Red Rebels lose in final; Reds are successful

will testify that activities following

tournaments are of a highly

So far this season, the Club has

seen action in two tournaments.

Plans are made to attend six more this winter and spring including

two at UNB -- the UNB invitational

and the InterCollegiate tourna-

ments. Black belt Don Gluspy, the

clubs senior instructor, feels that

the club should do very well in

these tournaments and is conditioning it to a very high peak of

Any UNB or STU student wishing to join the Judo Club is invited to

come to practices to see what

happens and what can be learned.

The sport is inexpensive and

interesting and can be practiced by

anyone-size, shape, age or sex are no barriers. The Club holds practices at the r.C. gym on

Monday and Wednesday nights at

7:00 o'clock. Anyone interested is

asked to bring his body and gym

ary. Questions can be directed to

Tom Best at 454-6420 after 5:00

clothes. Sneakers are not necess

performance.

entertaining and social stature.



The photo denotes action taken during last weekend's invitational tournament at UNB. The teams in the picture are CFB Gagetown and Mathieu Martin High School. The Red Rebels lost the tournament in the finals.

Judo is a growing sport

By TOM BEST

Judo is based on the movements of Ju-jitsu. Some historians believe that Ju-jitsu originated in China and came to Japan around 1645, but there is evidence that it was known in Japan before this date. Many schools of Ju-jitsu came into being in Japan, differing greatly in the number and value of the techniques which their masters taught.

In the middle of the 18th Century, the martial arts declined in popularity in Japan. Ju-jitsu masters were forced to close their schools for lack of students, the art might have vanished altogether but for a Dr. Jigoro Kano. Dr. Kano became interested in Ju-jitsu because he was small in size and had heard that it would enable him to hold his own against bigger men. Dr. Kano studied under various masters, selecting those techniques which he thought most valuable for his own study.

In 1882 he opened his own school, the Kodokan in Tokyo. As he progressed, he saw that Ju-jitsu was more than a way of defence against attack; it was a way of life that developed the intellect and spirit. Dr. Kano selected the movements most suitable for a sport and called his system "Judo", as distinct from Ju-jitsu, Judo means "the gentle way" as opposed to Ju-jitsu's meaning of "the gentle art".

Judo is a word used now throughout the world and the principles of Dr. Kano have had a lasting effect on the sport. The traditions of helpfulness and good behavior have lasted and are still practised by today's students and women's fighting is indicative of their skill.

heir skill.

Besides the aspect of competi-

tion, the exercise which one recieves at practice is beneficial to masters of Judo.

As mentioned earlier, Judo techniques enable a weak and small man to overcome a large and strong man because they are based on scientific principles of leverage and balance. When an opponent is on balance, he is strong, but off balance he is weak, providing that you have remained on balance. In a situation such as this, you can use your own stability to take advantage of your opponents instability. By using your body as a lever, this instability is magnified and the opponent becomes even weaker. If these principles result in your "throwing of the opponent in a Judo contest, he will break his fall by slapping the mat. This prevents the "thrown" person from being injured.

In ordinary practice, strength is not an important factor in techniques, but in contests such as tournaments, conditioning and skill play important parts. During a tournament, a person might have to fight in many matches and only if he (or she) is in top condition will he be able to defeat his opponents.

This fall many UNB students were able to observe national level competition during the Eastern Canadian Championships held here.

This year's UNB-STU Judo Club is one of the largest ever in the Club's history and this is an indication of the growing popularity of the sport in New Brunswick. Included in this year's club are several girls which shows that the sport is not open for men only. The members of this year's club are very keen in competition and the number of firsts, seconds and thirds attained in men's and

Women's hockey intramurals underway for another year

Floor hockey competition is now underway for the women. On Tuesday, January 22, the Lady Dunn Parking Lot team outscored the team from Tibbits River Wing by a score of 12-0, to win the game.

Floor hockey competition resumes next Monday night, January 28 from 7 - 8:30 p.m. in the Main Gymnasium. Contact your team

property for the special control store

representative if living in residence. If you live off-campus, sign up on the notice on the bulletin board in the lobby of the gym.

On Saturday, January 26, the rink is open to the women from 9-10 p.m. for a free hockey period. Grab your skates and come on down --your hockey equipment will be supplied at the rink.

The UNB Red Rebels were edged in the finals of their own Invitational Tournament last weekend by the Fredericton Piranhas. The other six teams competing in the two day annual were Rebels "B", Charlottetown Aztecs, STU, CFB Gagetown, Mathieu Martin High School and Fredericton Junction. The Red Rebels "B" finished in top spot in the second division with a 7 - 2 record.

The Fredericton Piranhas ended in top spot of the first division with an 8-1 record followed by the Red Rebels "A" with a 7-2 record. The Charlottetown Aztecs finished third with 2-7.

In the semi-finals, the Piranhas trounced the Aztecs 15 - 1, 15 - 4 while UNB Rebels "A" downed Rebels "B" 15 - 3, 15 - 6.

In the finals on Saturday afternoon, the Rebels defeated the Fredericton Piranhas by the score of 15 - 7. However, the Rebels seemed to lose their momentum as they lost the following two games 15 - 9, 15 - 4 to the Piranhas.

The Red Rebels are idle this weekend as they prepare for the final portion of their season. Next weekend they host the fourth and most areas of the body, showing final phase of the highly that the sport is also a good way of competitive Atlantic Volleyball attaining and maintaining physical fitness. The Club members also they venture to Moncton to

compete in the AIAA Champion-ship.

The winner of this tournament represents the Atlantic region in the CIAU Championships at Edmonton, Alberta.

In women's action last weekend, the Reds took four out of five games from the Nackawic High School girls by the scores of 15 - 10, 15 - 9, 5 - 15, 15 - 6, 15 - 13. The girls travel to Halifax this weekend to take part in their AIAA Championships. The winner of this tournament will participate in the National Collegiate Championships.

The Reds have an excellent chance of winning the AIAA Conference if their highly successful record this year is any indication. In fact, the next four years look as if they will be prosperous ones for the young women's team.

No curling Sunday

ATTENTION UNB MIXED CURL-ING CLUB: There will be NO CURLING this Sunday. Next curling date will be Feb. 10. On this date there will be the election of new executive and a discussion of a bonspiel. Therefore please make every effort to attend.





league play last bhoto by Kevin MacLau

JARY 25, 1974

24

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...12

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wdown At High

and Kim Hansen

victory ional

ionals which he has ake.
came through with nish in 190 lb. class.
performance was John Dowd who n the heavyweight

by last years cell of Mount A. Johnson and John o do better in the

nobody entered in s, so UNB took 5 of asses contested and a meet winning 68 were no pin points neet.

nent will give fans a dication of how well his year. There are that have not been year. They are the Memorial and St. F

he Black Bears are champions at the tional Open.

y after that UNB are UNB Invitational at are also defending meet should prove the fan stand point the final meet before championships, and stling will be viewed.