood Donor Clinic.

So go up and lend them your arm on October 24, 25 or 26. On Monday and Tuesday, the clinic is open from 1:30 to 4:30 p.m. and from 6:30 to 9:00 p.m. On Wednesday it's open from 9:30 to 12 noon and again from 1:30 to 4:30 p.m. See you there!

There Is Never Enough ! So Give Blood... So Others May Live



Why should Anyone ask?

October 24, 25, & 26

Monday

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Tuesday

1:30-4:30 p.m.

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6:30-9:30 p.m.

Wednesday

9:30-12noon

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1:30-4:00 p.m.

at the SUB Ballroom

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IN THE 3rd
RING
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ATORS
35.95
65.95
134.95
6.00
ith T-Shirts
2.00-\$5.75
UPPLIES
kets \$85.00
NT MEMBER
LOWEST
DRLD