

The Truth

Is the Truth, No Matter Who Utters It.



This statement is incontrovertible. The truth is going to tell you, we should not mind proclaiming with trumpets from the house-tops so that every one might hear. The only way to avoid confusion is to keep the health of the nation up to the normal standard, and to avoid taking colds, and to avoid the very beginning of the trouble.

Respiratory system in good order. If you have indigestion and constipation, seek a remedy. If you are subject to sore throat or influenza or catarrhal troubles, cure a cold at the start and save yourself from the grippe, pneumonia or worse disorders, for you never know what they'll run into. Get yourself into a good sweat (a hot foot-bath and plenty of blankets will do it), and commence at once a course of Shilo's Cough and Consumption Cure, and you will root your enemy, Shilo, never fail! So sure are we of this fact, that we promise to return the price of it if it does not cure you. United States and Canada, 25c, 50c, and \$1; England, 1s. 2d., 2s. 3d., and 4s. 6d.

When I first began taking Shilo's Consumption Cure my lungs were badly affected. One day I met Dr. Mackenzie who asked me what I was taking. I told him, and how it was helping me. He said: "Keep right on taking it, for it may cure you." I did, and am strong and healthy today.

NELSON GOUCH, Sirathroy, Ont.

The Puzzling Pretty Widow

"I will say yes, of course, but—" "But you mean no. Well, I can promise not to break your heart." And he laughed at her, and teased her, and told her that Mrs. Dale was too well off to trouble her head about a poor lieutenant.

But Mabin was only half comforted; she remembered how well they had got on together on that memorable evening when a misunderstanding had caused her to suik, and she was diffident to believe that her own charms could compete with brilliant Mrs. Dale's.

As soon as they came out of the plantation, and within sight of the house, they saw across the lawn the young housemaid Annie, shading her eyes with her hand, as if watching for someone. Mabin, thinking the girl was looking out for her, sprang away from Rudolph, calling out a "good-bye" as she hurried over the lawn.

"Tell Mrs. Dale that I am coming to call upon her this afternoon, to ask her to give me some tea. And please remind her that I have promised to peaches next time I came," called out Rudolph after her as she ran.

Mabin merely waved her hand to indicate that she heard, and ran on toward the house. Annie, instead of retreating into the hall at the approach of the young lady, stepped out into the garden. And when Rudolph, skirting the plantation, reached the garden, he found the young housemaid holding it open for him. He saw, before he came up, by the girl's look and manner, that she had something to say to him.

"I beg your pardon, sir," she said, in a low voice, as soon as he was near enough to hear, "but I hope you will mind me taking the liberty of speaking to you."

The girl was a bright-looking young person, with intelligent eyes and an open, pleasant face. "Well, what is the portentous secret?" asked Rudolph, smiling, much amused by her assumed air of mystery and importance.

"Well, sir, it is a secret," she murmured, rather nettled by his assumption. "It's a warning I have to give you, sir."

"A warning! Come, this begins to be interesting." "It isn't a joke at all, sir," said the girl, earnestly, yet with increasing earnestness. "I saw you coming over the fields this morning, when I was out speaking to the gardener about the salad, and I thought you was most likely coming here, sir, and I've been on the lookout for you ever since."

"Much obliged to you, I'm sure. But have you been told to warn me off the premises?" "The girl drew herself up. "Well, I can tell you this, sir, that you'd better not come about the place there's someone that will find it out, and maybe do you a mischief. Hoping you'll excuse the liberty, sir; but I shouldn't like you to come to any harm, sir."

And leaving Rudolph in a state of

mingled incredulity, amusement and surprise, the girl shut the gate, through which he had by this time passed, ran back quickly and disappeared through the door into the house.

It was with a shock that Mabin remembered, when she met Mrs. Dale, that in the excitement of her own happiness she had neglected to tell Rudolph the story of her midnight adventure. This remembrance filled the girl with compunction. She reproached herself with thinking of no one but herself, and was as miserable over her omission as she had been happy over her interview with her lover.

And as, after luncheon, Mrs. Dale sent her into Seagate for postcards, while she wrote some letters, Mabin kept the secret of her engagement, and it was not until Rudolph himself broke the news.

The young girl felt an odd shyness about confessing her happiness. She was quite glad of the excuse circumstances afforded of keeping it all to herself for a few hours longer. It was a joy so far above all other joys that she would not bear the rough touch of arch words and looks which would certainly follow the announcement.

Hugging her happiness to her heart, she went quickly to Seagate and back, not heeding the scorching heat of the sun, or the glare of the chalky roads, or the dust made by the vehicles which passed her on the way.

