

The Cook's Best Friend

Blue Ribbon

BAKING POWDER

Because it really is of such unusually high quality that the best results are certain.

Not the slightest lowering of grade is tolerated under any circumstances.

Nothing but the very choicest quality of absolutely pure materials is ever allowed in Blue Ribbon.

And every stage of the process of manufacture is

under the scrutiny of experts harder to satisfy than you yourself would be.

Blue Ribbon simply has to be the very best possible, and it is.

Yet the price to you is the same as the other kind,—25c. a pound.

It will pay you to ask for Blue Ribbon.

We leave it to the Women.

We don't urge you to BUY "Royal Purple" Shoes. We do ask you to SEE them.



We ask you, too, to remember that "Royal Purple" Shoes are guaranteed by the largest manufacturers of fine shoes in Canada—who stand behind every shoe.

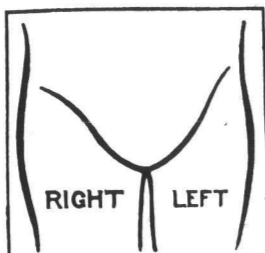
The Ames, Holden Co. of Montreal, Ltd.

THE LARGEST SHOE MANUFACTURERS IN CANADA.

MONTREAL, WINNIPEG, TORONTO, VANCOUVER, ST. JOHN.

THE NEW QUICK WAY TO CURE RUPTURE

Is Without Operation, No Pain, No Danger, No Loss of time From Daily Work.



This Remarkable Simple **NEW WAY TO CURE RUPTURE** has opened up a new era in the treating of this terrible dangerous, dreaded, hitherto considered incurable malady, Rupture. You ruptured people who have borne the painful agonies of Rupture surely will be glad to see this notice, for it means a **NEW** lease of life for you—one free from pain and suffering. Won't it be grand to be cured? You can be sure—hundreds of Canadians have been. Cut out this notice. Mark on the diagram position of Rupture. Answer questions and send all to me at once. I will send you **Free A FREE TEST** to show you how quickly you can be cured right in your own home. I'll also send you a valuable Book of Information for the Ruptured. You must write for these at once. Remember they are **FREE**. No ruptured person who has had these would part with them for money. You wouldn't either. Write at once.

DR. W. S. RICE, 2½ East Queen St., Block 752 Toronto, Ont.

Do you wear a truss?..... Does rupture pain?.....
On which side ruptured?..... Ever operated on for rupture?.....
Age..... Time ruptured.....
Name..... Address.....

When writing advertisers please mention Western Home Monthly.

HINTS FOR THE HOUSEWIFE.

Notes.

To make the leaves of the rubber plant glossy and bright sponge them with milk.

Black ants dislike the odor of saffras and red ants will disappear if sulphur is sprinkled in the places they frequent.

It is claimed that if silverware, and especially knives, forks and spoons, are packed in dry flour they will remain dry and untarnished.

Ham balls may be made of half a cupful of chopped meat, half a cupful of bread crumbs, two beaten eggs, salt and pepper. Make into balls and fry.

An excellent filling for brown bread sandwiches is made of cream cheese and chopped nuts. Peanuts or English walnuts are the best for the purpose.

Grease spots on matting may be removed if the grease is covered with French chalk and then sprinkled with benzine. After the benzine has evaporated, brush off the chalk and the spot will have disappeared.

Cheese may be kept from becoming mouldy by wrapping it in a cloth that has been dipped in vinegar and wrung nearly dry. The cloth should have an outer covering of paper and the cheese kept in a cool place.

A candle may be made to fit any candlestick if it be dipped into very hot water. This softens the wax, and it may then be easily pushed into a candlestick which otherwise would be too small, and it will be neatly and firmly held.

To take out iron rust dip the spot into a strong solution of tartaric acid and expose to the sun. When dry wet the article with warm soapsuds; rub the stain with ripe tomato juice, expose to the sun again, and when the stain is nearly dry wash in more suds. This is a good method.

Potato scones may be baked in a loaf or fried on a griddle. In either way they will find favor as a breakfast dish. Mix together a cupful of mashed potato, a cupful and a half of flour, sifted, with a heaping teaspoonful of baking powder, two tablespoonfuls of butter, an egg and milk to moisten.

To prepare waterproofing for boots and shoes mix together in a saucepan over the fire two parts of tallow and one part of resin; warm the boots and apply the hot mixture with a painter's brush till they will not absorb any more. If well polished before applying the waterproofing they will take the polish afterward.

The best clothespin bag is a bed-ticking apron with a large pocket across the bottom. The worker can then fasten the apron about her waist and fill the pocket with the clothespins just before going out of doors to hang the clothes up. This apron will save her much trouble, as the usual basket of clothes will in itself be enough to carry.

A roller towel should be cut two and one-fourth yards long, narrowly hemmed at the ends and overhanded together. This will be found more convenient than a short single towel hung on a nail, as there are no loops to break and it is always in its place.

For sandwich fig filling, the figs should be cut fine and cooked to a marmalade for about fifteen minutes with sugar and lemon juice. For half a pound of figs, half a cupful of sugar and two tablespoonfuls of lemon juice will be wanted. Spread the mixture between buttered slices of white bread.

Have any of the readers of the Western Home Monthly a clock they value that seems to be near the end of its career of usefulness? Does it skip a beat now and then, and when it begins to strike seem to be in pain? Let me tell you what to do. Take a bit of cotton batting the size of a hen's egg, dip it in kerosene and place it on the floor of the clock, in the corner, shut the door of the clock and wait three or four days. Your clock will be like a new one—skip no more, it will strike as of old,

and as you look inside you will find the cotton batting black with dust. The fumes of the oil loosen the particles of dust, and they fall, thus cleaning the clock.

Light on the Question.

A pretty idea which has made its debut this year for dinners or luncheons is that of the individual candlesticks. A dainty china candlestick having a fancy candle burning in it, is placed before each person. The candles are chosen of the same shade as the other table trimmings, and where the candle goes into the socket tiny flowers of the same color scheme are wreathed about. The effect is extremely quaint and artistic. A more expensive idea but one that is most effective and quite new is that of setting quaint, little Roman lamps with wicks floating in oil, before the covers of the guests.

"A Word to the Wise."

Soon the annual or semi-annual renovation of dwellings will engross the minds of the housewives far and near. Many are already getting samples of wall-paper and deciding which tones and designs are best suited to the rooms which are to be renewed with the coming of spring. It is said that "a word to the wise is sufficient." Most diseases that are contagious, as diphtheria, scarlet fever, consumption, measles, etc., have the distributive germ to carry on the disease. The whole house, and not the room alone in which the person was ill, should be well fumigated. Where this is not done, germs lodge in and around edges of old wall paper and this is where the trouble comes in.

Remove the old wall paper before putting on the new. There are not only germs from possible diseases which may have been in the house at some time, but after our cold, hard winter there is the blue mold from improperly heated spaces that did not dry quickly enough after a cold snap. Pull it off and scrape after wetting—get it off some way. Then paint and put on the new paper.

It is said that in some of the large cities and everywhere else as well, in less degree perhaps—where typhoid fever is prevalent, the improper papering of walls merely covering the old filthy germ-filled paper with new, is largely responsible for the disease. Sooner or later the paper cracks and the germs are let loose.

A case of scarlet fever developed from germs which had lain dormant five years in an old carpet. The child who contracted the disease had found it stowed away and dragged it into her playhouse, with a resultant serious case of scarlet fever.



Looking for his dinner.