

rest assured, when there is no dead, decomposing, fermenting, putrefying organic matter, no filth of any sort in the air, food, water or soil, or in the human body, there will be entire freedom from Cholera.

Having described what Cholera is, and its localizing causes, next to be considered is its prevention.

PREVENTION OF CHOLERA.

The prevention and spread of Cholera depends 1st, on quarantine, and 2nd, on an organized system of defence ; the former to be carried out by the Dominion Government, and the latter by the provincial, municipal and parish Health Boards, aided by the citizens. As to quarantine it is necessary that no expense should be spared in procuring the most modern and improved appliances, and seeing that they are properly used, so as to prevent, as far as possible, the disease or its germs entering into our country ; although in no former epidemic in Europe or America has the most rigid quarantine been sufficient to prevent Cholera from gaining a starting point, as the disease is not only carried by persons and their clothing, but the germs may be in their bowels, in active vegetation, and afterwards show their effects, after quarantine has been passed. All goods and articles coming from infected districts are liable to contain some of the bacilli. But rigid quarantine is doubtless of much use, and should be efficiently maintained, for if not preventing entirely the entrance, it will destroy thousands of germs which might otherwise enter and be spread broadcast over the land.

With the experience and light gained from other epidemics, the people of Canada should not be so blind as to hazard the protection of the country exclusively upon any restrictions in the nature of quarantine. Therefore, it is necessary at the earliest moment to prepare our system of defence, which must be carried on through our Provincial Health Boards, aided by the Municipal and Local Boards, in removing all the inciting causes of Cholera.

1st. There should be systematic sanitary inquiry and inspection of every street, block, tenement house and insalubrious spot in every city, town and village.