And when she reached "The Towers" again, finding that Mrs. Dale had not yet come downstairs, she put on her hat and went back to the seat where Rudolph had sat with her that morning, to live over again the golden time they had spent there together.

She could not free her mind from the self-reproach she felt at having forgotten, in the pleasure of meeting with Rudolph, the affairs of her friend. There was just this excuse for her, that it was now a whole fortnight ago, and during all that time nothing had occurred which would recall the visit of the intruder whom Mabin had chased out of the house.

After the strange confidence of Mrs. Dale, following the incident of the picture, no word more had been exchanged by the two ladies on the subject. It was this morning, but unavoidable reserve between them which had made Mabin so shy of mentioning her new avowed, never before, love herself, what sympathy could she be expected to have for Mabin?

With these thoughts in her mind, Mabin had at last got up from the seat, and sauntered along the row, path through the plantation in the direction of her father's house. Crossing the lane which separated the grounds of the two houses, she found herself, without thinking how she came there, on the path which ran along outside the wall at the bottom of her father's garden.

She had gone about ten yards when she heard a slight noise on the inner side of the wall. She stopped, and looked into her mind the old, forgotten question as to whether her father's tenant man who had got into "The Towers" at night a fortnight ago?

Coming noiselessly close to the wall, den spring, and saw, between the bushes of the border, the bent figure of a gentleman sauntering along slowly with the aid of a stick.

The cry she uttered made him look up. And the face she saw was the face of the picture in the shut-up room, through the man she had pursued, whose features she had seen a fortnight ago in the pale light of the morning.

CHAPTER XI. Mabin had only just time to recognize the face of the man who had got into "The Towers" at night in Mr. Banks, her father's tenant when he turned abruptly and hurried away to Mabin's first thought was to get over the wall—a proceeding to which, it seemed—and pursue him, as she had done upon a recent and well-remembered occasion. But she felt a certain course, and decided that such a bold proceeding in more orthodox fashion, by going round to the front door and asking for him.

It was not without fears that she would be unsuccessful that she made her way, slowly, and with the slight limp which still remained from her bicycle accident, along the lane to the front of the house. This was the first time she had been inside her father's

Girls who have to stand on their feet most of the time work as hard as any day-laborer yet they do not get what is rightly called exercise. Close, confined, indoor occupation gives no exhilaration to the nervous system nor active circulation to the blood. It wears, tears and drags a woman's life away. The modern whole physical system grows sluggish and torpid under it.

No wonder so many sales girls and factory girls and housewives suffer from indigestion and constipation and agonies which a strong man would give patient than they ought to be under such troubles.

Every woman ought to know that she may obtain the most eminent medical advice and privacy by writing to Dr. R. Pierce, chief consulting physician of the Buffalo Hotel and Surgical Institute, of Buffalo, N. Y. Occupying this position for thirty years he has had a wider practical experience in the treatment of women's diseases than any other physician in this country. His medicines are world-famous for their astonishing efficacy.

gates since the morning when the family went away, and it struck her with a sense of strangeness that she had lived a great deal faster than ever before since that memorable day. Mrs. Dale's mysterious story, the visit of the old lady with the cruel tongue; the midnight intrusions of Mr. Banks; last, and chief of all, Rudolph's confession of love; these things had opened a wide abyss between the child Mabin and the woman. She felt that she was not the shy girl who had had a nervous dread of leaving home ming-

ling with the thoughts of coming to Seagate. And she told herself that when the family came back they would find, not the angular girl they had left, but a woman, a full-fledged woman. Perhaps she congratulated herself prematurely upon the enormous advance she had made; at any rate, when she rang the bell she found her heart beating very fast, and a curious feeling rising in her throat which threatened to affect the steadiness of her voice.

(To be continued.)

Did Up the Danburys.

Toronto Won a Close Game in the Nutmeg State.

While Hamilton Was Worsted by the N. F. U. Nine.

Opening Game for the London on Tecumseh Park Tomorrow.

Seven Games Puled Off by National League Clubs.

Racing in England and the United States—Various Sporting Events.

BASEBALL. NATIONAL LEAGUE—WEDNESDAY. At Cincinnati—R.H.E. Cincinnati..... 5 3 0 Chicago..... 3 11 2 Batteries—Dwyer and Peitz; Thornton and Donohue.

At St. Louis—R.H.E. St. Louis..... 3 11 3 Pittsburgh..... 9 11 0 Batteries—Daniels, Sudhoff and Sugden; Hastings and Schriver.

At St. Louis (second game)—R.H.E. St. Louis..... 2 8 4 Pittsburgh..... 11 14 2 Batteries—Hughes and Sugden; Tannehill and Schriver.

