

## NEWS OF SPECIAL INTEREST TO WOMEN

### NATIONAL SUFFRAGE EXECUTIVE MET AT HOME OF MRS. HAMILTON

Suggestion Made That First Annual Meeting Should Be Held Next October—Mrs. Melvor Becomes Convenor of Press Committee.

At the first meeting of the provisional executive of the National Union of Women Suffrage Associations of Canada, held at the home of the president, Mrs. L. A. Hamilton, there was a full attendance. Montreal and Ottawa societies were represented by proxies. A suggestion was submitted from Ontario that the first annual general meeting be held in October next.

### UNLUCKY WOMEN MADE A MISTAKE

Thirteen Teachers Will Not Figure in This Year's Increase.

### TOOK LONG HOLIDAYS

Result is That They Get No Higher Salaries This Year.

Thirteen decidedly unlucky lady teachers made a sad mistake which the finance committee of the board of education made clear yesterday, could not be remedied. They had all attained the maximum of \$1000 a year, and did not dream that the maximum would be raised to \$1200 this year. In consequence, they took five or more months' leave of absence. Under the rules, this prevented them from securing the benefit of the raise. Consternation spread among the thirteen when their mistake was realized. Yesterday they had a deputation from the Women Teachers' Association, headed by Miss Knowles, and of the Principal's Association, with Secretary Fraser as spokesman, before the committee.

Trustee Brown, chairman of finance, and the chairman of the board, Trustee McTaggart, declared that the rule made it impossible for the thirteen unfortunate to get the increase.

### CRUCIFIX AND SERMONS ALONG WITH BOCCACCIO

Late Rev. T. M. Lund Provides For Disposal of His Valued Possessions.

"I bequeath to Helen Morley Capner my ivory crucifix, bought in Venice, Crucifixion by Maria Purbess after Van Dyck, illustrated copy of Boccaccio in two volumes, two copper water buckets from Castelfranco and six volumes of mass sermons, and thirty typed sermons at her own choice, provided my wife and children have the right to copy any of them, is an interesting clause in the will of the Rev. Thomas W. M. Lund, which was filed for probate yesterday. Besides an estate of \$49,424.67 elsewhere, Rev. Mr. Lund had \$498 invested in stock in Ontario. None of his heirs or beneficiaries reside in Canada.

Letters of administration were asked for regarding the estate of the late Cecil Richard Jenkins, formerly vice-president of the Lister Pure Food Company, who died at Brockville on Feb. 11, leaving an estate of \$3,032.06.

### THE CONVENIENT NIGHT TRAIN FOR MONTREAL LEAVES NORTH TORONTO 10 P.M. DAILY.

Those who regularly patronize the popular Canadian Pacific North Tor to 10 p.m. "Montreal Flyer" know how really good it is. Those who have not as yet become fast friends with this excellent service should take the earliest opportunity of travelling via the "ideal night train" between Toronto and Montreal. A feature in connection with this service and providing a class of accommodation much sought after by the travelling public is the operation of an electric-lighted compartment observation car, in addition to electric-lighted standard sleepers.

The hour of departure, 10 p.m. daily, is an ideal one, enabling passengers desirous of retiring early to do so, as berths are ready for occupancy when the train is placed. Montreal is reached at 7.25 a.m., affording business men plenty of time for breakfast before office hours. Electric-lighted standard sleeping car to Ottawa is also carried on this train.

Secure tickets and berths from any C.P.R. ticket agent.

### HALIFAX TO BUILD SEA WALL 40 FEET HIGH.

(Special Correspondence.) HALIFAX, N.S., March 30.—Contractors are beginning to commence on the construction of a mile sea wall, 40 feet high from the bottom, and on the great pier, the whole of which construction work will cost \$5,000,000. Public expenditures of considerable magnitude are under way, and the work on the railways connecting the C.P.R. with the site of the new terminals has been rapidly going on thru the winter season.

The World is a newspaper for the home as well as for the business man.

