# WOMEN'S HOME AND MAGAZINE PAG

# FIND PARENTS SHARING PLAY WITH CHILDREN

Union Mothers' Club Members Pay Awakening Visit To City Playgrounds.

RIVER HAS BIG PULL

Boys Trek Five Miles To Learn Good Sportsmanship At Birketts.

"One of the things that pleased and surprised me most in visiting the playgrounds on Tuesday afternoon was to see such a large sprinkling of mothers and fathers, some of the fathers teaching their little boys to

The foregoing comment was made to the women's department of The Advertiser, Tuesday evening, by Mrs. John A. Rose, president of the London Union Mothers' Club, following an afternoon spent in seeing for herself London playgrounds, in company with several members of the Union Mothers' Club sub-executive, and Trustee (Mrs.) John I. A. Hunt. Arrangements for cars to take the party around were made by chamber of commerce, Messrs. Philip Pocock, chairman of the utilities commission, and Mr. T. W. McFar-land giving the use of their automobiles and participating in the trip.

Further with regard to the subject

of the grownups sharing the delights of the playgrounds, Mrs. Rose said, "It was gratifying in the first place to see the mothers and fathers taking such an interest in the play life of their own and other people's children. At the annual meeting of the Union Mothers' Club, I urged upon the members of the individual clubs the importance of taking an interest in the playgrounds, and I was pleas-ed to recognize several of our club mothers this afternoon.

"Out of the playgrounds movement has grown a recognition of the importance of recreation and of play for the growing up young people and adults, as well as the boys and girls. Indeed, the National Council of Women has changed the name of one of its standing committees from committee on playgrounds to committee on national recreation.

Forging Ahead. mistaken was one of the agreeable all as a result of the big drive.

Tutt. Delay was caused by the heavy 4, at the home of Mr. D. McVicar, arranged in her honor by Miss Edith shower of the early part of the af- Harrietsville. ternoon and, in consequence, it was not possible to inspect all the playgrounds of the city before 5 o'clock when the chief interest was leaving the children themselves. Starting with Thames Park, where aquatic sports were in full swing, wading and bathing in the swimming pool, visits were paid to Birketts, on the river bank behind McClary's; Queen's Park, Tecumseh and Lord Roberts School grounds, and Dexter's swim-ming pool, in all of which supervisors

While Thames Park was recognized as probably the most efficiently equipped, the mothers completely lost their hearts to Birketts, declaring it to be the ideal natural playground, with a feature irresistible to boys and girls, a real river in which to wade, dip and swim, a modern

dren?" asked The Advertiser.

Are "Brothers' Keepers."
"That would be pretty big task for one supervisor with so many children Department. to look after, wouldn't it?" counterquestioned the president of the London Union Mothers' Club. "It would some cases. Some of the supervisors told me they get the best possible assistance from the older boys after they win their confidence and them on their side. They are in this way developing a sense of responsi- Measurement: Bust ...... Waist ...... couple of weeks in August, to ocbility for the younger and weaker children, developing in them the pro-

is life, after all, but a game, and what of life fairly and squarely, with consideration for the rights of others, and sense of responsibility. and sense of responsibility towards

others?

"When we got to Thames Park we found the Thames Park girls had gone to the Tecumseh playground to play a baseball match. Birketts children, we were told, were playing a match at the Lord Roberts play-ground. In this way the children from different sections of the city are coming together and a feeling of the unity of the whole city is being created in the hearts and minds of the young citizens-to-be. In other words, they are getting the city view—

If your skin is sallow oily or muddy, if the pores are full of dirt and other dacemulations—if blackheads inhabit the facement powder. At night just before retiring, take your wash cloth, wet it with hot water and sprinkle a liberal twith the city are the comments of London young people who attended the Interdenominational Summer School at Alma College this summer. Admiration is enthusiastically expressed of the beauty of the stately old building and surroundings, the attractiveness of the drawing-room and rest-room, and the comfort the provided the surroundings and rest-room, and the comfort the provided the surroundings and rest-room, and the comfort the provided the surroundings and rest-room, and the comfort the provided the surroundings and rest-room, and the comfort the provided the surroundings and rest-room, and the comfort the provided the surroundings and rest-room, and the comfort the provided the surroundings are full of dirt and other and oth words, they are getting the city viewpoint. Altogether, a trip to the playgrounds is a most awakening experience, and it must be a satisfaction to
the members of the commission to

After a minute or two, wash off with
plenty of warm water, finishing up with
cold—the colder the better. Now dry
the skin and look in your mirror—you'll
the skin and look in your mirror—you'll
handsome gate, which makes a digappearance of your complexion.—Advt.

