

MOTHER'S STRENGTH

Mother, whose hands rock the cradle, often needs more ordinary food to help maintain the blood-quality and strength and to assure adequate nourishment to the child. It is as unwise for the mother, as it is dangerous for the child, to place dependence upon alcoholic stimulants for strength is not found in alcohol.

SCOTT'S EMULSION

Best cod liver oil, absolutely free from harmful drugs, is mother's true friend, in that it performs a two-fold duty. Scott's is tonic-nourishment, particularly fitted for the trying period of motherhood.

SCOTT'S EMULSION BUILDS UP STRENGTH.

TALKING IT OVER With Lorna Moon

ELEVATOR AND A COUNTRY SMILE.

Just no nest but hair that goes mousey when it needs to be washed; and her cheeks are rosy with that country milk and porridge rosin that comes from the hills. Her eyes are blue and they are pretty, happy eyes, but the most engaging thing about her is her smile. It ripples in the building does that manager, the Bell boy, and the color of the chemical blood, but

friendliness on the man who I gets to call his floor, and the lady who rings DOWN when she wants to go UP; and on the crabbled old maid who won't step in until the elevator is exactly even with the floor.

The other day as I entered her car, I noticed that the smile came a little less spontaneously and that her eyes were misty and watery. "I'm home sick," she said as she pushed down the lever to start the car.

She's homesick, for the little country town which means home, for the little mother who makes pumpkin pie better than any other mother in the world, for the big brother who plays the violin, and for the boys and girls who are sleigh riding and tobogganing these snappy winter days, while she is standing in her little box, gliding from floor to floor.—But there wasn't a single tear as she said it, just a smile that was a little misty.

Why did you come to the nasty lonesome city, Blue Eyes, with your merry country smile? Why did you leave the little mother, and the boy who made love to you on the porch in the evening? Perhaps his want to war, and the little town was dull without him. No matter

WHY you came, BLUE EYES, I am glad that you DID come, I think that smiles like yours are grown in the country, and then sent to brighten life for poor city folks who have never had a chance to be on friendly terms with a cow.

AFTER SICKNESS Mrs. Cousins Tells What She Did to Regain Strength

Cotesville, Penn.—"The grippe left me with a bad cough and in a weak, nervous, run-down condition. I tried Emulsion of Cod Liver Oil without benefit. I read about Vinol, tried it—my cough disappeared, my appetite improved, and I gained strength and flesh by its use"—Mrs. Alice Cousins.

We wish every person in this vicinity—who suffers from a weakened run-down nervous condition would try this famous cod liver and iron tonic. We have been recommending it for years and never knew it to fail.

A. J. Roos, Kitchener A. G. Hæhnel Waterloo, and at the best drug store in every town and city in the country.

The Swiss medical universities opened their doors to women in equal terms with men in 1876.