### Book Review

#### Prehistoric Britain

That a man should set himself to write a book for common men to read, and that the keynotes of that book should be a word which common men are prone to avoid, causing to pronounce it wrongly, such is the fact. It has been done by Robert Bruno, in his neatly arranged treatise on "Prehistoric Britain." Whether the common man will break down fences to get at it is another question. "Prehistoric" is the key-word which reveals the consideration of the diversified strata of western Europe, and to trace the history of humanity thru a period which cannot be measured in years, or centuries, or even millenniums. But when one has mastered the terminology which, the far from attractive, is yet not so extensive as to be a serious stumbling block, he will find that Mr. Bruno's ideas are clear enough. The author of "Prehistoric Britain" faces the consideration of a controversial question with frankness. He believes that the human race is a development from the animal world. The first step, one of the "missing links," man gradually evolved to be a tool-maker, and later a self-conscious, thinking being.

So much Mr. Bruno sets forth positively. The reader who does not grant him this setting will not find himself much in sympathy with the story told. As to the deductions drawn from the position and arrangement of prehistoric data, Mr. Bruno's method is to outline the most widely accepted facts, state his own preference, and allow the reader to choose his. The growth of the religious impulse, as evidenced by the disposition of the bodies of departed fellows, is traced in a chapter headed "Religiosity." Mr. Bruno clings to the theory advanced by E. B. Tylor, who has held that man attained to his idea of spirit by reflecting on various physical and psychological experiences familiar to him, such as dreams, trances, hallucinations, sleep and death. Following up this line of thought, he draws some remarkably interesting inferences, demonstrating from the harvest of many excavations the path along which man walked as he approached the religious position which he occupied at the dawn of "Prehistoric Britain." It is published by William Briggs, Toronto, in the Home University Library. J. H. P.

### DRESS DECREES HURT BUSINESS

Attempt Made to Have Vatican Take More Lenient Attitude.

LONDON, March 30.—The home correspondent of The Sunday Observer states that the directress of La Mode Illustrée has interviewed Cardinal Merry Del Val on behalf of Parisian modistes and complained that business was suffering as a result of the strictures of the church on modern fashion, especially with South America, where rigorous instructions on dress were issued. Promising to confer with the pope, the cardinal said it was impossible to keep corps of artists at the Vatican to decide such points, but when dress became too outre the church must intervene.

### BISHOP DU MOULIN ILL.

BALTIMORE, March 30.—Bishop Frank Du Moulin, formerly rector of St. Peter's Episcopal Church, Chicago, now co-adjutor of the Protestant Episcopal diocese of Ohio, is a patient at a hospital in Baltimore, where he went after preaching Lenten noonday services. Bishop Du Moulin has been in poor health, and when he was invited to preach in Baltimore he decided to remain for treatment. He is a native of Montreal and son of the late bishop of Niagara.

### AND HE DID

I'M GOIN' T' GIVE DAT SOFT LOOKIN' GUY A TOUCH-HE OUGHTA GIMME SOME-THING!

AND HE DID—

A thin, crisp piece of toast with a little butter on it and five ounces of plain milk.

### "AS YOU LIKE IT" TEA

Everybody's Pleasure—So Pure!

SEALED PACKETS ONLY. BLACK, MIXED OR GREEN.

EFFICIENT HOUSEKEEPING BY HENRIETTA D. GRAVEL DOMESTIC SCIENCE LECTURER

Mustard Dressing

KINDLY publish a recipe for French mustard—not the one called "made mustard" but the delicate French condiment. I have never seen a recipe for this, but feel sure it would be interesting to many readers besides myself.

There are two sorts of mustard seeds, white and black, the first is sweet and mild and the second is bitter and sharp. When the condiment now known as table mustard first appeared it was simply any mustard seed crushed, but as the demand developed it was found that the white variety of seed made the best dressing and it is now used altogether.

Every manufacturer, housekeeper and chef has a special way of mixing the ground mustard so that it is difficult to single out any special recipe with which to fill the above request. Perhaps some readers of this column will send in their best ways of mixing this spicy dressing.

When mixing dry mustard to use in any sauce or dressing, care should be taken to use water that has previously been boiled and has become nearly cold. When hot water is used the essential flavor is lost and it becomes flat and with cold water it is liable to ferment.