## Mail-Box Cot Fund Is Now \$720

FIRST a crib and then a cot! This is the way the ambition of the Cynthia Grey family circle has grown up to serve the War Memorial Children's Hospital. In the early days of the movement, \$500 for the endowment of a crib seemed a large amount to be collected. When the \$500 mark exceeded, then there sprouted the idea of raising the objective to \$1,000, which would endow a cot in memory of husbands, brothers, fathers, sweethearts and sons of Boxites who gave their lives in the

great war. Bit by bit, mite by mite, with here and there a bill to speed the treasure on its way, and the great big boost given by the Mail-Box quilt, the fund has steadily and weekly increased until almost three-quarters of the journey to the goal has been achieved. A receipt has just been re-ceived from the honorary treasurer, Mrs. Cl. T. Campbell, for an installment of \$32 paid this week, which she acknowledges as follows:

Dear Cynthia Grey, - The Advertiser Mail-Box Fund for the War Memorial Children's Hospital is steadily growing. The last check of thirty-two ciollars (\$32) brings the amount to \$720. It will not be long until the \$1,000 will be in, and then how happy the contributors will be. Thanking you, on behalf of the hospital committee, I am, sincerely yours, L. K. Campbell, hon. treasurer, Hospital Fund.

know how their efforts are being appreciated and to what extent the children of the city are benefiting by the supervised play provision."

### HARRIETSVILLE W. I. DOUBLES MEMBERSHIP

Brings to Close Successful Campaign -Plans Garden Party.

Harrietsville Women's Institute has just brought to a close a most successful membership contest in which the numbers on the roll were more than doubled, according to reports presented at the July meeting, held the home of Mrs. R. Young. Mrs. "One thing we had thought the play- E. O'Neil's team had the proud disgrounds would lack, and that was ap- tinction of announcing 46 members peal to the grown-ups and their as their total, while that of Mrs. B. The discovery we were Marsh introduced 27 names; 73 in

surprises of this afternoon. And it An inspiring feature of the meetwas a revelation to discover the way ing was an address by Mrs. H. Bulthe playgrounds movement is going lard on the subject of "Fostering head here." the Community Spirit." Mrs. R. Young and Mrs. H. Mahar gave a shared in the trip with Mrs. Rose piano duet, and Mrs. L. McCallum a were: Mesdames W. A. Tanner, A. piano solo. Arrangements were Arrangements were Cress, T. Benson, J. Gemmell, A. E. made to hold a garden party on Aug. ing at a happily informal little party



An Up-to-Date Underwear Style. come as far as five miles to share in the joys of Birketts, trekking from beyond Ealing in the east, and away to the city limits in the north.

"The swimming brought them," said Mrs. Rose.

"And you found the playgrounds thoroughly supervised, every precaustion taken for the system of the playgrounds are attractive for decoration.

The pattern is cut in four sizes, small 34-36, medium 38-40, large 42-44, and 24-36, medium 38-40, large 42-44, and 25-36, medium 38-40, large 42-44, and 25-36 medium 38-40 large 46-48 inches bust measure. 3893-Beauty, comfort and grace combined in this model, which

"And you found the playgrounds thoroughly supervised, every precaution taken for the safety of the children?" asked The Advised The Advise yards for the drawers.

keep two pretty busy all the time in Town

get Age (if child's or misses' pattern).....

CAUTION: Be careful to inclose the children, developing in them the protective spirit, which, it seems to me, is a very fine thing in the making of citizens. I am sure the supervisors themselves are getting a great deal out of their work besides jobs for the summer.

"In the playgrounds the children are learning to play the game fairly, a pretty important life lesson. What is life, after all, but a game, and what

trey are staying at Elgin House, Mus-

Mr. and Mrs. Arthur Gleeson have returned home, after a brief motor trip to Detroit.

Miss Grace Sing, Maitland street is taking a summer course in Toronto University.

Dr. E. G. Detwiler and Mrs. Detwiler have taken a cottage at Southampton for the month of August.

Mrs. A. T. Edwards is going next week to Nepahwin-Gregory, Muskoka, where she will spend a fortnight.