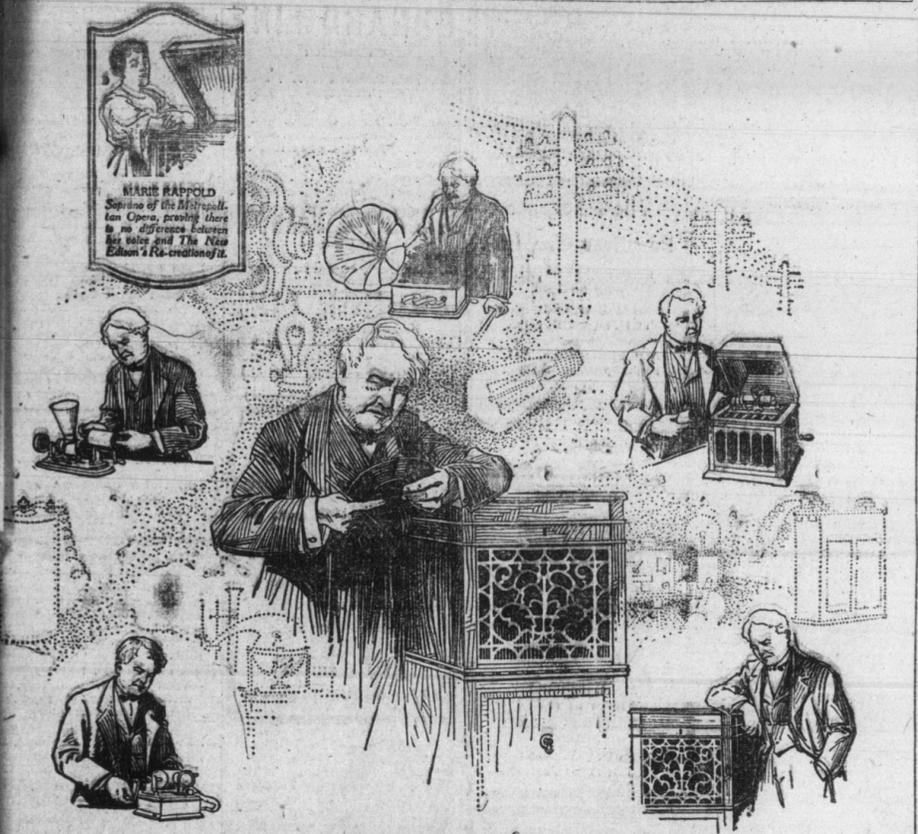
The New Hampshire State Federation of Women's Clubs will celebrate its silver jubilee next year.

The first American woman to circumnavigate the globe was Mrs. Mary Ann Trigg, a native of Fairhaven, Mass.

Nearly 400 girl students participated in a recent indoor athletic meet at the Oregon Agricultural College.

A bill is before the Quebec legislature to fix a minimum wages for women engaged in industrial occupations.

There are now twenty-three States



"This is My Favorite Invention"

Above the marvel of modern electric light; above the wonder of modern telegraphy and the telephone, or the miracle of the "movies" or other of his profound gifts to mankind, Thos. A. Edison considers the New Edison Phonograph his favorite invention. Through it the world's greatest inventor has "Re-created" Music.

The achievement is worthy of his preference. It means that Marie Rappold, or Anna Case, or Thomas Chalmers, or other of the great musical artists of to-day, may be miles and miles from this locality, but you, in the privacy and comfort of your own home, may have with you their actual voices or playing just as truthfully as though they were standing before you in the flesh. In fact, even in direct comparison, no human ear can detect the slightest difference between the living artists' voice and the New Edison's Re-creation of it. Only this is Music.

Come and hear this really marvellous invention for yourself. No needles to change. Can play all makes of records. Easy terms if you wish.

Clenn's Music Store New Premises, 3 East King Street, Next to Bank of Hamilton

The NEW EDISON "The Phonograph with a Soul"

ade P ent of floor ding manu s and pumps s, in various uch Be- cost e ly er than ordi k's PRICES Schreiters.

romote the welfare and the people in the new struction, social as well upon which the world will be recommended nsideration. After more years of war and nos- the sudden dislocation out by the armistice, dustrial, commercial and y has been well main- expectation that in ad- siness arising from the of public and private in Canada, which war y the war, and neede s and betterments th- Dominion, Canada will antial participation in an of export trade fol- conclusion of the war liberation of commerce traints which have exist- its continuance. Steps taken by my advisers to facilitate such partici-

OUT OF WORK but corns that were put on last week by Putnam's ator. No corns can live y Putnam's. It is safe, d sure. Use only Put- at all dealers.



Roma Theatre and Thursday 27th always have a good show ar it is fully up to stand- better than usual. They other full-house welcome return next fall. Be sure rlie Mark's big comedy t the Roma the greatest ama, written in 3 acts. Who Came Back" besides andville sets are introdu- are no waits, but a con- rformance from start to out can't laugh don't come, sale at Roma box office.



