A LESSON FOR THE WEAK.

Do you see that locomotive engine standing on the side-track? Something has broken down about it. There is not a hiss of steam from its valves; it is still and cold as a dead whale on a beach; it can't draw a train; it can't even move itself. Now, tell me, Do you believe that any amount of tinkering and hammering at it would make it go? Not a bit. Nothing on earth will make it go except by steam in the boiler, and even that won't unless the engine is in order. Everybody knows that, you say. Do they? Then why don't they act on this principle in every case where it applies?

Here is such a case. Writing concerning his wife, a gentleman says: "In the autumn of 1880 my wife fell into a low, desponding state through family bereavement, Her appetite was poor, and no food, however light, agreed with her. After eating she had pain and tightness at the chest, and a sense of fulness as if swollen around the waist. She was much troubled with flatulence, and had pain at the heart and palpitation. At times she was so prostrated that she was confined to her room for days together, and had harely treat the

barely strength to move.

"At first she consulted a doctor at Ferry Hill, but getting worse, she went to see a physician at Newcastle. The latter gave her some relief, but still 'she did not get her strength up'; and after being under his treatment for six months she discontinued going to him. Better and worse, she continued to suffer for over a year, when she heard of Mother Seigel's Curative Syrup. She began taking it, and soon her appetite revived and 'her food gave her strength.' In a short time she was quite a new woman. Since that time (now nearly twelve years ago) I have always kept this medicine in the house, and if any of my family ail anything a few doses puts us right.—Yours truly, (signe l) George Walker, Grocer, etc., Ferry Hill, near Durham, October 25, 1893."

We call attention especially to those words in Mr. Walker's letter which are quoted. You can pick them out at a

We call attention especially to those words in Mr. Walker's letter which are quoted. You can pick them out at a glance. They show how fully he understands where human strength comes from —that it comes from digested food and not from any medicines the doctor or

any one else can give us.

For example, Mrs. Walker was ill with indigestion and dyspepsia. Her symptoms, and how she suffered, her husband tells us. The disease destroyed her power to obtain any strength from food, and Nature suspended her appetite in order that she might not make bad, worse by eating what could only ferment in the stomach and fill her blood with the resulting poisons. The only outcome of such a state of things must be pain and weakness—weakness which, continued long enough, must end in absolute prostration and certain death.

long enough, must end in absolute prostration and certain death.

Well, then, she failed to get up her strength under the treatment of either doctor. Why? Simply because the medicines they gave her—whatever they may have been—did not cure the torpid and inflamed stomach. If they had cured it then she would have got up her strength exactly as she afterwards did when she took Seigel's Syrup. But the trouble is this: Medicines that will do this are rare. If the doctors possessed them they would use them, and cure people with them, of course. Mother Seigel's Syrup is one of these rare and effective medicines. It (the Syrup) cures the disease, drives out the poison, repairs the machine

the Syrup) cures the disease, drives out the poison, repairs the machine.

Then comes the appetite (all of itself) and digestion and strength. You see the order—the sequence. The mechanics set the engine in order: then the stoker gets up the steam. And of the human body—the noblest of all machines—Mother Seigel's Syrup is the skilled mechanic.

Yesterday and To-day.

(Continued from page 24).

crawled, in decrepitude, with a few dried berries in his cup, to where his harvest lay strewn, and there he died. And his sons upset the pail, and the berry pickers from far and near came hurriedly and scooped up the fruit, so that his sons were forced to go forth at last, untrained, to pick for themselves, or starve.

How is that a man will use every endeavor while his children are young, to win their confidence and love, whereas when they get older he so often cares not a rap for their affection—or rather, takes no care to retain their respect and sympathy? A man who may be a jolly old chap among his acquaintances is too often a gruff tyrant to his wife and children. They never see his jolly side. Madame generally can amuse herself, and defend herself at need, and so, as a rule, it is the sons who get the worst of it. The old business man rails at them constantly. He is getting old; he is not as hearty as he used to be; little things no longer amuse him; his old pleasures are empty now; he grows grim, moody, meddlesome. Should not old men study philosophy, guard and guide themselves into agreeability, and stop picking berries when their pails are full?



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