Mr. and Mrs. A. Earl McLurg, of after a week's motor trip to Bay City. Miss Bodkin, superintending nurse

at the Creche, is leaving the beginning of August for a month's vaca-Robert Liddle, men's secretary of the London Y. M. C. A., is leaving the end of the week for a vacation

Mr. and Mrs. W. McPhillips and Miss Eleanor McPhillips, London, arrived on Monday at the King Ed-

Mrs. A. Dick, Miss Marjorie Dick and Master Bruce Dick are visiting in Toronto and Caledonia for the

next two weeks. Mr. and Mrs. D. Blackall have left for Dauphin, Manitoba, where they will be guests of their daughter, Mrs. W. H. Johnstone

Mr. and Mrs. Arthur McLurg and daughter, of 337 St. James street, are spending a couple of weeks at Hillcrest Inn, Port Stanley.

spending a month's vacation with meeting in Vancouver his parents, Mr. and Mrs. G. W. Kent, at their home at Springbank.

Mrs. E. G. Detwiler and children, Mary and Ruth, went up on Monday to Ipperwash Beach, where they are guests for this week of Mrs. Harry

Miss Agnes and Miss Caroline Vrooman have returned after spending a very pleasant week in Maxwell with their brother, the Rev. G. H. Vrooman.

Mrs. Charles Ayars, Toronto, has returned home after enjoying two weeks' vacation with her brother, Rev. L. Bartlett, Yarmouth Center, and Mrs. C. Brown, Regina street. George R. Sinclair, physical direc-

tor of the London Y. M. C. A., is his family at his summer cottage on Lake Couchiching, at the border of the Muskoka district. A dozen girl friends showered the

popular bride-elect, Miss Ella Mc-Kay, with towels on Tuesday even-

Mrs. Henderson of Winnipeg, formerly Mabel Smith of this city, has arrived in town to visit her sisters Mrs. J. I. Ferguson and Miss Bertha Smith, and is receiving a warm welcome from old friends here.

Mrs. F. J. Greenaway returns

Mr. and Mrs. Arthur E. Bischoff with Mr. and Mrs. W. P. C. Baldwin, acquaintances. They motored from Mrs. Gates \$5. Mrs. Pearson \$5, of the bride, was wearing a suit of Cleveland, and are returning by White \$10.25, Miss Morley \$5, Miss Niagara Falls and Buffalo. Niagara Falls and Buffalo.

Pattern mailed to any address on re-celpt of 15 cents in silver or stamps. Address all pattern orders to Pattern meeting before the holiday season was held. Plans were made for the fall work, and discussion took place with regard to new features to be introduced.

> Welcome news to the many friends and admirers in London of Rev. Dr. Mrs. Crawford showed clearly the Thomas Roy is the announcement that great value of the Y. M. C. A. for all he is returning to the city for a young women away from home. She cupy his former pulpit for a couple of Sundays, that of Talbot Street son he is holidaying at present in the Maritime Provinces.

Mrs. Alfred S. Smith, 40 Empress avenue, has been entertaining a happy house party this week, including her daughters, Mrs. H. A. Babcock and paying its federation dues, fifteen Mrs. C. E. Finch, and their husbands, of Toronto, her son Mr. Alfred Rayson Smith of Detroit, and sister, Miss Saunders, also of Detroit. They came to London for the marriage of Miss For Oily Skins Joanna Mary Rayson Smith, and Mrs. Edgar Burchell of Edmonton, Mrs. Sam Walker.

## Healthy Baby Is Happy Baby.

ARE London babies healthier and happier in summer because of the work of the London Child Welfare Association If sickness brings misery then the answer is in the af

According to Miss Bertha Smith, supervisor of child welfare nurses, dread "summer complaint" has been practically unknown this summer among the clinic babies and in th households which are on the visiting lists of the welfare Proper feeding and generally intelligent care making summer days as safe for wee tots and as happy for them as for the grown-ups who love the outdoor months.

tablet on this states it was the gift to their Alma Mater of Alma Daughters, scattered throughout the coun-London Alma Daughters are try. of the fact the gate was Miss McFarlane 0. made in London.'

Gordon Edgecombe were appointed the individual results: a committee to work out the details. Charles W. Kent of New York City, of the National I. O. D. E. annual Woodstock—

#### Victorian Order Says "Thank You"

The president and committee of the Victorian Order of Nurses gratefully acknowledge the following don ations for April, May and June, 1922: London Technical and Art School-Large chart showing all visits paid nurses from Jan. 1 to Dec. 30,

Miss Upshall, for Bible class. First Presbyterian Church - 12 infants' fern, artistically arranged by the deft

spending the summer months with Guild-3 infants' dresses, 4 barra- marriage to Mr. Edgar Burchell of

bands, 3 pairs kid bootees, 2 dozen While the register was being signed,

magazines. Mrs. Elizabeth Thorpe-Old linen, riage by her brother, Mr. Alfred

Mrs. Fenton-Old linen.

trict bags.