These Trade Marks Make it so Easy for You to Get Perfect Fitting Rubbers

SINCE the Dominion Rubber System focused their experience and skill on Rubber Footwear, they have made rubbers a comfortable and economical necessity.

There are no better rubbers in the world than these made and guaranteed by Canada's great pioneers in rubber goods; and no other country can boast of having six brands as consistently good as

"Jacques Cartier" "Merchants" "Maple Leaf" "Granby" "Dominion" "Daisy"

More than this, the enormous demand for these rubbers, due to their uniformly high quality, enables the Dominion Rubber System to make rubbers in every style and shape to fit every shoe.

These are two reasons why the leading stores like to carry, and are glad to recommend, any of these Dominion Rubber System brands of guaranteed rubbers.

Look for the Trademarks when you buy.



in which women will vote in the next election for president of the United States.

"Nearer my God to Thee" probably the best know of all hymns was written by a woman, Sarah Florence Adams.

Lady Hagg, wife of the great British commander in the recent war, was a maid of honor to Queen Alexandra before her marriage.

Mme. Avello's efforts on behalf of the Red Cross produced \$350,000 of which \$24,400 was collected in Australia, her native land.

Mrs. T. P. O'Connor, wife of the celebrated Irish journalist, and an American woman by birth, has written a book of reminiscences.

At 80 years of age, Caroline Lucretia Sternell, the famous woman scientist, was elected an honorary member of the Royal Astronomical Society.

The first woman historian in the United States was Hannah Adams, who began her literary career in New England previous to the American revolution.

There are a number of women in England who are earning more than five thousand dollars a year designing hats or dresses, and salaries of \$25,000 or over are said to be quite common.

In England a movement is steadily spreading among married women to have a reputation in public life to continue the use of their maiden name either with or without the prefix "Mrs."

In the latter half of the seventeenth century the greater part of Europe was governed by women. England was ruled by Elizabeth, Scotland by Mary Stuart, Portugal by the infantia daughter of Eleanor, Navarre by Queen Jane, Spain by Isabella of Castile and France by Catherine de Medicis.

***** & BE CAREFUL WHAT YOU & WASH YOUR HAIR WITH & *****

Don't use prepared shampoos or anything else, that contains too much alkali, for this is very injurious, as it dries the scalp and makes the hair brittle.

The best thing to use is just plain multi-fied coconut oil, for it is pure and entirely greaseless. It's very cheap, and beats anything else all to pieces. You can get this at any drug store, and a few ounces will last the whole family for months.

Simply moisten the hair with water and rub it in, about a teaspoonful is all that is required. It makes an abundance of rich, creamy lather, cleanses thoroughly, and rinses out easily. The hair dries quickly and evenly, and is soft, fresh looking, bright, fluffy, wavy and easy to handle. Besides, it loosens and takes out every particle of dust, dirt and dandruff.

TODAY'S EVENTS.

The Mountain States Congress for the League of Nations opens today in Salt Lake City.

The Minnesota State Editorial Association is to open a "Victory Convention" today in St. Paul.

As a part of the wide efforts being made to aid returned soldiers in obtaining employment, a mammoth music festival and international peace demonstration is to be inaugurated in Boston today.



If the Whole World Knew—the great food value of cocoa, there would be less poverty.

One half-pound tin of Cowan's Perfection Cocoa added to the usual proportion of milk per cup, equals two pounds of beef in food value.

The cocoa containing the most nourishment, derived from the best and most expensive cocoa beans, may be bought everywhere. Canada Food Board, License No. 11-608.

COWAN'S COCOA "Perfection Brand"

A Dry, Sweet Smoke



A Wellington Pipe makes your tobacco do its very best. The well catches the moisture. The top-opening bit sends the clean, dry smoke up, away from your tongue. The WDC triangle trademark shows that you have a piece of genuine French briar.



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