

Work for Busy Fingers

And the treatment that gives me health and strength, new interest in life, I want to pass on to you, that you too, may enjoy the priceless boon of health.

Are you unhappy, anât for your duties? Write and tell me how you feel and I will send you ten days' FREE trial of a home treatment to meet your individual needs, together with references to women in Canada who have passed through your troubles and regained health; or you can secure this FREE treatment for your daughter, sister or mother.

When you have been benefited, I shall only ask you to pass the good word along to some other sufferer. My home treatment is for all, young or old.

To Mothers of Daughters I will explain a simple home treatment which speedily and effectually dispels headaches and lassitude in young women and restores them to plumpness and health. Tell me if you are worried about your daughter. Remember it costs you nothing to give my method of home treatment a complete ten days trial, and if you wish to continue it costs only a few cents a week to do so, and it does not interfere with one's daily work. Write and ask for the free treatment to-day as you may not see this offer again.

The edge requires about one box (10 balls) No. 10 crochet thread.

Abbreviations.—Double Stitch (d s). Chain (ch). Picot (p). Ring (r). Separate (sep).

Centre of Large Medallion.—Three yards of thread on shuttle. Ring 6 d s, small p, 6 d s, large p, 6 d s, small p, 6 d s. Chain 3 d s, small p, 3 d s, small p, 3 d s, repeat, join r to last r by 1st and 2d p. Make 8 centre rings, all joining 2d p of 1st ring.

For outside row.—6 yards on shuttle.
Ring 3 d s, small p, 2 d s, join to ch
of centre, 2 d s, small p, 3 d s. Chain.
(Note. The chain is made 4 stitches
first half of d s, 4 stitches second half
of d s, 1-4 s means 4 stitches $\frac{1}{2}$ of
double. The 1st, 3rd, 5th, 7th, and 9th
p gradually increase in size from an
ordinary size to $\frac{1}{4}$ inch.) 1-4 s, p,
1-4 s, small p, 1-4 s, p, 1-4 s, small p,
1-4 s, p, 1-4 s, small p, 1-4 s, p, 1-4 s,
small p, 1-4 s, p, 8-4 s, turn work,
join to last p or 9th p, 1-4 s, small p,
1-4 s, join to 7th p, 1-4 s, small p,
1-4 s, join to 5th p, 1-4 s, small p,
1-4 s, join to 3rd p, 1-4 s, small p, 1-4 s,

8 d s, join last ring, 4 d s, join 2d r of last row, 8 d s; r 8 d s, join next r of last row, 4 d s, p, 8 d s, repeat to opposite the 4th point from where last row left off, then ch 8-4 s, 2 rings, ch 8-4 s; r 7 d s, join, 3 d s, join, 7 d s; r 7 d s, join 3 d s, p, 7 d s; ch 5-4 s, join to small med, 5-4 s; r 8 d s, join last r, 4 d s, join last row, 8 d s; r 8 d s, join, 4 d s, p, 8 d s; ch 4-4 s, join 2d point of small med, 4-4 s, repeat around med until 10 points are joined, then ch 5-4 s, join 11th point, 5-4 s; r 7 d s, join, 3 d s, p, 7 d s; r 7 d s, p, 3 d s, p, 7 d s; ch ch 8-4 s; r 8 d s, join, 4 d s, p, 7 d s; ch 8-4 s; r 8 d s, join, 4 d s, ch 4-4 s, join ch of 4th point on large med 4-4 s; r 8 d s, join, 4 d s, p, 8 d s; r 8 d s, p, 4 d s, p, 8 d s; ch 4-4 s, join next ch, 5-4 s; r 8 d s, join, 4 d s, p, 8 d s. Drop second shuttle and take up first again. Ring 8 d s, join, 4 d s, p, 8 d s; ch 8-4 s; r 4 d s, join last r, 4 d s, p, 4 d s; ch 8-4 s; r 8 d s, join last r, 4 d s, join last row, 8 d s; r 8 d s, join last row 4 d s, p, 8 d s. Repeat around. There should be 7 small rings between 2 large rings. After making last 2 large rings, ch 5-4 s, join second large med, 4-4 s; r 7 d s, join, 3 d s, join, 7 d s. Repeat around second med same as first directions given.