National Executive I. O. D. E., of Miss B. Horwood, for Bound to with steel and jet garniture, and a which she was made a councillor at the convention this summer in Vancouver.

Win Club. Askin Street Methodist black hat, a corsage of mauve sweet the convention this summer in Vancouver. slips, 112 doz. infants' flannel Ger- color. Mrs. Babcock was in a mod-

are spending a few days in London S. London—18 cotton bags, 3 instru- black picture hat and corsage toning ment cases.

Mrs. Gates \$5. Mrs. Pearson \$5, Macdonald \$5, Yarker estate \$25, May Queen Rebekah Lodge \$5.45, Miss Mc-

# Western Ontario Women's Activities

Address News For This Cglumn The Ed'ter of Weman's Page

SALEM WOMEN'S INSTITUTE.

splendid address on Y. M. C. A. work Great Lakes from Port McNicol to at the July meeting of the Salem Port Arthur. For traveling Mrs. Women's Institute, held at the home Burchell donned a becoming sports of Mrs. John Eagan, and attended costume, cream skirt and hat, with by about forty members and friends, smart red tuxedo coat. and city centers. The good of home William James Brew, of Goderich, properly served unless girls are carefully guarded. Mrs. Norman Anderson, district secretary, gave an interesting talk on the value of the federation to the branch, urging the importance of every branch promptly cents per member, from the institute funds. Tempting refreshments were

Attendance at the Day Nursery for July has kept up to a high average this year, nineteen little people to be cared for, fed and kept happy daily. The sand pile is proving a great boon and affords hours of pleasure to the small boys and girls who are never happier than when digging in the "beach" which has been dumped their door.

The sand pile is proving a great boon and affords hours of pleasure to the small boys and girls who are never happier than when digging in the "beach" which has been dumped their door.

While friends meeting the same of the province of the pr

zzv guest registered at the Highland Inn.

## MAKE GOOD SHOWING IN FRIENDLY MATCHES

London Hunt Ladies' Golf Club Defeats Brantford and Woodstock Players.

With two inter-club matches already over, the week has opened in a strenuous way for a number of the members of the London Hunt Ladies Golf Club. In each case an excellent showing was made by the local

Monday a team of nine motored down to Brantford to return the visit paid a few weeks ago by golfers from the Telephone City, and nothwithstanding a drenching on the links for some of these during the afternoon they returned home well pleased over a score of three up. The following were the scores:

London-Mrs. Frank Spry, 1; Mrs. Marshall Graydon, 1; Mrs. E. L. Williams, 0; Mrs. G. Q. Warner, 0; Mrs. W. G. Webster, 1; Mrs. J. Wishart, 1; Mrs. D. McLean, 1; Mrs. G. Bel-0; Mrs. E. Reid, 1.

Brantford-Mrs. Lemming, 0; Miss Bishop, 0; Miss Schell, 1; Miss Buck, 1; Miss Digby, 0; Mrs. Dempster, 0; Miss Bunnell, 0; Mrs. Wernick, 1;

Tuesday afternoon a team twelve arrived from the Woodstock At the midsummer meeting of the Ladies' Golf Club to play a friendly Campbell Becher Chapter, I. O. D. match at the London Hunt, which, E., held Monday evening in the following luncheon, was postponed home of Mrs. J. E. Wylie, Waterloo until after the shower. At the close street, north, arrangements were ta was served, Mrs. Ronald Harris, made for the birthday pienic of the chapter, to take place the end of July at the home of Mrs. J. E. Richday and R. Dott Stealer. Mrs. W. H. Harris, and R. Dott Stealer. Mrs. W. H. Harris, which was the following the duties of hostess. The London Hunt and R. Dott Stealer. ards, Port Stanley. Mrs. W. Hod-Club was cleven up at the conclusion gins, Mrs. Harry Morgan and Mrs. of the playing. The following were

London-Mrs. George Little, 1; Plans were also made for the ice Mrs. Marshall Graydon, 1; Mrs. Roncream booth at the Western Fair, which will be convened by Mrs. Wishart, 1; Mrs. W. G. Webster, 1; which will be convened by Mrs. Wishart, 1; Mrs. Eric Reid, 1; Claude White. A most hearty vote Mrs. H. Higgins, 0; Mrs. A. McPherof thanks was moved to the regent, son, 1; Mrs. Rex Gale, 1; Mrs. Claude Mrs. F. J. Greenaway, at the con- Brown, 1; Mrs. Langford, 1; Miss