Only a day's supply should be mixed at a time and in making stir thoroughly until every dry particle has disappeared and the mass is oily and as thick as cream. A little salt may be added.

The German way of preparing mustard is to mix a pound of the spice with a half a pound of light brown sugar, a teaspoon of ground cloves and enough hot, not boiling, vinegar to make a paste. This is sealed in closely stoppered bottles. Horse-radish is sometimes added to make a more pungent mixture. It may be grated and added or the roots may be boiled in water and the mustard mixed with this strained water.

Mustard in its present form was not known before 1729. It was the invention of an old lady, Mrs. Clements, of Durham, who ground the seed in a hand mill and mixed the powder with flour. She trotted from one English town to another on a pillion pony, selling her mixture, keeping her secret and making a little fortune.

Young mustard leaves are a fine salad plant, they grow rapidly and on this account they are often sown with cress. Ships going on long voyages have boxes placed on deck with these plants growing in them to furnish salads, and the number of crops raised from them is said to be surprising.

Bacon dressing is very often served on these greens; mix the clear dripping from fried bacon with tarragon or other herb vinegar, season and use at once, or sprinkle the bacon fat on the salad and then add vinegar to please your taste.

### THE GARDEN

CONDUCTED BY RACHEL R. TODD M.D.

### NURSERY

CONDUCTED BY Elsie Murray

### Diet For the Second Year

For the second year is a difficult feeding period of childhood. The weaning period begins when we first begin to feed baby from a cup or spoon, in order to teach him to eat, and it lasts until he has all his teeth. At 9 or 10 months, baby is given a drink of milk from a cup once a day before feeding. Later he is tried with a well-cooked cereal, with some milk, but no sugar, to teach him to eat solids. A child should learn to drink milk at this time, because if he does not, he may dislike it all his life. It should be offered as him day after day until he has acquired a taste for it.

The baby's water and milk water, milk and sugar may now be left out of baby's food and whole milk given instead.

For the first two weeks after this change is made it may be well to add a tiny pinch of soda to each bottle. Use about a quarter of a teaspoonful of soda in 24 ounces of milk.

Broths made from chicken and mutton, well-cooked rice, the yellow as well as the white of a jellyfish, apple sauce, dried-out bread with a little butter, cereals and junket are now gradually added to his diet. The orange juice, ground juice and milk still take an important place.

Baby's diet during the first half of the second year is like this: 6 a.m.—Eight ounces of plain milk and a piece of dried-out bread. 8 a.m.—Orange juice, strained, one pruned juice strained. 10 a.m.—Two or three tablespoonfuls of well-cooked farina or oatmeal, with three ounces of milk on it. A piece of dried-out bread and five ounces of milk to drink. 2 p.m.—A jellyfish, or six ounces of mutton broth with barley in it, or two ounces of beef juice poured over a tablespoonful of well-cooked rice, or six ounces of chicken broth with rice in it.

A thin, crisp piece of toast with a little butter on it and five ounces of plain milk. 6 p.m.—Two slices of dried bread, browned up with three ounces of milk on it, or two tablespoonfuls of cereal jelly with three ounces of milk on it; eight ounces of plain milk to drink.

### CANADIAN HISTORICAL SOCIETY.

At a meeting of the Women's Canadian Historical Society next Friday at 3 o'clock extracts from the diary of the late Capt. Wright, R.N., will be read by his granddaughter, Mrs. Gardiner. The meeting will be held at 52 St. Alban street.

### MOTHERS' PENSION FUND IS STARTED

Local Council of Women Expect to Do Much Good Work.

### WANT TEN THOUSAND

Will Show That Legislation Should Be Passed for the Scheme.