At Louisville—R.H.E. Louisville..... 9 15 3 Cleveland..... 8 13 3 Batteries—Ehret and Wilson; Young, McMaster and O'Connor.

At Philadelphia—R.H.E. Philadelphia..... 6 10 0 Boston..... 5 5 4 Batteries—Nichols and Bergen; Dunleavy and Boyle.

At Baltimore—R.H.E. Baltimore..... 4 9 1 Brooklyn..... 7 11 0 Batteries—Hughes and Clarke; Kennedy and Ryan.

At Washington—R.H.E. Washington..... 6 8 8 New York..... 20 14 1 Called at end of the seventh. Batteries—Donovan, Amole and McGuire; Seymour and Grady.

DID UP DANBURY. Danbury, Conn., April 28.—Toronto defeated Danbury team, 12 to 11.

HAMILTON LOST AGAIN. Hamilton, April 28.—At Dundurn Park yesterday the Niagara Falls University baseball team defeated the Hamilton International League team, in the second game of the series for Father Hinckley's cup. The weather was too cold for a large attendance.

R.H.E. Hamilton..... 1 7 4 Niagara University..... 3 5 2 Batteries—Bradford and Conwell; Fallon and Dowd. Umpire, Patton.

THE LONDONERS' OPENING GAME. The Londoners will play a scrub game today among themselves, several of the Pastimes joining in to make up two lines. The first real game will be played tomorrow, when the colored champions, the Pastime Fence Giants. They are a funny aggregation.

GOOD ADVICE TO THE BLACK-BIRDS. Hamilton Herald. It is to be hoped that the boys who play for the Londoners will require more earnest work both on and off the diamond than they have shown in the past. The Londoners are to be the players that good ball and winning batsmen are to be a popular and paying institution in this city.

WHAT ST. THOMAS WANTS. Daily Times: What St. Thomas wants must have a strong nine. It doesn't matter where the player comes from or how nice a fellow he is, he has got to be able to put up a good quality and the cranks are loyal to make up for it. Come on, boys, get fast and be the other team's much superior you must be won, and if the present organization is not equal to the emergency, other players will be secured to give the people a first-class, up-to-date ball. In return they must receive the most liberal patronage. All the players at present under contract will be given the fullest opportunity to demonstrate their abilities. Until they should be given a fair show no fault should be found. The chances are when the opening game should be composed of first-class material.

FLY. The feat recently performed by Hughes, of Baltimore, and Breitenstein, of Cincinnati, of shutting out opposing teams without hits on the same day is a league record.

It is a fact that the umpires on the league's staff have been regularly scheduled for the entire season, and that no protests against them will result in changes until they have fulfilled their assignments.

President McCarron, of the International League, has made a schedule for the umpires. Davis, the Strathroy man, will take the opening series at Bay City. McNeirney the opening Hamilton game, and Daley the Saginaw series.

Andy Reid's throwing wing is troubling him, and he is inclining to be sent to Toronto for a short rest rather than accept Paton's (N. Y.) offer.

Cincinnati has evidently picked up a sensational infielder in Steinfeld, late of Detroit. This player wears cricket guards on his shins, and goes after veritable cannon shots.

Grey is not filling White's place in Toronto's outfield to Irwin's satisfaction. The opinion of one who is in a position to know is that Irwin, of Toronto, has corralled a bunch of first-class

twirlers, but in other respects the team is not as fast as last year.

Last year Billy Nash received \$2,400 from the Philadelphia club. This year he will have to accept a cut of \$900 or quit the business.

Hamilton Spectator: Some of the players should be called down for the bad language they use. It will be a battle royal on the line when Hagerty and Jo-Jo Keenan meet.

Andy Reid wants to catch on in London.

Alf. Stronger is playing short for Taunton. Playing against Providence, he rapped out three hits and accepted four out of five chances. Providence won by 15 to 6.

Arle LaRama, who has been signed by Toronto, is the once famous sign base man of the St. Louis Browns. Arle introduced coaching.

WHEEL. The attendance at the annual meeting of the Rover Bicycle Club, in the office of G. W. Hare, indicated that the interest in wheeling matters is still vigorous. President S. Phillips, B.A., occupied the chair, and after the report of the secretary-treasurer, Mr. E. Ed. Torrens was read, showing a snug little balance to the credit of the club.

Officers were appointed as follows: Honorary president, S. Phillips, B.A.; president, Wm. McQuire, vice-president, P. Blottie; secretary-treasurer, J. H. Hare, captain, Geo. Perkins; first lieutenant, R. Calverne; second lieutenant, A. Hare, skill, A. E. D. Ross; Hare and Short, a resolution to become affiliated with the C. W. A. was unanimously carried.