Woodstock-Miss Agnes White, 0; Miss Clark, 0; Mrs. Yarker, 0; Miss M. Millman, 0; Mrs. Gray, 0; Mrs. Wilkinson, 0; Mrs. Armstrong, 1; Miss B. Bain, 0; Miss M. Malone, 0; Mrs. Whitney, 0; Miss M. Watson, 0; Miss F. Kerr. 0.

# BURCHELL-SMITH.

Beautified with a profusion of rown-eyed Susans and asparagus hirts.

Mrs. Rowntree—3 infants' shirts. 2 George's Church, West London, was the scene of an interesting nuptial infants bands, 2 Gertrude slips. the scene of an interesting nuptial Miss Florence Fox—Old linen, 2 event Tuesday forencon, when Jodressing sacque, 2 pilowcases, maga- anna Mary Rayson, daughter of the late Alfred S. Smith and Mrs. Smith Miss Leach, for Helping-Hand of 40 Empress avenue, was united in coats. 4 Gertrude slips.

Mrs. Beamer. for the Cradle Roll
Department. New St. James' Presbyterian Church—6 infants' shirts, 6 barracoats, 6 infants' slips, 18 bands, 3 pairs kid bootees, 2 dozen

marriage to Mr. Edgar Burchell of Edmonton, Alberta. Rev. Canon G.
B. Sage, rector of the church, of-ficiated, Mr. Frank Humphries pre-siding at the organ and playing appropriate music during the service.

While the register was being signed. Mrs. H. A. Babcock of Toronto, sister diapers, safety pins.

The Girls' Auxiliary, St. James' of the bride, sang effectively the

Thurch, S. London-Old linen and solo, "At Dawning," by Cadman. The bride, who was given in mar-Rayson Smith of Detroit, wore smart cream suit, embroidered with Unknown — Old linen, babies silk braid, the coat opening over a georgette blouse, and a white hat Miss Gladstone-6 linings for dis- She carried a white-covered prayer book, wearing a corsage bouquet of Mrs. Schwab, for May Queen Re-Sweetheart roses. She was unattendekah Lodge, No. 5, I. O. O. F.-Old ed. Mrs. Smith, mother of the bride,

trudes, 4 doz. diapers.

Miss R. Sterling, for The Erta Club, crepe knit, with which she wore a in with the henna shades. Mrs. E. C. Finch of Toronto, another sister R. Smith, sister-in-law of this city, was handsome in a pink costume, with white hat. Miss Saunders of Detroit, aunt of the bride, wore brown crepe knit, with trimming of burnt orange and hat to match. Following the service the wedding party drove to the home of the bride's mother, which was doubly attractive for the occasion, decorated throughout with sweet peas. The guests, in addition to relatives, included a few intimate friends. A buffet luncheon was served in the dining-room, after A correspondent from Salem which the happy couple left for To-Women's Institute writes: "Mrs. M. ronto, en route to their new R. Crawford of London, gave a in Edmonton, going by way of the

BREW-MOSS. The marriage was quietly solemnized at St. Mark's Church, London, between the workers in rural districts and city centers. The good of home Baptist Church. With Mrs. Roy and and country, she declared, cannot be were united in marriage, Rev. A. L. Beverley, the rector, officiating. The young couple were unattended, and after the ceremony left for Detroit, where they will take a boat trip up

#### LOTS OF KIDDIES COME TO CRECHE

TRY A MEAL AT THE NEW, CLEAN filled with fruit for the winter days coming by and by.

VISITORS TO ALGONQUIN PARK. Dr. B. T. McGhie, London, is

# GRAY'S, LIMITED

# === FAVORITE === FASHIONABLE FABRICS

-(NEW AND OLD)-

#### Velette (Silk Ratine).

A new and popular weave, very effective and rich in appearance; colors of silver, putty, fallow, scarlet, tangerine, turquoise, black and white; 36-inch width; \$3.50 a yard.

#### Silk and Wool Crepe.

That has all the charm of silk for finish and softness plus the durability of wool; colors of tan, pink, petunia, maize, light blue and admiral blue; 38-inch width; \$2.50 a yard.