That the efforts of the Local Council of Women to raise funds for a mothers' pension fund is meeting with success is shown by the interest taken in the scheme by public men and associations in Toronto. Mrs. M. L. Irvine, corresponding secretary, has received the following letter from the secretary of the Social Service Commission:

Dear Madam—I am requested by the Social Service Commission to communicate with you to state that, in accordance with a resolution adopted by the Local Council of Women, as follows:

Resolved, that an effort should be made by the Local Council of Women to secure a fund to be known as the "mothers' pension fund," for the purpose of financially assisting needy mothers, and after considering the information submitted by a deputation consisting of members of the Local Council of Women, which waited on the commission on Wednesday, March 11, the commission give their approval to the proposal to obtain from the public a fund to be known as the "mothers' pension fund," on the following conditions:

1. The amount to be collected from the public is not to exceed \$10,000. 2. The number of cases assisted during the year shall be limited. 3. The fund shall be for the benefit of mothers with one or more children. 4. The amount to be given shall not exceed \$10 per month for the mother and \$10 per month for each child, the maximum amount to be paid in any case being \$40 per month. 5. Children over 14 years of age shall be excluded from the benefit of the fund. 6. All cases (with full information) shall be submitted to the commission for their approval before assistance is given.

7. Direct supervision of the conditions in each home to be benefited by the fund shall be exercised by the Local Council of Women.

The commission note that it is the desire of the Local Council of Women to demonstrate to the government by means of an experimental work that the question of mothers' pensions is one which it is expedient to deal with by means of legislation.

Secretary, S. S. C. Mrs. Struthers, who, as head of the school nurses, was impressed with the many cases that came under her notice, is the convener of the committee which have the work in hand. It is the desire of the council that each of its 1500 members should contribute at least \$1. Mrs. Runciman 42 Elgin avenue, will receive any contributions.

### KISSING THE DEAD IS VERY DANGEROUS

Ministerial Association Appointed a Delegate to See M.O.H. to Have it Stopped.

Rev. T. Rogers was appointed at the meeting of the Presbyterian Ministerial Association yesterday morning to interview Dr. Hastings regarding the practice of kissing the dead. Mr. Rogers stated that while present at a funeral relatives kissed the dead person again and again. Another minister said he had seen parents kiss a dead child under her nose. It was most pitiful. According to the health departments of the present day this practice is very improper and dangerous.

The Rev. J. McP. Scott, who has returned from a visit to Japan, Korea, China and Formosa, delivered an interesting address on "The Mission Situation Abroad." The speaker stated that the people of Japan and Korea were suspicious of the Christians, and were holding aloof. It is chiefly due to this that prison conditions are primitive and cruel, torture being resorted to whether the victims were guilty or otherwise. Commercially the Japanese are very progressive, but they seriously lack the means of becoming progressive Christians.

### NEW JAPANESE MINISTRY.

TOKIO, March 30.—The emperor today ordered Viscount Keigo Kiyomura to form a ministry to replace that headed by Count Yamamoto, which resigned on March 24.

### To Put On Flesh And Increase Weight

A Physician's Advice. Most thin people eat from four to six pounds of good solid fat-making food every day and still do not increase in weight one ounce, while the other hand many of the plump, chunky folks eat very lightly and keep gaining all the time. It's all a matter of the quality of the food. It isn't Nature.

Thin folks stay thin because their powers of assimilation are defective. They need food enough to feed their body to maintain life and a semblance of health and strength. Stuffing won't help them. A dozen meals a day won't make them gain a single "stay there" pound. Food just stays in the intestine until they pass from the body as waste. What such people need is something that will prepare these fatty food elements so that their blood can absorb them and deposit them to multiply their blood's carrying capacity.

For such a condition I always recommend eating a Sargol tablet with every meal. Sargol is a food element, a patented drug, but is a scientific combination of six of the most effective and powerful food-building elements known to chemistry. It is absolutely harmless, yet wonderfully effective, and a single tablet eaten with each meal often has the effect of increasing the weight of a thin man or woman from three to five pounds a week. Sargol is sold by good druggists everywhere on a positive guarantee of weight increase or money back.

### TO WALK ROUND WORLD.

MONTREAL, March 30.—Mr. and Mrs. Hartley started out on a walking tour round the world today. Their assets were two dollars in money and a few boxes of tinned food. The two globe trotters are athletes. The wife is 23 years of age and the husband is three years her senior. He is a former soldier, and during the South African war he saw active service with the Sixth King's Royal Rifles. They will earn money on the way by giving a series of dances, and later on they will print a little pamphlet of their experiences.

