

cells each containing a black seed. The berries are gathered after having attained their full size, but while yet green, and are carefully dried in the sun and put in bags and sacks for exportation. They have a fragrant odor thought to resemble a mixture of cinnamon, cloves and nutmegs. Hence the name Allspice.

Medicinally, Allspice is a stimulant useful in cases of flatulence,

but chiefly used to cover the taste of other medicines:

Almonds

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Are the fruit of a tropical tree greatly resembling the peach tree of this country. It blossoms in the early spring and produces its fruit in August. The fruit is covered with a tough skin and is enclosed in a rough shell. There are two kinds of Almonds, the sweet and the bitter, only differing from each other in the flavor of the nut.