#### French Flannel,

Cream grounds, with two-inch rainbow ribbon stripes, very effective in pleated skirts; 27-inch width; \$1.65

### Silk and Wool Crepe Cord.

This graceful draping and soft clinging material is suitable for either street or indoor wear; colors of amber, dark blue, puce, taupe, tan and white; 43-inch width; \$3.00 yard

#### Silk Warp Henrietta,

An old-time favorite, in lovely soft colors, Copenhagen, champagne, light blue, light and medium grays; 40inch width; \$2.50 a yard.

#### All-Wool Cashmeres.

That always was, and is today, a favorite material for house dresses and children's frocks; colors of sky, pink, copen, brown, cardinal and navy; 42-inch width; \$1.75 a yard.

# **NOVELTY SKIRTINGS**

## Stripe Skirtings,

All wool, velour finish, in new colors of prunella, filbert, hussar blue, copper and ruby grounds; all with twoinch black stripes; 54-inch width; \$3.50 a yard.

## Striped Skirtings

Of all-wool serge, smooth, firm weave, that will hold pleats well, navy grounds, with narrow or wide stripes, in rich contrasting colors; 54-inch width; \$4.00 a-yard.

HEMSTITCHING AND PICOTING. FOURTH FLOOR.

TERNS, DELINEA

Looking Forward---Insure For Winter Eggs

Mr. Poultryman, if you are not feeding PURINA

#### feet dry mash for growing chicks and laying hens. We have just received another car of Purina Feed Special Sale Thursday, Friday and Saturday

CHICKEN CHOWDER now, start at once. The per-

CHOWDER, per 100 lbs. .....\$3.50 SCRATCH, per 100 lbs. .....\$2.85 **DEVELOPER**, per 100 lbs. .....\$3.75

# RIGNEY BROS.

PHONE 425.

100 KING STREET.

# **Hot Water** for the Home

Some use a large Electric Water-heater and turn it on when needed. Others use a small one and adjust the three-heat-switch for the needs of the family. They keep it going all the time, giving hot water day and night. Mossats' new improved Electric Water-heater is made in three sizes, suitable for any home. Write at once for all particulars to Moffats, Limited, of Weston,

Electric

The HYDRO SHOP

BY POPULAR REQUEST LONDON CHAUTAUQUA

July 21st to 27th will be held at COLLEGIATE INSTITUTE GROUNDS

# DO WOMEN WORK ASHARDASMEN?

Yes. And They Must Keep Well and Strong Two Interesting Letters

Toronto, Ontario.—"When my usband was called back to England in 1914 I took Lydia E. Pinkham's Vegetable Compound to strengthen ie so I could work. I had a trouble that used to make me weak, but I am able to do my work now and am perfectly satisfied with your medi-I still get it at the chen and I strongly recommend it to any-body I hear of suffering as I did. You may publish this if you wish."

—Mrs E. Hornblower, 899 Yonge

### St. Toronto, Ontario.

I Did Not Feel Like Working "I was in a general run-down con-dition with a weak back and a tired feeling so that I did not feel like working. My mother was taking Lydia E. Pinkham's Vegetable Compound and recommended it to me, so I have taken it and my back is better and I am now able to do my work. I recommend the Vegetable Compound to my neighbors and you may publish my letter."—Mrs.

JOSEPHAT A. GRENIEB, Box 47, Carbon, Alberta.
Lydia E. Pinkham's Vegetable Compound should be taken when you first notice such symptoms as rvousness, backache, weakness and irregularity. It will help you and prevent more serious trouble. Give it a fair trial.



voice your child is restless, peevish, sleepless, or when convulsions threaten, it indicates the ravages of worms and that the little one's strength is being sapped and undermined. Miller's Worm Powders get promptly at the root of the trouble and restore the digestive organs to a healthy condition. Sold by all druggists.

## Cured Her Rheumatism

Knowing from terrible experience the suffering caused by rheurratism. Mrs. J. E. Hurst, who lives at 508 E. Olive St. B109, Bloomington, Ill., is so thankful at having cured herself that out of pure gratite e she is anxious to tell all other sufferers just how to get rid of their torture by a simple way at home.

Mrs. Hurst has nothing to sell. Merely cut out this notice, mail it to her with your own name and address, and she will gladly send you this valuable information entirely free. Write her at once before you forget. Advt.

Refreshes Weary Eyes
When your eyes feel dull
and heavy, use Murine. It instantly relieves that tired feeling
—makes them clear, bright and
sparkline. Harmless Sold and
recommended by all druggists. MURINE