### Cookery Demonstrations at Hydro—Come in

This week we are showing how clean and simple it is to cook with electricity. Electric Stoves, Electric Coffee Percolators, Electric Teapots and the famous el Grillo will all be demonstrated to visitors. No obligation to buy, of course. Tea and Coffee served in the afternoon. Come in.

### Toronto Hydro

226 YONGE Phone Adel. 2120.

### TUESDAY, MARCH 31ST, 1914

### "HEART SONGS" COUPON

PRESENTED BY THE TORONTO WORLD

### HOW TO GET IT ALMOST FREE

Clip out and present six coupons like the above, bearing consecutive dates, together with our special price of either 68c or 98c for whichever style of binding you prefer. Both books are on display at

40 Richmond Street West, Toronto, and 15 Main Street East, Hamilton.

### 6 COUPONS AND 98c Secure the \$2.50 Volume

Beautifully bound in rich Morocco—cover stamped in gold, artistic ink design, with 16 full-page portraits of the world's most famous singers, and complete dictionary of musical terms.

### 6 COUPONS AND 68c Secure the \$1.50 Volume

Well bound in plain green English cloth, but without the portrait gallery of famous singers.

### Out-of-Town Readers Will Add Postage as Follows:

Heart Songs (hard cover) at the rate of 10c per mile of the Province of Ontario, 18c. Quebec or Manitoba, 22c. Other provinces, the regular charge of 24c.

"HEART SONGS" The song book with 144 of the song-treasures of the world in one volume of 800 pages. Chosen by 20,000 music lovers. Four years to complete the book. Every song a gem of melody.

### GREAT CONVENTION OF BROTHERHOODS

To Be Held in Buffalo During May—Sylvester Horn Coming.

### CELEBRATE MAY THIRD

Brotherhood Sunday Will Be Observed in Toronto—Announcement of T. Howell

One of the most important gatherings in the history of the Brotherhood movement is to take place in Buffalo during May. The Brotherhood movement, brought word on his return from England yesterday that 150 members of the British Brotherhood movement were coming to bring about the formation of an international brotherhood movement between Great Britain, Canada and the United States. This was to be accomplished at an international brotherhood convention to be held in Buffalo, May 28 to June 1.

Rev. Sylvester Horn, M.P., president of the British Movement, will arrive in Toronto on Sunday, May 3, on which day Brotherhood Day will be celebrated in the city.

Among the 150 British delegates coming will be William Ward, general secretary of the British Movement, and Dr. J. L. Gordon, of Winnipeg, president of the Canadian Brotherhood. They will be among the Canadians to attend the Buffalo convention. Wm. J. Bryan is expected to address the gathering.

### PALE ANAEMIC GIRLS

Find New Health Through Dr. Williams' Pink Pills for Pale People

There must be no guesswork in the treatment of pale, anaemic girls. If your daughter is languid, has a pale, yellow complexion, is short of breath, especially on going upstairs, if she has palpitation of the heart, if she has a poor appetite, or a tendency to faint, she has anaemia—which means that the blood is poor. When the blood is poor and watery, there is only one certain cure—that is Dr. Williams' Pink Pills, coupled with nourishing food and gentle out-of-door exercise.

Dr. Williams' Pink Pills actually make new blood, which flowing thru the veins stimulates the nerves, increases the appetite, gives brightness to the eye, a glow of health to the cheeks, and makes weak, dependent girls full of healthy activity. The case of Miss J. H. Lasselle, Sorel, Quebec, is typical of the cure made by Dr. Williams' Pink Pills. She says: "I was weak and all run down. My face was pale and covered with pimples. My lips were pale. I suffered from pains in all my limbs, which would at times be swollen. I was hardly ever free from headaches, and I found work about the house a burden, as the least effort left me fatigued and breathless. I had no appetite, and notwithstanding that I was constantly doctoring I seemed to be growing worse all the time. One day mother said that she thought I ought to try Dr. Williams' Pink Pills, and I decided to do so. I soon discovered that I had found the right medicine, and after using nine boxes I was once more enjoying the best of health, and I have not been unwell a day since."

You can get Dr. Williams' Pink Pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams Medicine Co., Brockville, Ont.

### Kid Is "I"

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