TURP. RACING IN ENGLAND. London, April 28.—Mr. Wallace Johnston's colt, Lisagall, won the 2,000 guineas stakes at Newmarket yesterday. The Duke of Portland's boy colt, korf's boy colt, Prince Soltykoff's boy colt, Prince Soltykoff's boy colt, Prince Soltykoff's boy colt.

OVER THE BORDER. At the Aqueduct, New York city—Winners: Kinkiekinie, Robert, Fintona, Auckland, Cautouchou, King T. and Tobias.

At Memphis, Tenn.—Millstream, Chimera, Foreseen, Good Times, Don-sic and Proteus.

Newport, Ky.—Donitor, King Barleycorn, Annie Taylor, Burnap, Happy Hours and Evaline.

DR. CHASE'S REMEDIES. Some of their remarkable cures.

E. J. Lasalle, Dunnville, Ont.—Cured of a severe case of Catarrh of the Bladder by Chase's K-L Pills, a cure that is a sensation.

Mrs. A. T. Stewart, Folgar, Ont.—Cured of Catarrh of the Bladder by Chase's K-L Pills, a cure that is a sensation.

Mrs. Anna A. Howey, Eden, Ont.—Cured of Catarrh of the Bladder by Chase's K-L Pills, a cure that is a sensation.

TOBACCO HEART

A DISEASE BECOMING MORE PREVALENT EVERY DAY.

CAUSES PALPITATION OF THE HEART, TREMBLING OF THE HANDS AND GENERAL NERVE DERANGEMENT.

TOBACCO does not seem to affect all alike. Many men enjoy their pipe or cigar, live to a good old age and apparently suffer no ill effects from the use of the weed. There are others, though, on results. It causes palpitation, pain in the heart, and irregularity of its beat, makes the hands tremble, the temper irritable and the spirits depressed.

To counteract this demoralizing influence on the heart and nerves there is no remedy that equals Milburn's Heart and Nerve Pills. They make the heart beat strong and steady, restore tone to the nerves and remove the results of tobacco's evil action on the system.

Mr. W. J. Judson, 105 Curtis St., St. Thomas, Ont., says:—"I have had trouble with my heart for two years, caused, as my physician said, by the excessive use of tobacco. He called it a Tobacco Heart. I had violent palpitation, shortness of breath and sleeplessness. Frequently I could not go to bed until midnight, and then would be unable to go to sleep for hours. I was extremely nervous and debilitated. I saw Milburn's Heart and Nerve Pills advertised and got a box, and since taking them have not been troubled with palpitation or any of the other symptoms which formerly made me miserable to me. In addition to this I feel stronger and am in better health than I have been for months previous. I do not hesitate to say that Milburn's Heart and Nerve Pills have cured me of a serious heart trouble, and have been instrumental in removing all the attendant evils depending upon wrong action of the heart and nerves."

Milburn's Heart and Nerve Pills cure Palpitation, Dizziness, Faint Spells, Nervousness, Sleeplessness, Anaemia, Dyspepsia, Female Troubles, General Debility, After Effects of La Grippe, or any condition arising from Disordered Nerves, Weak Heart, or Watery Blood.

Price 50c. a box, or 3 for \$1.25, at all drug stores, or sent by mail, postpaid, on receipt of price, by addressing T. MILBURN & Co., Toronto, Ont.

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The direct route between the West and all points on the Lower St. Lawrence and St. John's, P.E.I., and all points on the West Coast of Canada, for New Brunswick and Cape Breton, Nova Scotia, and St. John's.

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ALLAN LINE. Royal Mail Steamships, Liverpool Calling at Mowille.

LAURENTIAN. From Montreal From Quebec May 14 May 14 PARISIEN. From Montreal From Quebec May 14 May 14 CALIFORNIAN. From Montreal From Quebec May 14 May 14 NUMIDIAN. From Montreal From Quebec May 14 May 14

First cabin, Derry and Liverpool, \$32 50 and upwards; return, \$65 and upwards. Second cabin, Derry, Liverpool, \$24 and upwards; return, \$48 and upwards. Steerage, Liverpool, Derry, Belfast, Glasgow, London, everything found, \$22 50 and \$23 50.

Glasgow-New York service—State of Nebraska sails from New York, May 5; cabin, \$40 and upwards; return, \$80 and upwards; second cabin, \$25; return, \$50; steerage, \$25 50. AGENTS: E. D. H. Hooke, "Clock," corner southwest corner of Richmond and Dundas streets, and F. R. Clarke, 416 Richmond street.

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Table Jellies

Fresh Stock of Lazenby's Solidified Table Jellies Just received. Complete assortment of flavors. Two packages—25c.

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