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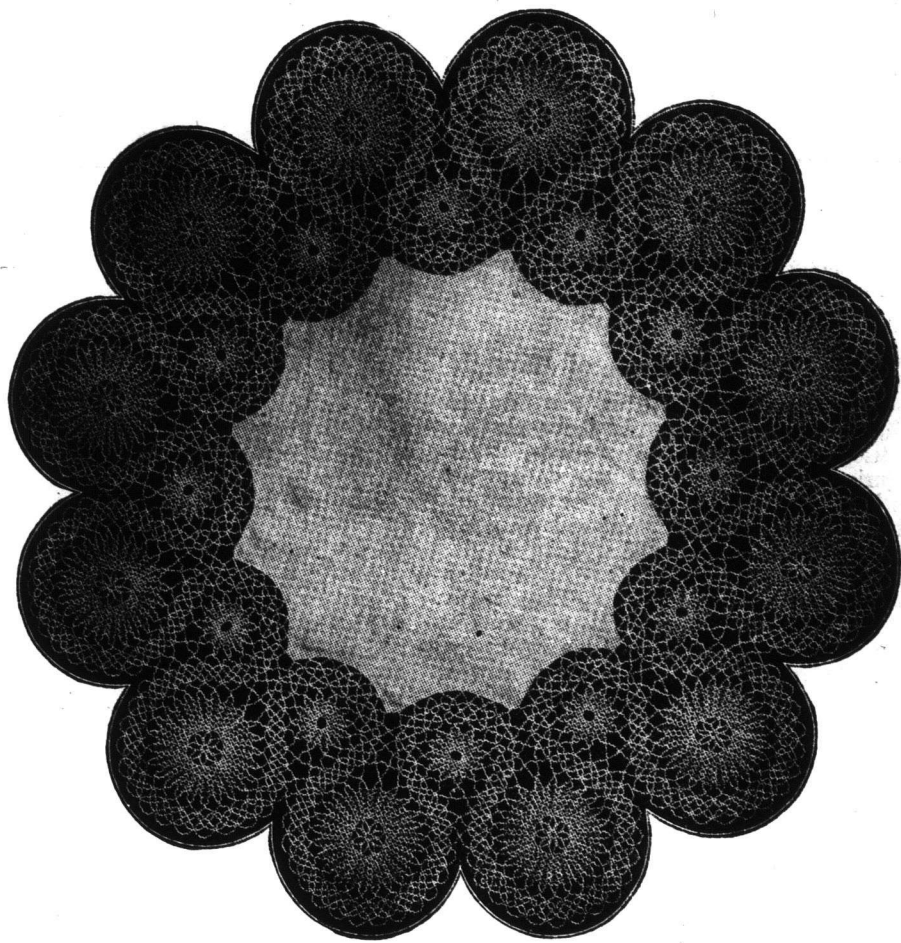
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join to 1st p, 1-4 s. Ring 3 d s, join to last r, 2 d s, join to centre, 2 d s, small p, 3 d s. Repeat chain, joining 2d, 4th, 6th, and 8th to small p of last chain. (Note. Care must be taken to reverse the stitch every 4-s.) Medallion should have 24 small rings and 24 points.

Small Medallion. — One and one-half yards on shuttle. Ring 3 d s, 11 small p's with 3 d s between. Chain 1-4 s, p, 1-4 s, small p, 1-4 s, p, 1-4 s, small p, 1-4 s, p, 1-4 s, p, 1-4 s, p, 6-4 s, turn work, join to 7th p, 1-4 s, small p, 1-4 s, join to 5th p, 1-4 s, small p, 1-4 s, join to 3rd p, 1-4 s, small p, 1-4 s, join to 1st p, 1-4 s, join with shuttle thread to centre ring. Repeat chain, joining 2d, 4th, and 6th p to small p of last chain.

Small medallion finished should measure $2\frac{3}{8}$ inches. Large medallion, $4\frac{1}{4}$ inches.

Edge.—Ring 7 d s, p, 3 d s, p, 7 d s; ch 3-4 s, join to point of large med. 3; s; r 7 d s, join to last r, 3 d s, p, 7 d s; r 7 d s, p, 3 d s, p, 7 d s, repeat until 20 points are joined, ch 4-4 s, join to next point, 5-4 s; r 8 d s, join to last r, 4 d s, p, 8 d s. With 2d shuttle and thread r 8 d s, join p of 1st ring of last row, 4 d s, p, 8 d s; ch 9-4 s; r

VALERIE LACE AND INSERTION

Chain 6, t in 1st ch st, ch 13, t in 6th st from hook, ch 8, turn. 2d row—d in loop, ch 5, (3 d ch, 3 d) on 6 ch, ch 5, d in loop, ch 8, turn. 3rd row—d in loop, ch 6, d in loop, ch 5, d in loop, ch 8, turn. Repeat 2d and 3rd rows for desired length, then work edge along narrow side: 3 d in 1st loop, * ch 5, 3 d in next loop; repeat from *. 2d row—

